EDGARLEY ASSISTED LIVING

Specialising in complete quality aged care and independent living

NEWSLETTER
November 2026



73 Jackson Street , Casterton Vic 3311

Phone: 03 55 811211, Fax: 03 55 812050

From the CEO



Spring has finally arrived, and it is wonderful to see the weather warming up across our regions! As we enjoy the sunshine, we are also making steady progress on our recovery efforts—we estimate there are about **4 to 5 weeks left** to completely wrap up our storm damage repairs. Thank you all for your continued patience and hard work during this busy restoration period. Looking ahead, please mark your calendars for our **Annual General Meeting (AGM) on Thursday, 27th November**, and I warmly welcome everyone to attend. While our end-of-year Christmas celebrations are already being organized, we have plenty of excitement to look forward to first, starting with our upcoming Halloween activities and the Melbourne Cup festivities!



Notice to Residents

Please note the following cut-off times for any changes to your meal orders:

Lunch: Any changes must be made before 11:00 am on the day.

Dinner: Any changes must be made before 3:00 pm on the day.

LEISURE AND LIFESTYLE VOLUNTEERS

Volunteering offers a chance to provide **companionship, emotional support, and social engagement**, significantly enhancing the **quality of life** for our residents. By sharing your time and skills, you make a positive contribution to our community.

To learn more, please phone Edgarley and speak to our Leisure and Lifestyle

Edgarley Staff Shirt Color Code by Role

Staff wear designated shirt colors to easily identify their roles:













SHIRT COLOUR	STAFF ROLE
RED	NURSE
NAVY	PCW
AQUA	TRAINEE PCW
COLOURFUL	LIFESTYLE & LEISURE
PURPLE	KITCHEN
BLACK	ENVIOROMENTAL





Resident Shopping Day

The bus will be available each Monday from

1pm—4pm

Any residents who require to do any sort of errands in town, please let the Leisure and Lifestyles team know if you would like to be involved.

Bus Service & Shopping Support Notice

Dear Residents,

To help keep everyone organised, please remember that our scheduled resident shopping bus runs **strictly once a week on Mondays at 1:00 p.m.** Staff are unable to provide individual transport down the street during the week.

If you need to go shopping between regular Monday trips, you have a couple of options:

- **Family Support:** Reach out to a family member to arrange a lift.

Community Transport: Call the Casterton Hospital Community Car service 555 42 555 to book a ride down the street. **Fee**: One way $5.00 or return $7.00. This service operates Monday, Wednesday and Friday.

Need a specific item ordered? If you already know exactly what you need and can't wait until Monday, simply bring the required money to the front office. Our team will happily place the order for you.

Thank you for your understanding and cooperation!

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Open Invitation: Join the -

Edgarley Consumer Advisory Committee



Are you passionate about ensuring the highest quality of aged care? Do you want your voice and the voice of care recipients to be heard?

Edgarley is extending an open invitation to dedicated individuals to join our
Consumer Advisory Committee.

What is the purpose of the Committee?

The primary purpose of the Consumer Advisory Committee is to provide valuable, ongoing **feedback** (any time) to the Governing Body about the **quality of aged care** provided to our care recipients. Your, input will be crucial in helping us continually improve our services.

Who are we looking for?

We are seeking individuals who can bring the perspective of aged care consumers (care recipients, their representatives, or family members) to the table.
Your commitment to honest, constructive feedback is what matters most.

Meeting Schedule

- The next meeting will be held -**December 2026**

How to Express Your Interest

If you are interested in joining the Consumer Advisory Committee and contributing to the quality of aged care at Edgarley, please contact:

Edgarley 558 11 211

office@edgarley.com.au



Happy Birthday to Rebecca, Fay and Hugh who celebrated their birthdays in October







Residents enjoyed a lovely Sunday afternoon at the open garden in Coleraine



















A big thank you to Naomi and Decklan for showing the Residents and Staff of Edgarley not only their beautiful newly hatched chickens, but also Nugget, the feisty bearded dragon!













