



## EDGARLEY ASSISTED LIVING

Specialising in complete quality aged care and independent living.

# NEWSLETTER

# September 2026



73 Jackson Street , Casterton Vic 3311

Phone: 03 55 811211, Fax: 03 55 812050

# From the CEO



## Keeping Steady at Edgarley

Welcome to our monthly update for the **Edgarley** family.

While it has been a quiet month on the news front, our home has been a hive of steady, daily activity.

We are continuing our ongoing clean-up and repair work from the storm.

Thank you to all residents, families, and staff for your patience while tradespeople work around the building.

Despite the maintenance work, our focus remains on providing excellent, uninterrupted care in a safe environment.

Today, our facility comes alive with colour and laughter as we support [Red Nose Day Australia](#). Staff and residents are donning their red noses and bright outfits to raise awareness for a great cause. Events like this remind us of the incredible spirit shared by everyone in our **Edgarley** community.

As the repair work wraps up over the coming weeks, my door remains open for any questions or feedback.

Thank you to our incredible team for ensuring everything runs like clockwork every single day.

## Thinking of Our Nepalese Friends

Our thoughts and deepest sympathies are with the members of our Nepalese community and their families who are affected by the devastating flash floods and landslides in Nepal. We know many are anxiously waiting for news from home, and we want you to know that your **Edgarley** family stands firmly beside you with open hearts and full support.

Sue Wray

CEO

## Notice to Residents

**Please note the following cut-off times for any changes to your meal orders:**

**Lunch:** Any changes must be made **before 11:00 am** on the day.

**Dinner:** Any changes must be made **before 3:00 pm** on the day.

**After these times, the kitchen may not be able to accommodate changes.**

### **Join the Edgarley Ladies Auxiliary!**

Are you looking for a **rewarding way to give back**? Our small but mighty volunteer team provides vital **equipment and support** for Edgarley residents, and we'd love for **YOU** to join us!

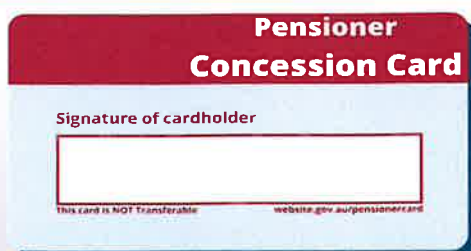
**Easy Commitment:** Meetings are held the **first Monday of the month at 2 pm** in the Alma Vickery function room.

**Flexible Option:** Can't make the meeting? You can help us on an **ad hoc basis** with our fun fundraisers!

**Everyone Welcome:** No prior connection to Edgarley is required.

### **FOOD REGISTER BOOK**

Any fresh food brought into our facility for the residents will need to be entered into the register accordingly. The books can be found to the right of the Glenelg door. Thank you for your co-operation



A reminder to all NOK.

If a resident receives an updated Medicare or Pension card, we will need a copy for our records.

Thank you

### **Residents meeting**

**GLENELG Wednesday 2nd september 1.30.**

We wish to invite family members to these meetings which will be held on the first Wednesday of each month.

**Michelle Parry-Hill and Chris Kerr are the resident/family representative on the Medication Advisory Committee.**

If any resident or family member has any questions or issues regarding their medication management at Edgarley (this does not include pharmacy accounts, they are to be taken up directly with the Pharmacy) Please contact Michelle 0468 598 233 or Chris 0400 016 093 and they will bring those question/issues to the meeting.

# LEISURE AND LIFESTYLE VOLUNTEERS

Volunteering offers a chance to provide **companionship, emotional support, and social engagement**, significantly enhancing the **quality of life** for our residents. By sharing your time and skills, you make a positive contribution to our community.

To learn more, please phone Edgarley and speak to our Leisure and Lifestyle

## Edgarley Staff Shirt Color Code by Role

Staff wear designated shirt colors to easily identify their roles:



### SHIRT COLOUR      STAFF ROLE

RED → NURSE

NAVY → PCW

AQUA → TRAINEE PCW

COLOURFUL → LIFESTYLE & LEISURE

PURPLE → KITCHEN

→ BLACK

ENVIRONMENTAL



## Residents appointments

*If a resident schedules an appointment on their own, they are responsible for arranging their own transportation. However, if they would like staff to provide transportation, the facility will handle the arrangements.*

## **Open Invitation: Join the -**

### **Edgarley Consumer Advisory Committee**

Are you passionate about ensuring the highest quality of aged care? Do you want your voice and the voice of care recipients to be heard?