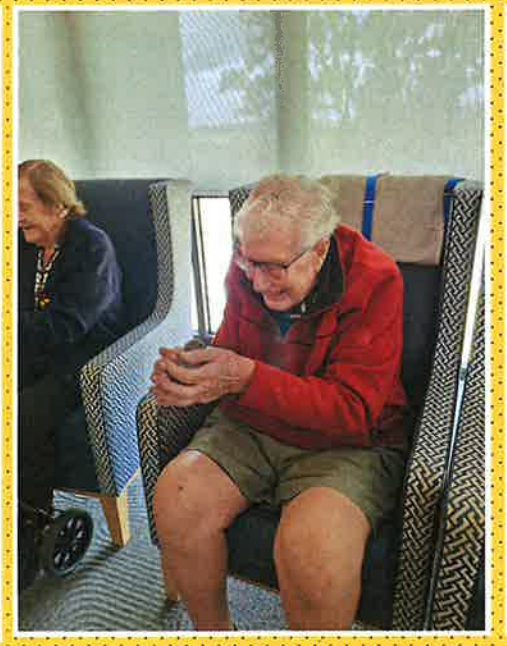

Exit
A:B(E)
POWDER


DINING

















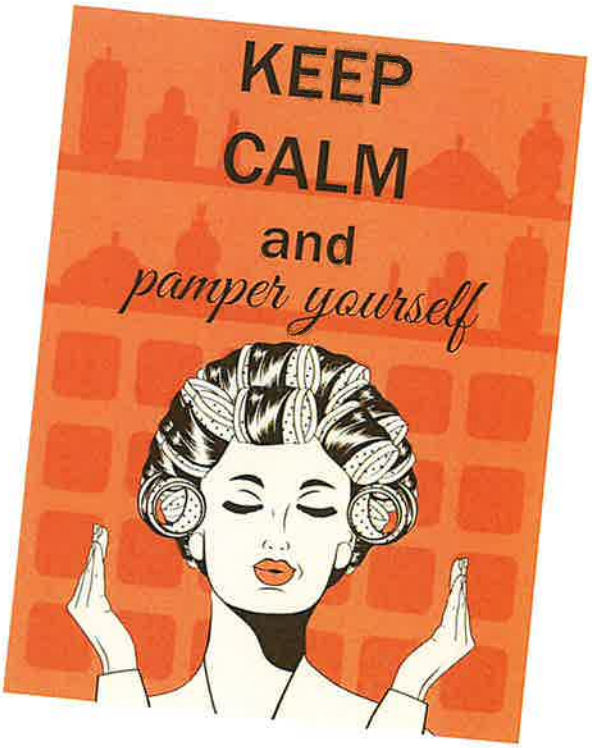







Naomi, Fay and Norm enjoying a cuppa together

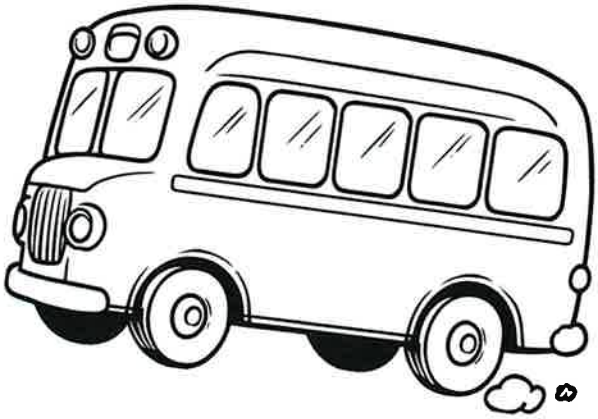




Audrey Bell having a pamper afternoon with Cheryl

A bus trip took Residents to the Casterton lookout followed by a trip to Dergholm. A wonderful time had by all.



















GAME TIME!













Kevin Sporer brought his wonderful country and western talent to Edgarley, treating residents to a fantastic afternoon of live music.

We loved having him perform for us!









Residents enjoyed an outing to the local community garden for afternoon tea, where they participated in a walk through the gardens and picking some herbs. A few residents also had a tour of the bowling grounds as it was once a familiar place for residents who were members of the club.

The afternoon finished with a trip around the lagoon, stopping to look at the beautiful scenery. The afternoon finished with a trip around the lagoon stopping to look at the beautiful scenery.







The residents left the chair looking 10 years younger and feeling 100% more dangerous. Thankyou to one of wonderful hair dresses Nikki.





I am unsure who enjoys the cat grooming the most.

Michelle the cat or Janet the groomer.








Crafting fascinators and decorating hats is such a wonderful hands-on activity, especially with the excitement of Melbourne Cup Day! Bringing out the feathers, ribbons, faux flowers, and net veiled trims gives everyone a brilliant chance to showcase their personal style and creativity.






The Residents enjoyed a Bus trip to Henty and Merino. Travelling just outside Henty two Black Swans and 7 Cygnets were captured gliding effortlessly on a dam.



























With impressive accuracy and sharp focus, the residents strategically tossed thcir way to a win bean bang toss

Residents demonstrated tactical thinking during the RCL game

The Statement of Rights

The Statement of Rights clearly identifies your rights when seeking or receiving aged care services. Under the Aged Care Act 2024, your provider and aged care workers are legally obliged to deliver services in line with these rights.

Autonomy and freedom of choice

I have the right to make my own choices – about my care, relationships, lifestyle and taking risks – with support if I want it.



Equitable access

I have the right to have my needs assessed in a way that works for me including having my cultural background, past trauma or cognitive conditions, such as dementia, respected.



Safe, quality care

I have the right to be treated with dignity and respect by experienced aged care workers who value my identity, culture, spirituality and diversity.



Privacy and confidentiality

I must have my privacy respected and my personal information kept confidential, and be in control of who this information is shared with.



Communication and complaints

I have the right to be informed in a way I understand and to raise concerns without fear of reprisal. My feedback must be dealt with fairly and promptly.



Support and social connections

I can stay connected to important people, pets and culture including independent advocates. As an Aboriginal or Torres Strait Islander I can stay connected to Country and Island Home.



For free, confidential and independent support call the Aged Care Advocacy Line

1 800 700 600

OPAN | Older Persons Advocacy Network

Join the Edgarley Ladies Auxiliary!

Are you looking for a **rewarding way to give back**? Our small but mighty volunteer team provides vital **equipment and support** for Edgarley residents, and we'd love for **YOU** to join us!

Easy Commitment: Meetings are held the **first Monday of the month at 2 pm** in the Alma Vickery function room.

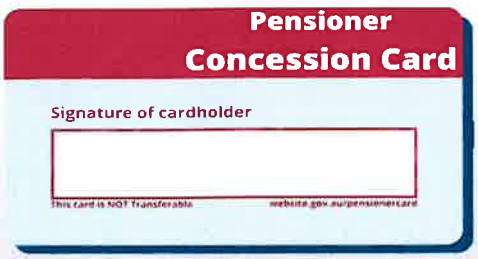
Flexible Option: Can't make the meeting? You can help us on an **ad hoc basis** with our fun fundraisers!

Everyone Welcome: No prior connection to Edgarley is required.

FOOD REGISTER BOOK

Any fresh food brought into our facility for the residents will need to be entered into the register accordingly. The books can be found to the right of the Glenelg door. Thank you for your co-operation





A reminder to all NOK.

If a resident receives an updated Medicare or Pension card, we will need a copy for our records.

Thank you

Residents meeting

Alma Vickery room Wednesday 4th November 1.30.

We wish to invite family members to these meetings which will be held on the first Wednesday of each month.

Michelle Parry-Hill and Chris Kerr are the resident/family representative on the Medication Advisory Committee.