Edgarley is extending an open invitation to dedicated individuals to join our Consumer Advisory Committee.



### **What is the purpose of the Committee?**

The primary purpose of the Consumer Advisory Committee is to provide valuable, ongoing **feedback** (any time) to the Governing Body about the **quality of aged care** provided to our care recipients. Your, input will be crucial in helping us continually improve our services.

### **Who are we looking for?**

We are seeking individuals who can bring the perspective of aged care consumers (care recipients, their representatives, or family members) to the table.

Your commitment to honest, constructive feedback is what matters most.

### **Meeting Schedule**

The Committee meets on a quarterly basis. Please note the meeting months for 2026:

- **March 2026**
- **June 2026**
- **September 2026**
- **December 2026**

### **How to Express Your Interest**

If you are interested in joining the Consumer Advisory Committee and contributing to the quality of aged care at Edgarley, please contact:

Edgarley 558 11 211

[office@edgarley.com.au](mailto:office@edgarley.com.au)

# Happy Birthday

In **September**, we celebrate birthdays with:

|         |      |
|---------|------|
| Max Mc  | 15th |
| Norm W  | 21st |
| Nancy R | 22nd |
| Neil M  | 30th |



Freddie Mercury, 5<sup>th</sup> September, 1946

Buddy Holly, Musician, 7<sup>th</sup> September 1936

Peter Sellers, Actor, 8<sup>th</sup> September 1925

Agatha Christie, Writer, 15<sup>th</sup> September 1890

Lauren Bacall, Actor, 16<sup>h</sup> September 1924

Lance Armstrong, 18<sup>th</sup> September 1971

Stephen King, Author, 21<sup>st</sup> September 1947

Andrea Bocelli, Singer, 22<sup>nd</sup> September, 1958

## Virgo (Aug 22 - Sep 22)

Virgos are logical, practical, and systematic in their approach to life. They are perfectionists at heart.

## Libra (Sep 23 - Oct 22)

Librans are often considered the nicest and most charming personality in the world!

## Product Birthday Spotlight: Roll Film Camera

On September 4 1888, George Eastman received a patent for the first roll-film camera and registered the name "Kodak." Eastman's invention revolutionized photography by using coated paper and rollers, rather than heavy glass dry plates, to reproduce images.

WOW!

Happy Birthday to:

Gillian, Ian, Daphney, Betty and Evelyn.

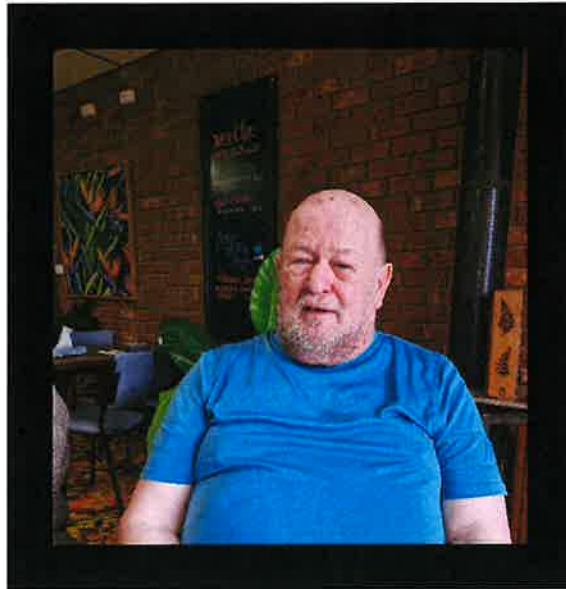
And happy belated Birthday to Ned

# August Birthdays



## Get to know your Neighbour

**Gary Dalby**



**In what town did you live in?** Adelaide, South Australia

**What did you do when you left school?** When I left school my first job was working as a clerk, assisting my father who worked as the general manager for 22 years.

**What are or have been your favourite past times?** Competitive Ten Pin Bowling.

**What is the most exciting thing that happened in your life?** Travelling overseas when I was 22.

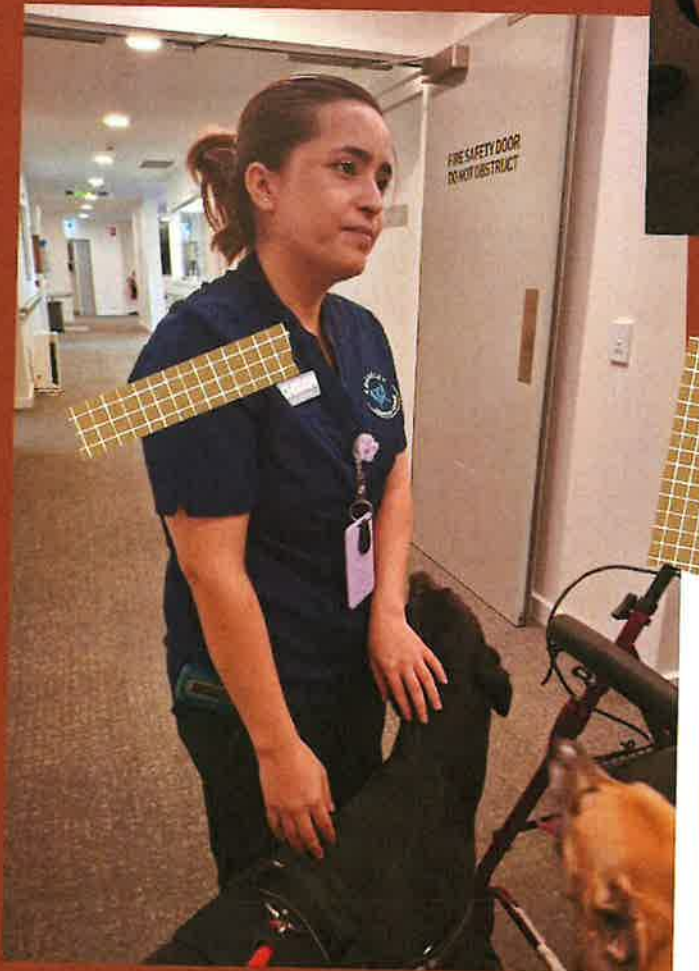
**Who is your hero or the person you most admire?** The people who have stuck by me over the years.

**What is or has been your greatest achievement?** Being in 5 Ten Pin Bowling leagues when I lived in Coff's Harbour.

**What do you think is the most important thing in life?** Having a good job and something you enjoy doing.

**What words of wisdom can you share with other readers?** "Follow the trend"  
"Go with the flow"

**Lez brought in his two greyhounds  
for the residents to have a cuddle**



## Get to know Edgarley Staff

### **Maheshwor (Mass)**



**In what town were you born in?** I was born in Dangsing VDC and raised in the beautiful town of Battar, located in Bidur Municipality in Nuwakot District.

**What did you do when you left school?** After completing my School Leaving Certificate (SLC) equivalent to grade 10, I moved to the capital Kathmandu, to pursue my higher secondary education and later earned my Bachelor there.

**In which place did you live most of your life?** I lived in my home town Battar until I was 17 years old. After completing my school, I moved to Kathmandu and lived independently away from my parents for 6 years. Since 2018 I have been living in Australia, where I have continued to build my personal and professional life.

**What is your job role at Edgarley?** I work as a Personal Care Assistant (PCA), Where I provide compassionate care and support for residents with their daily living activities.

**What do you like best about your job?** As a PCA, it is the opportunity to make a positive difference in people`s lives. It is rewarding to know that my care, compassion and support can improve their comfort, well-being and quality of life.

**What are or have been your favourite past times?** In my free time I enjoy playing Cricket and I also like playing games on my PlayStation 5 especially the FIFA soccer game.

**What is the most exciting thing that happened in your life?**

The most exciting and memorable thing in my life was marrying my wife Rensu. It was a dream come true – something I had never imagined would actually happen.

**Who is your hero or the person you most admire?**

My father and mother are the people who influenced me, they encouraged me to work hard, stay focused and remain dedicated to achieving my goals.

**What is or has been your greatest achievement?**

Moving to a new country was a significant challenge. Through hard work and dedication, I established a stable life. I am also proud of completing my Masters degree from CSU, being married to my wife Rensu and creating a secure and meaningful future together.

**What do you think is the most important thing in life?**

For me the most important thing is family. I also believe in being honest to the people, loyal to others and treating everyone with respect and never cheat or compromise on duties.