If any resident or family member has any questions or issues regarding their medication management at Edgarley (this does not include pharmacy accounts, they are to be taken up directly with the Pharmacy) Please contact Michelle 0468 598 233 or Chris 0400 016 093 and they will bring those question/issues to the meeting.



October Winners Page



Dice Games

Jill x2
Max A
Freda
Des
Carol M
David
Nancy

Dominoes

Max A
Joy
Freda
Alice
Ian T
Valma

Hangman

Betty J
Jill
Freda
Valma
Joy
Fay
Des



Cover the Numbers

Alice
Rebecca
Joy

Sports games

David
Des
Aileen
Carol M

Find 10/Pairs

Carol M
Rebecca
Nancy
Gill

Bingo/Hoy

Joy
Valma
Freda
John H
Alice
Rebecca
Des

Cards

John H
Nancy
Carol M
Alice
Joy
Gill

Residents Appointments

If a resident or family member schedules an appointment on their own, they are responsible for arranging **their own transportation,**

please inform the facility of the appointment.



However, if they would like staff to provide transportation, **the facility will handle the arrangements.**



A few things to keep in mind:



- Please give as much notice as possible so we can make the necessary arrangements.
- Let us know the date, time and location of the appointment.
- If you need to cancel or change the appointment, please contact the facility as soon as you can.
- For medical appointments, we can usually assist with wheelchair access if required.

Thank you

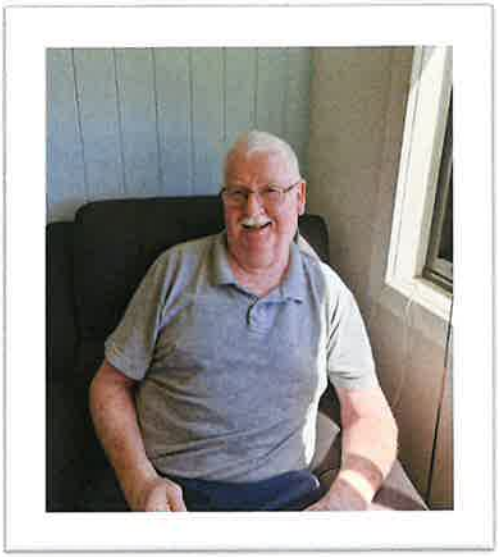
for your understanding and support.

Several Residents were asked

I am happiest when....



Evelyn said; when I am spending time with family.



Max said; When I am driving around the countryside.



Neil Said; When I back a winner.



Jan said; when I am spending time with family.

Get to know Edgarley Staff

Naomi



In what town were you born in? I was born in Devonport Tasmania.

What did you do when you left school? I worked as cleaner up at Cradle Mountain and as a horseback tour guide.

In which place did you live most of your life? I spent most of my life in Devonport Tasmania.

What is your job role at Edgarley? I work in Leisure and Lifestyle and as a personal carer.

What do you like best about your job? Listening to all the resident`s stories and getting to know them.

What are or have been your favourite past times? I enjoy horse riding, craft and spending time with my family.

What is the most exciting thing that happened in your life? Meeting my husband and having my kids.

Who is your hero or the person you most admire? My mum and husband are my heroes. My mum is an amazing and strong person. My husband is my rock and the person who always there.

What is or has been your greatest achievement? Raising my children to be the amazing people they have become.

What do you think is the most important thing in life? My family their health and happiness.

What words of wisdom can you share with other readers?

Smile and the world will smile with you.

November 2026

	Date	Activity
1.	Sunday	Rest Day
2.	Monday	Lower Floor: Dice 10.30 am Upper Floor: Pairs 1.30 pm All Areas: Shopping Run 1.00 PM
3.	Tuesday	**Public Holiday : Melbourne Cup Day** 
4.	Wednesday	Lower Floor: Bingo 10.30 am Upper Floor: Quoits 1.30 pm.
5.	Thursday	Lower Floor: Uno 10.30 am Alma Vickery Room: Resident's Meeting 1.30 PM Followed By Hoy
6.	Friday	Lower Floor: Gardening 10.30am Upper Floor: **BUS TRIP PENOLA BAKERY FOR LUNCH 11.30**
7.	Saturday	NDIS Day Activities with Tim
8.	Sunday	Activities with Lez
9.	Monday	Lower Floor: Hoy 10.30 AM Upper Floor: RCL 1.30 PM All Areas: Shopping Run 1.00 PM
10.	Tuesday	Lower Floor: Word Bingo 10.30 am Upper Floor: Dominoes 1.30 pm Remembrance Day.
11.	Wednesday	Lower Floor: Find 10 10.30 am Upper Floor: Bean bag Toss 1.30 pm Men`s shed activity 10.30 am
12.	Thursday	Lower Floor: Dice 10.30 am Upper Floor: Country Bus Run 1.30 PM
13.	Friday	Lower Floor: Music Trivia 10.30 am Upper Floor: Cards 1.30 pm
14.	Saturday	NDIS Day Activities with Lez
15.	Sunday	Rest Day

November 2026

16.	Monday	Lower Floor: Bus Run Morning tea Casterton Central 10.30 am Upper Floor: Dice 1.30 pm All Areas: Shopping Run 1.00 PM
17.	Tuesday	Lower Floor: Golf 10.30 am Upper Floor: Whiteboard Puzzles 1.30 pm
18.	Wednesday	Lower Floor: Dice 10.30 am Upper Floor: Bingo 1.30pm
19.	Thursday	Lower Floor: R.C.L 10.30 am Upper Floor: Colour art 1.30 pm
20.	Friday	Lower Floor: Hoy 1.30 pm Upper Floor: Letter writing Pen Pals 1.30pm
21.	Saturday	NDIS Day Activities with Tim
22.	Sunday	Activities with Cheryl
23.	Monday	Lower Floor: Table games 10.30 am Upper Floor: Cover the Numbers 1.30pm All Areas: Shopping Run 1.00 PM
24.	Tuesday	Lower Floor: Dice 10.30 am Upper Floor: History group 1.30 pm
25.	Wednesday	Lower Floor: Ping Pong Bounce 10.30 am Upper Floor: Seated Volley Ball 1.30pm (Check Alma Vickery Roon
26	Thursday	Lower Floor Uno 10.30 Upper Floor Pairs 1.30
27.	Friday	All Areas Morning Tea From L&L At Judys 10.30 Upper Floor: Musical afternoon- Chair dancing 1.30pm
28.	Saturday	NDIS Day Activities with Lez
29.	Sunday	Rest
30.	Monday	Lower Floor: Hangman 10.30 am Upper Floor: Movie Day 1.30 pm All Areas: Shopping Run 1.00 PM