**What words of wisdom can you share with other readers?**

One piece of wisdom I would like to share is to always value your family, stay honest and work hard. Always treat people with respect. You are born with nothing and will end up your life with nothing.



## Table Games



## August Winners Page

### Dice Games

|        |
|--------|
| Ron    |
| John H |
| Des    |
| Freda  |
| Joy    |
| Aileen |
| Ian T  |

### Dominoes

|         |
|---------|
| Rebecca |
| Joy     |
| Ron     |
| David   |
| Alice   |
| Valma   |

### Hangman

|         |
|---------|
| Jill    |
| Aileen  |
| Alice   |
| Valma   |
| Carol M |
| Joy     |
| Fay     |



### Cover the Numbers

|         |
|---------|
| Aileen  |
| Carol M |
| Fay     |

### Sports games

|         |
|---------|
| Valma   |
| John H  |
| Norm    |
| Carol M |

### Find 10/Pairs

|         |
|---------|
| Rebecca |
| Freda   |
| Fay     |
| Valma   |

### Bingo/Hoy

|         |
|---------|
| Fay     |
| Nancy   |
| Carol M |
| Des     |
| Freda   |
| Alice   |

### Cards

|        |
|--------|
| Des    |
| Nancy  |
| Alice  |
| Audrey |
| David  |
|        |



Residents  
enjoyed  
a lovely  
lunch at  
the Gelsenlg  
Inn



## Visit to the men's shed



*Rebecca enjoyed  
seeing  
The Wannon  
Falls  
In action.*



# *Bus trip to Central café for afternoon tea*







Our residents recently channeled their creativity into transforming simple glass jars into vibrant, custom-designed vases. Using an array of bright colors and distinct patterns, everyone brought their own unique artistic flair to the table.

Check out the photos to see our talented residents at work and the stunning, colorful finished pieces proudly on display!





YOU'RE  
DOING  
GREAT



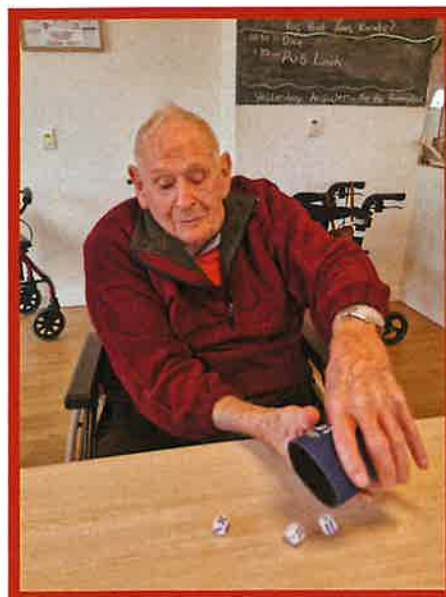
## High Stakes & Big Smiles at Dice Night!

Our recent dice game session was a huge hit! Residents gathered for an afternoon filled with friendly rivalry, strategy, and plenty of laughs. Whether chasing a lucky streak or cheering on fellow players, everyone brought fantastic energy to the table. Take a look at the photos to catch a glimpse of





Winners are grinnerers



Lady Luck was definitely in the room today! Check out these great moments as our residents rolled their way toward some lucky scratchies.



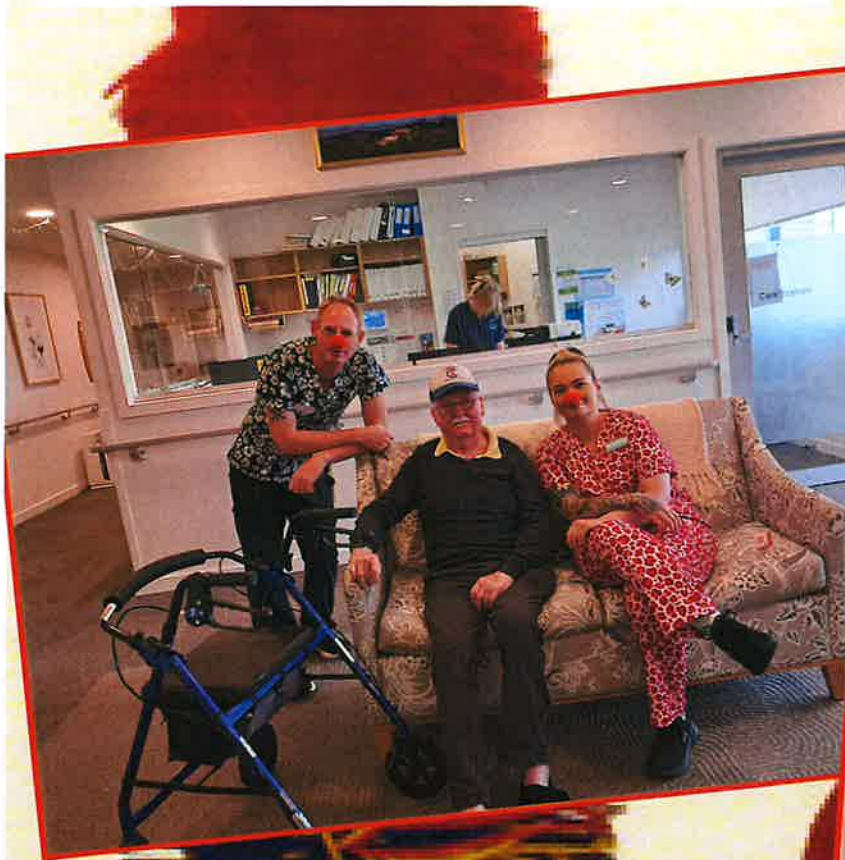
# Domino's



# Happy Red Nose Day!



Staff and Residents  
supporting Red  
Nose Day which  
was held on the  
27th August





# Resident Shopping Day

The bus will be available each Monday from

1pm—4pm

Any residents who require to do any sort of errands in town, please let the Leisure and Lifestyles team know if you would like to be involved.

## Bus Service & Shopping Support Notice

Dear Residents,

To help keep everyone organised, please remember that our scheduled resident shopping bus runs **strictly once a week on Mondays at 1:00 p.m.** Staff are unable to provide individual transport down the street during the week.

If you need to go shopping between regular Monday trips, you have a couple of options:

- **Family Support:** Reach out to a family member to arrange a lift.

**Need a specific item ordered?** If you already know exactly what you need and can't wait until Monday, simply bring the required money to the front office. Our team will happily place the order for you.

Thank you for your understanding and cooperation!

# The Statement of Rights

The Statement of Rights clearly identifies your rights when seeking or receiving aged care services. Under the Aged Care Act 2024, your provider and aged care workers are legally obliged to deliver services in line with these rights.



## Autonomy and freedom of choice

I have the right to make my own choices – about my care, relationships, lifestyle and taking risks – with support if I want it.



## Equitable access

I have the right to have my needs assessed in a way that works for me including having my cultural background, past trauma or cognitive conditions, such as dementia, respected.



## Safe, quality care

I have the right to be treated with dignity and respect by experienced aged care workers who value my identity, culture, spirituality and diversity.



## Privacy and confidentiality

I must have my privacy respected and my personal information kept confidential, and be in control of who this information is shared with.



## Communication and complaints

I have the right to be informed in a way I understand and to raise concerns without fear of reprisal. My feedback must be dealt with fairly and promptly.



## Support and social connections

I can stay connected to important people, pets and culture including independent advocates. As an Aboriginal or Torres Strait Islander I can stay connected to Country and Island Home.



For free, confidential and independent support call the Aged Care Advocacy Line  
**1 800 700 600**



Older Persons  
Advocacy Network



**Elder Rights  
Australia**

Promoting the human rights of all older people



# **Invitation to all Residents and Representatives**

Elder Rights Australia  
will be here on:

## **Thursday the 1<sup>st</sup> of October at 1.30 pm**

**To provide information on:**

- Your aged care rights
- How to raise concerns
- How advocates can work for you
- How to recognise to and respond to Elder Abuse
- Friendly volunteer visitors

**Aged Care Advocacy Line**

**1800 700 600 | [elderrights.org.au](http://elderrights.org.au)**



Elder Rights Australia Ltd is a founding member of the National Older Persons Advocacy Network (OPAN), delivering the National Aged Care Advocacy Program (NACAP), an Australian Government initiative. ABN 63 367 539 827.