Word Search

November Puzzles





Remembrance Day Word Search

E W F M C C S W L X A X Y L K X S L E J
O V Y Z J D A P O P P Y X Z J Z Q L B P
D X D E Q X P L Y G A Y M Q G I S L A C
T E L E V E N T H K T O G Z V L R Z T M
H V H R E M E M B E R U D I O I D U T H
M V N D T U S X S T I P P H C B F P L R
C U C F U K V P A X O J S I L E N C E K
K M F R M S J U C D T B B X J R N Y X O
Z Q E E E R C E R E M O N Y T T N E M N
D H N E M S Y J I H S S N U O Y V S B Y
U G N D O O Y Q F F L A N D E R S E U O
O X J O R W C X I H I S T O R Y D U G L
N N X M I R Y J C B K S I F V O N Z L N
P I Y H A Z N A E A E Y X J Z M N U E C
D D E Y L W N U Z M I F V I C T O R Y P
B H S H E R O E S O L D I E R S D J S Z
L E M G C U F B E Y G R P I F A B M L P
J E L Z K K Q W S N M T T X F R L E Y A
E W F D A R M I S T I C E T A E I W B Y
J B R E V E T E R A N S F L P E A C E L

LIBERTY
PATRIOT
BATTLE
CEREMONY
VETERANS

FREEDOM
REMEMBER
VICTORY
ELEVENTH
SOLDIERS

HEROES
PEACE
FLANDERS
HISTORY
SACRIFICE

POPPY
MEMORIAL
BUGLE
ARMISTICE
SILENCE



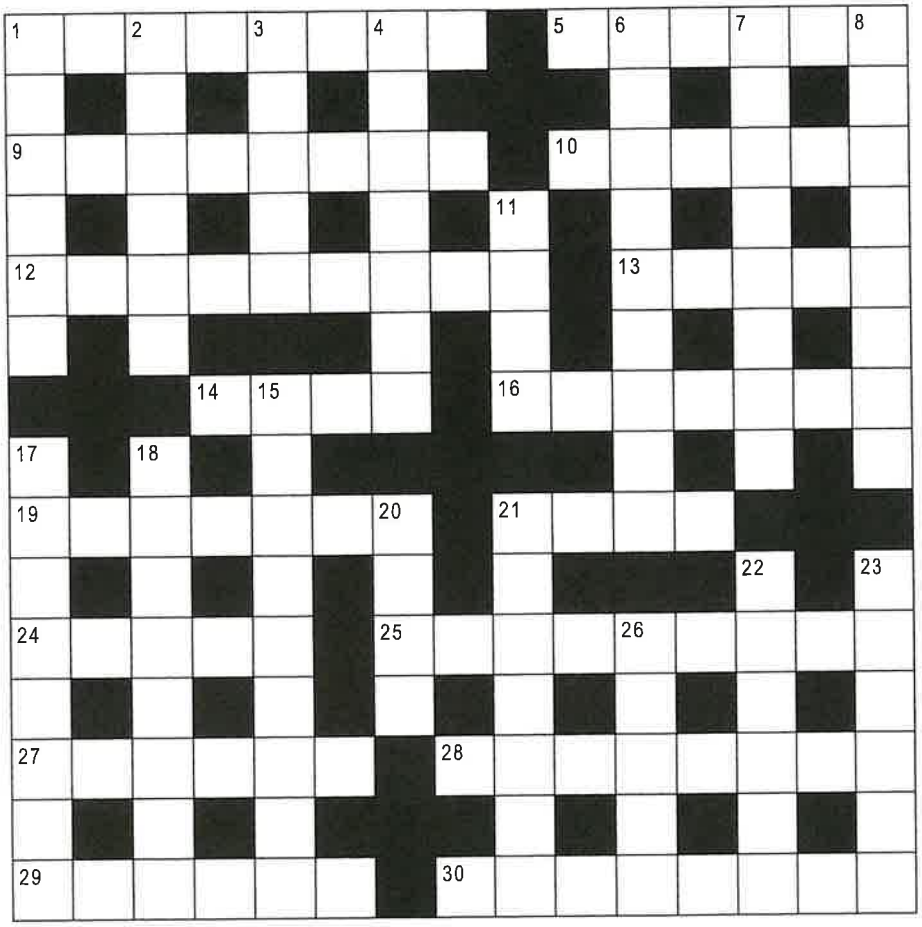
★ Wide Wide World

ACROSS

1 Arab headcloth
5 Town in India's Gujarat state
9 West Australian wine-growing region, ___ River
10 French woman's title
12 Capital of Iowa (3,6)
13 Old British fourpence
14 Mountain range offshoot
16 Ionian resin wine
19 Native American sledge
21 Volcano shaft
24 Now Papua, ___ Jaya
25 Banned Chinese sect (5,4)
27 Heir to the English throne, ___ Charles
28 Hot Mexican pepper
29 Ark's resting place
30 Greek hero of super strength

DOWN

1 Indonesian lizard, ___ dragon
2 England's Sherwood ___
3 Northwest US state
4 Queen mourned at Charing Cross
6 Borneo or Sumatra ape (5-4)



7 Once known as Asia Minor
8 Alaskan archipelago, ___ Islands
11 Russian emperor
15 Ancient Lebanon/ Syria area
17 Somalia's neighbour
18 Vatican church, St Peter's ___
20 Muslim ascetic and mystic
21 New York's Greenwich ___
22 Subarctic
23 Inuit snow shelters
26 Capital of South Darfur, Sudan

INITIAL REACTION

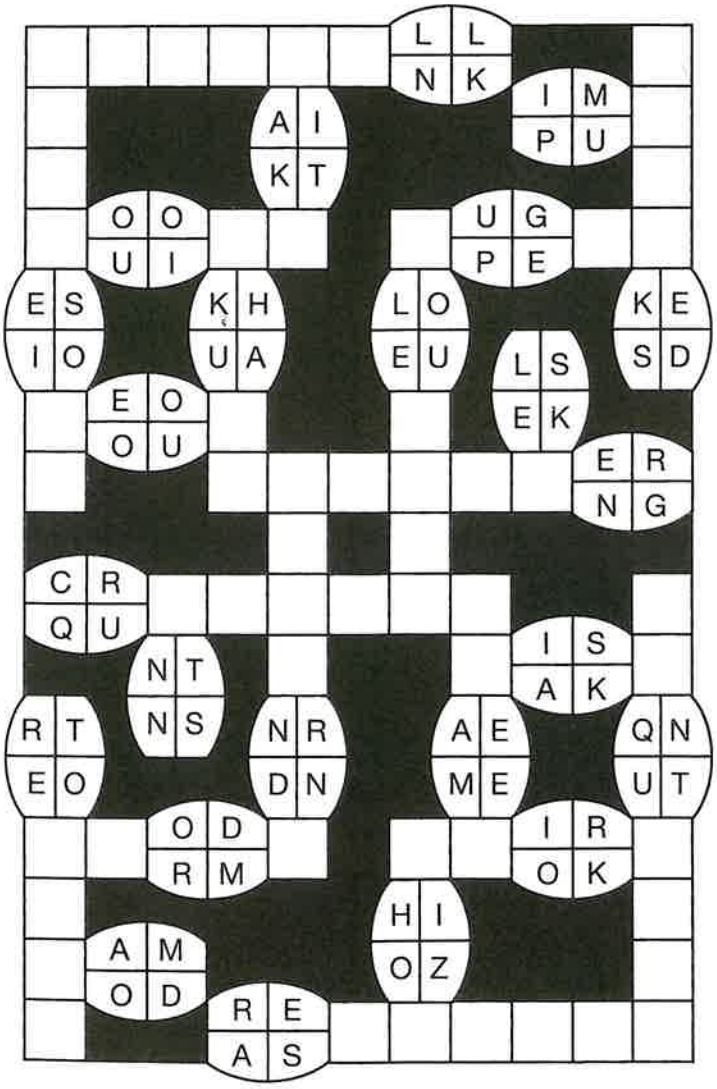
Identify the well-known proverb from the first letters in each of its words.

W. N. W. N. _____



★★ Split Decisions

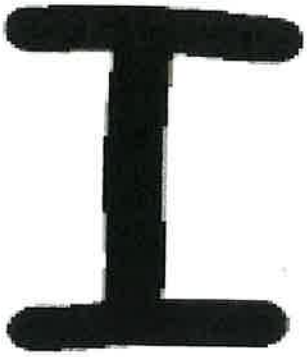
In this clueless crossword puzzle, each answer consists of two words whose spellings are the same, except for the consecutive letters given. All answers are common words; no phrases or hyphenated or capitalised words are used. Some of the clues may have more than one solution, but there is only one word pair that will correctly link up with all the other word pairs.

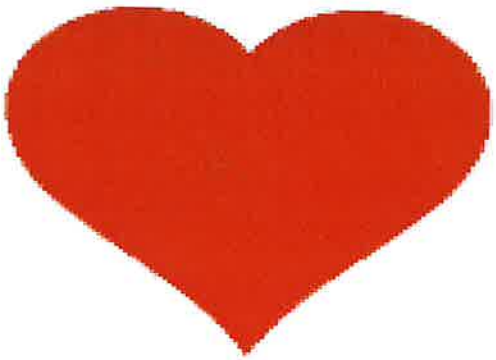


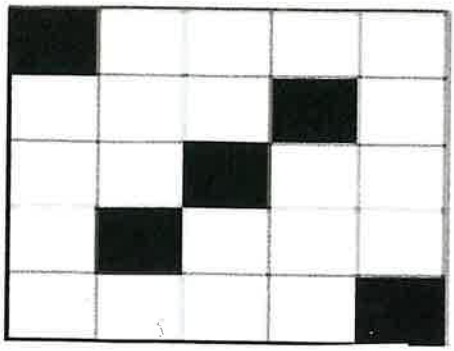
TRANSDELETION

Delete one letter from the word GOBLINS and rearrange the rest, to get a world capital.