## August Residents and Representatives Meeting

|                         |                                                                                                                                                                                   |                          |                            |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|----------------------------|
| <b>Start date</b>       | 05 Aug 2026 13:35                                                                                                                                                                 | <b>End date</b>          | 05 Aug 2026 14:10          |
| <b>Present</b>          | Bowen, Aileen, Brook, Gillian, Bull, Alice, Cates, Alysha, Humphries, John, Jordan, Ronald, McCurry, Sarah, McDonough, Janet, McKinnon-Ward, Carol, Morrow, Fay, Robertson, Nancy | <b>Locations</b>         | Edgarley                   |
| <b>Present(Other)</b>   | Bell, Audrey, Brody, Alice, Hargreaves, Joy, Harris, Cheryl, Inglis, Evelyn, Krajnc, Marjan, McIntosh, Raelene, Phillips, Rebecca, Staines, Carol, Troeth, Freda                  | <b>Venue</b>             | Alma Vickery Function Room |
| <b>Apologies</b>        | Crick, Timothy, Hornibrook, Leanne, Lee, Amanda                                                                                                                                   | <b>Chairperson</b>       | Cates, Alysha              |
| <b>Apologies(Other)</b> |                                                                                                                                                                                   | <b>Next meeting date</b> |                            |

**Meeting Requirements** 1a, 1b, 1c, 4a, 4c, 5a, 5b, 6a, 6c, 6d, 8a

| Ref No.                                                              | Notes/Issues | Planned actions                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Intended result                                                                                                                                                            | Requirements | Assigned to                       | Commence date | Due date    |
|----------------------------------------------------------------------|--------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|-----------------------------------|---------------|-------------|
| <b>1 - Welcome and apologies</b>                                     |              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |              |                                   |               |             |
| 1.01 Meeting Opens                                                   |              | Alysha opens meeting at 13.35, welcomes one and all to the gathering.                                                                                                                                                                                                                                                                                                                                                                                                          | That everyone be made welcome to the meeting and know that it is a safe space to have their voice heard.                                                                   |              | Cates, Alysha                     | 05 Aug 2026   | 02 Sep 2026 |
| <b>2 - Previous Minutes - Business arising from Previous Minutes</b> |              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |              |                                   |               |             |
| 2.01 Heated Pool                                                     |              | Heated pool to be looked at in the future. Raelene explained the complexity and planning involved that would need to take place before a heated pool could be even considered and/or approved, cautioning that considerations would include budget and affordability, planning council approval, meeting aged care standards including equipment to cater for disabilities such as wheelchair ramps and other required safety measures being just a few of the steps involved. | That residents understand the complexities involved in organising a heated pool at Edgarley, and that it is something that will be considered again one day in the future. |              | McIntosh, Raelene                 | 05 Aug 2026   | 02 Sep 2026 |
| 2.02 Telehealth                                                      |              | Since Raelene McIntosh and Sarah McCurry's Telehealth demonstration last month, there have been approximately 4-5 residents who have since used the service, with mostly positive reviews and outcomes. Edgarley is excited to continue with this new technology.                                                                                                                                                                                                              | That all residents are aware of and understand that Telehealth is a medical service open to them.                                                                          |              | McCurry, Sarah, McIntosh, Raelene | 05 Aug 2026   | 02 Sep 2026 |
| <b>3 - Food Focus Group</b>                                          |              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |              |                                   |               |             |
| 3.01 Photo Menu                                                      |              | The photo menu is now up and running. There were a few hiccups at the beginning, some minor moments of confusion, which have now been resolved. Since then the new system has been running smoothly.                                                                                                                                                                                                                                                                           | That the new menu system run as intended.                                                                                                                                  |              | Cates, Alysha                     | 05 Aug 2026   | 02 Sep 2026 |
| <b>4 - Feedback: Compliments, complaints and suggestions</b>         |              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |              |                                   |               |             |
| 4.01 Front Garden                                                    |              | A few residents mentioned that the view of the front garden is not pleasant, due to underdeveloped foliage and an infestation of weeds. Raelene McIntosh explains that while Lez Power has plans in the garden, he is unable to do any real work on it while the rooftop work is still being done.                                                                                                                                                                             | That everyone understands that the gardens will be fixed, in due time.                                                                                                     |              | Power, Leslie                     | 05 Aug 2026   | 02 Sep 2026 |
| <b>5 - Quality of Care</b>                                           |              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |              |                                   |               |             |
| 5.01 Dr Maxwell                                                      |              | Due to personal reasons Dr. Anthony Farnbach will be taking leave from the facility for some time, his absence being filled by Dr. Loretta Maxwell.                                                                                                                                                                                                                                                                                                                            | That all residents understand the sudden change in doctor around the facility.                                                                                             |              | McIntosh, Raelene                 | 05 Aug 2026   | 02 Sep 2026 |
| <b>6 - Lifestyle Program - Activities</b>                            |              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |              |                                   |               |             |
| 6.01 Men's Shed                                                      |              | On Wednesday 12th of August, there will be a men's-only trip to the local Men's Shed, for a BBQ lunch and socialising. This is a programme Edgarley has not offered in some years, and is excited to be bringing back. Several residents express interest in this outing.                                                                                                                                                                                                      | That residents social needs are met, male and female.                                                                                                                      |              | Cates, Alysha                     | 12 Aug 2026   | 12 Aug 2026 |
| 6.02 Community Groups                                                |              | Alysha asked residents about their interests in joining or participating in community groups of their interest. Residents had no set ideas but were interested in Raelene McIntosh's suggestion of a craft group at the Old Court House or joining the exercise groups that meet at the local hospital.                                                                                                                                                                        | That residents social needs are met and chances to engage with the community are offered.                                                                                  |              | Cates, Alysha                     | 05 Aug 2026   | 02 Sep 2026 |
| <b>7 - General - Other</b>                                           |              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |              |                                   |               |             |
| 7.00                                                                 |              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |              |                                   |               |             |
| <b>8 - Meeting Closed</b>                                            |              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |              |                                   |               |             |
| 8.01 Meeting Closes                                                  |              | The meeting closes at 14.10, with Alysha thanking staff and residents alike for their time and attention.                                                                                                                                                                                                                                                                                                                                                                      | That everyone be thanked, and feel valued at the meeting.                                                                                                                  |              | Cates, Alysha                     | 05 Aug 2026   | 02 Sep 2026 |