_____







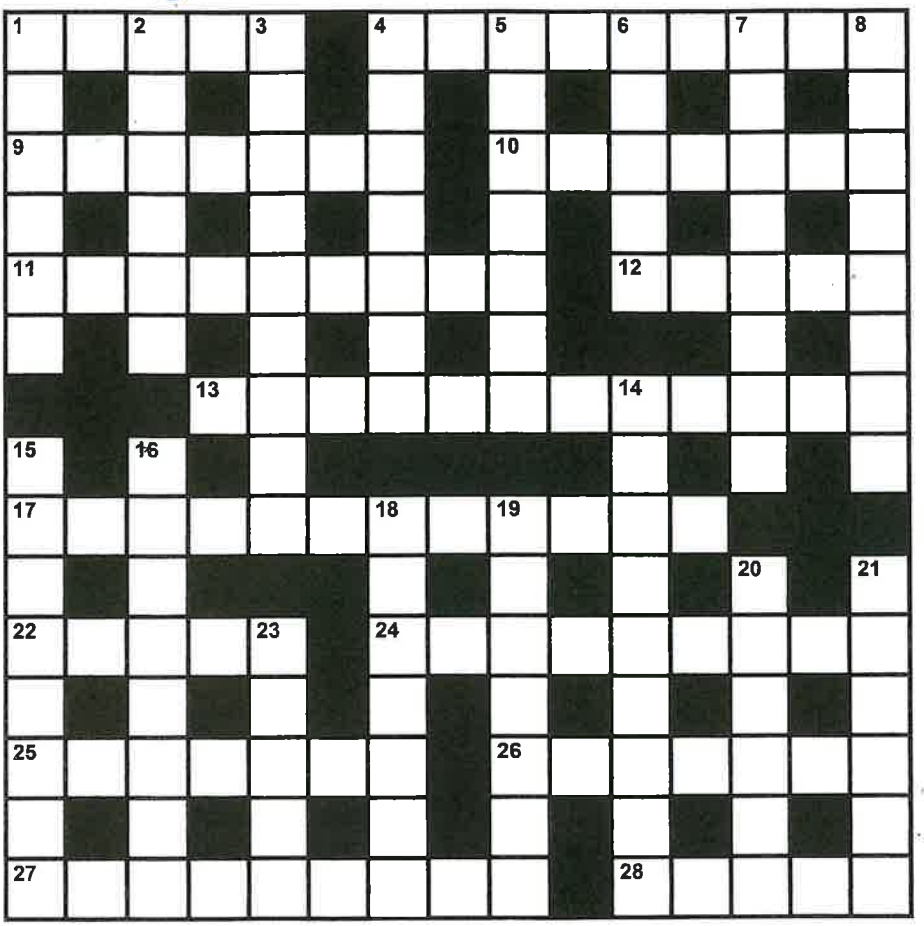
★ Quick and Easy

ACROSS

1 Showing shock, with the mouth open
4 General agreement
9 Consort, spouse
10 Cattle farmer
11 Central American nation (5,4)
12 Not fitting
13 Very clean and tidy (5-3-4)
17 Minor offence
22 Catch fish by dragging a net
24 Breed of short-legged dog
25 Prohibition on trade
26 Section of a serialised program
27 Legal practitioner
28 Venomous Asian snake

DOWN

1 Facet
2 Take into custody
3 Tropical fruit
4 Pertaining to the heart
5 Buddhist state of bliss
6 Tedium
7 German liquor
8 Close examination
14 Chicken leg
15 Suffocates
16 The former Constantinople
18 Most distant in line
19 Operated by atomic energy
20 The northern, or southern, lights
21 Arrival, coming
23 Songlike



OPPOSITE ATTRACTION

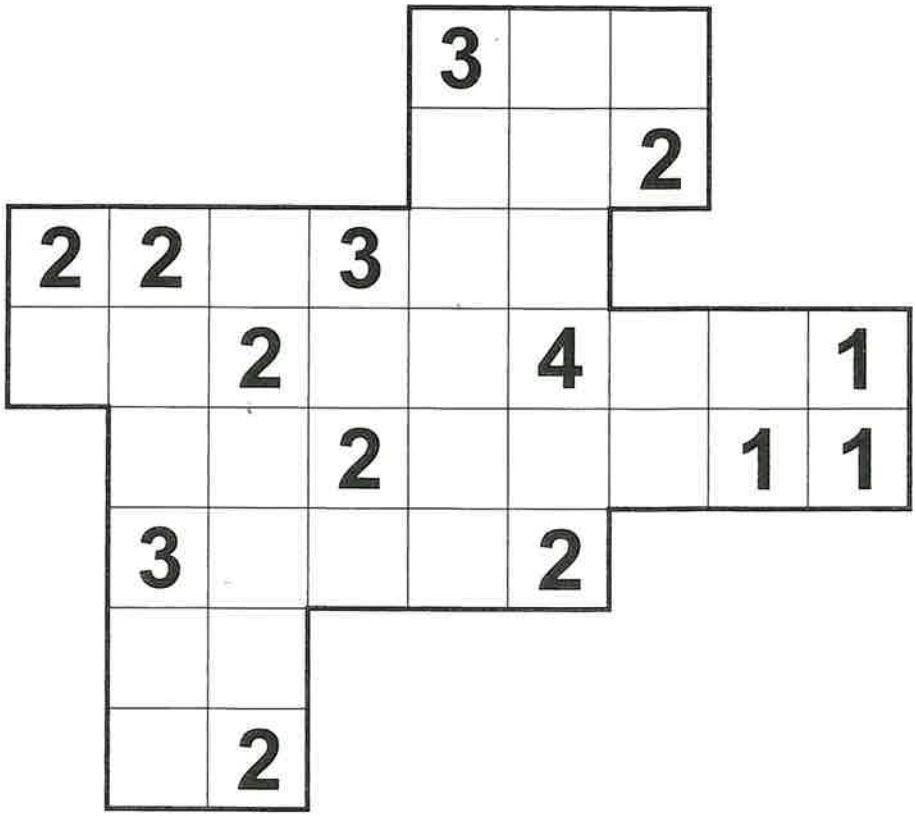
Unscramble the letters in the phrase FOE IS OWLISH to form two common words that are opposites of each other.

_____ _____



★ Star Search

Find the stars that are hidden in some of the blank squares. The numbered squares indicate how many stars are hidden in the squares adjacent to them (including diagonally). There is never more than one star in any square.



TELEPHONE TRIOS

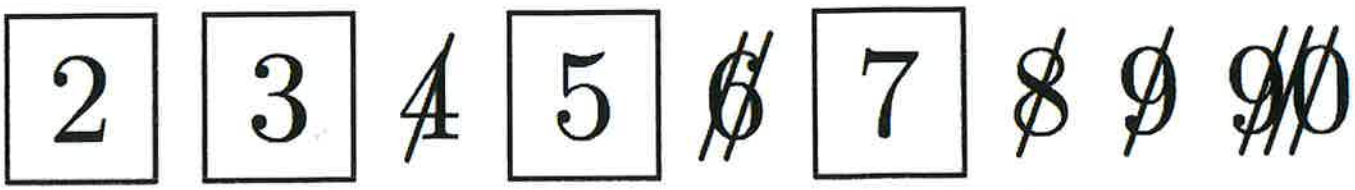


Using the numbers and letters on a standard telephone, what three seven-letter words or phrases from the same category can be formed from these telephone numbers?

224-9493 _ _ _ _ _ _ _

878-6738 _ _ _ _ _ _ _

944-7853 _ _ _ _ _ _ _



★ Number-Out

Shade squares so that no number appears in any row or column more than once. Shaded squares may not touch each other horizontally or vertically, and all unshaded squares must form a single continuous area.

5	3	3	2	4
1	5	3	5	4
2	5	3	1	4
5	1	4	3	2
3	2	4	4	4

OPPOSITE ATTRACTION

Unscramble the letters in the phrase AD STINTS to form two common words that are opposites of each other. Example: The letters in SLED INFO can be rearranged to spell FIND and LOSE.

_____ _____

★ Hyper-Sudoku

Fill in the blank boxes so that every row, column, 3x3 box *and* each of the four 3x3 grey regions contains all of the numbers 1 to 9.

	5	7			2			3
	8		1					7
		3	7		4		2	
6			5		7	3	8	1
4								
	7			1				4
		6		8	5			
	9	5			1		3	2
8	4					5	1	6



MIXAGRAMS

Each line contains a five-letter word and a four-letter word that have been mixed together (the order of the letters in each word has not been changed). Unmix the two words on each line and write them in the spaces provided. When you're done, find a two-part answer to the clue by reading down the letter columns in the answers.

CLUE: They're put on the shelf

B U R N A T O W L = _ _ _ _ _ + _ _ _ _

M U D S H O Z E Y = _ _ _ _ _ + _ _ _ _

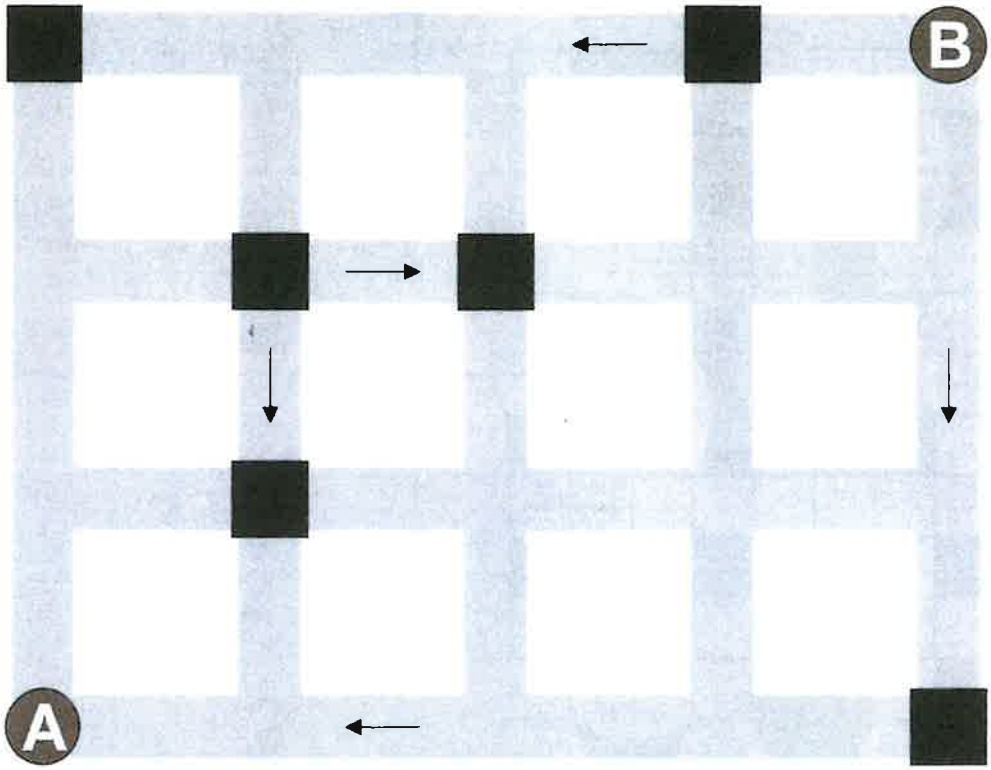
E Q U I T A L E M = _ _ _ _ _ + _ _ _ _

B I O S L O T E Y = _ _ _ _ _ + _ _ _ _



★ One-Way Streets

The diagram represents a pattern of streets. A and B are parking spaces, and the black squares are stores. Find the route that starts at A, passes through all stores exactly once and ends at B. Arrows indicate one-way traffic for that block only. No block or intersection may be entered more than once.



SOUND THINKING

There are two common uncapitalised five-letter words whose only consonant sound is a single B. BOUGH is one of them. What's the other?

_____

Fun Riddle

It starts with a 'P' and ends with an 'E'
It has thousands of letters...

To answer this riddle, follow the steps below.
Once complete, the unmarked words will reveal the answer.

- Cross-out 7 cartoon characters
- Tick 6 things of Egyptian origin
- Circle 6 shades of blue
- Underline 9 cuts of meat
- Scribble through 5 pacific islands
- Shade 7 Australian cities

Popeye	Tonga	Denim	Ballarat	Cairo	Goofy
Chop	Indigo	Chuck	Casper	Azure	Perth
Giza	Yogi	Samoa	Brisket	Darwin	Post
Tahiti	Sirloin	Navy	Papyrus	Felix	Cutlet
Sydney	Pharaoh	Launceston	Vanuatu	Royal	Filet
Sylvester	Shank	Mignon	Sphinx	Newcastle	Cobalt
Adelaide	Belly	Simba	Solomon	Office	Ramses

PICTURE PUZZLES

1 Get it Get it Get it Get it	2 Jack	3 Somewhere 	4 DOOR
5 READ	6 **Blood** Water	7 Beeeeee	8 CANCELLED
9 once 	10 Egg Egg HAM	11 Try Stand 2	12 TOWN
13 NIbumpGHT	14 Aid ← Aid Aid	15 Mill1on	16  3.14
17 ice^3	18 R G O N C I K	19 Think 	20 GROUND feet feet feet feet feet feet
21 1 KNOWS	22 **Big Big** ignore ignore	23 BAKED	24 KNEE light light

© Reddit

Solutions

Number-Out

5	3	3	2	4
1	5	3	5	4
2	5	3	1	4
5	1	4	3	2
3	2	4	4	4

OPPOSITE ATTRACTION
SIT, STAND

Metal Flowers



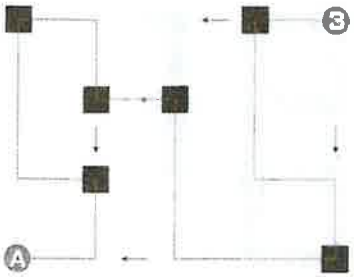
THREE AT A RHYME
DYE, MY, PIE

Wide Wide World

K	E	F	F	I	Y	E	H	■	M	O	D	A	S	A
O	■	O	■	D	■	L	■	■	R	■	N	■	L	
M	A	R	G	A	R	E	T	■	M	A	D	A	M	E
O	■	E	■	H	■	A	■	T	■	N	■	T	■	U
D	E	S	M	O	I	N	E	S	■	G	R	O	A	T
O	■	T	■	■	■	O	■	A	■	U	■	L	■	I
■	■	■	S	P	U	R	■	R	E	T	S	I	N	A
E	■	B	■	H	■	■	■	■	■	A	■	A	■	N
T	R	A	V	O	I	S	■	V	E	N	T	■	■	■
H	■	S	■	E	■	U	■	I	■	■	■	B	■	I
I	R	I	A	N	■	F	A	L	U	N	G	O	N	G
O	■	L	■	I	■	I	■	L	■	Y	■	R	■	L
P	R	I	N	C	E	■	J	A	L	A	P	E	N	O
I	■	C	■	I	■	■	■	G	■	L	■	A	■	O
A	R	A	R	A	T	■	H	E	R	A	C	L	E	S

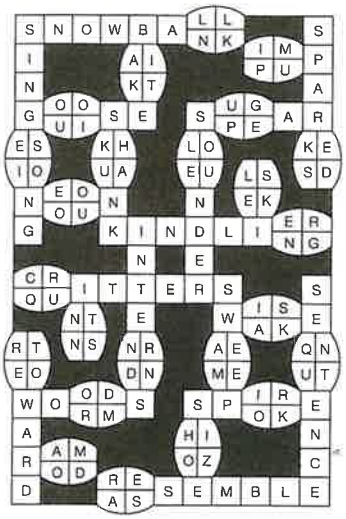
INITIAL REACTION
Waste Not Want Not

One-Way Streets



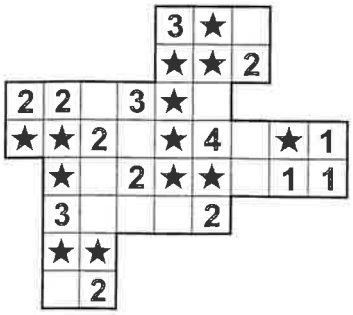
SOUND THINKING
ABBEY

Split Decisions



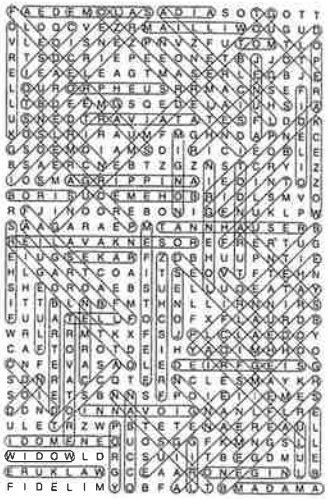
TRANSDELETION
LISBON

Star Search



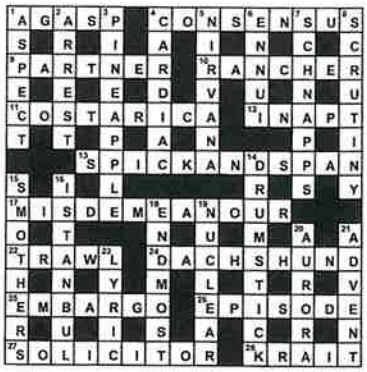
TELEPHONE TRIOS
BAGPIPE, TRUMPET, WHISTLE

A Night at the Opera



IN OTHER WORDS
VODKA

Quick and Easy



OPPOSITE ATTRACTION
FOOLISH, WISE

Hyper-Sudoku

1	5	7	8	9	2	6	4	3
2	8	4	1	3	6	9	5	7
9	6	3	7	5	4	1	2	8
6	2	9	5	4	7	3	8	1
4	3	1	6	2	8	7	9	5
5	7	8	3	1	9	2	6	4
3	1	6	2	8	5	4	7	9
7	9	5	4	6	1	8	3	2
8	4	2	9	7	3	5	1	6

MIXAGRAMS

B	R	A	W	L		U	N	T	O
M	U	S	H	Y		D	O	Z	E
E	Q	U	A	L		I	T	E	M
B	O	O	T	Y		I	S	L	E