# September 2026

|     | Date      | Activity                                                                                                                                       |
|-----|-----------|------------------------------------------------------------------------------------------------------------------------------------------------|
| 1.  | Tuesday   | Lower Floor: Ping Pong Bounce 10:30AM<br>Upper Floor: Hoy 1:30PM                                                                               |
| 2.  | Wednesday | <b>All Areas: Portland Pub Bus Trip. (Limited Seating) 10:30AM</b><br>Upper Floor: Bingo 1.30 PM                                               |
| 3.  | Thursday  | Lower Floor: Dice 10.30AM<br><b>ALL AREAS: Alma Vickery Room: Resident's Meeting 1.30 PM Followed By Activity</b>                              |
| 4.  | Friday    | Lower Floor: Cover the Numbers 10.30 AM<br>Upper Floor: Find-10s 1.30 PM                                                                       |
| 5.  | Saturday  | <b>NDIS</b><br>Activity with Lez 1:30PM                                                                                                        |
| 6.  | Sunday    | <b>REST DAY</b>                                                                                                                                |
| 7.  | Monday    | <b>Leisure and Lifestyle Meeting 9.45 AM</b><br>Lower Floor: Hoy 10.30AM<br>Upper Floor: Dice 1:30PM<br><b>All Areas: Shopping Run 1.00 PM</b> |
| 8.  | Tuesday   | Lower Floor: Quoits 10.30 AM<br>Upper Floor: Country Bus Run 1.30PM                                                                            |
| 9.  | Wednesday | Lower Floor: Find 10's 10:30AM<br>Upper Floor: Golf 1:30PM                                                                                     |
| 10. | Thursday  | Lower Floor: Around the Clock 10:30AM<br><b>Upper Floor: Bowls Alma Vickery Room 1:30PM</b>                                                    |
| 11. | Friday    | Lower Floor: Dice 10:30AM<br><b>All areas Alma Vickery Room: Footy Break up Party 1:30PM</b>                                                   |
| 12. | Saturday  | <b>NDIS</b><br>Activity with Tim 1:30pm                                                                                                        |
| 13. | Sunday    | <b>Activities with Cheryl 10:3AM</b><br>Upper Floor: Bingo 1:30PM                                                                              |
| 14. | Monday    | Lower Floor: Word Bingo 10:30AM<br>Upper Floor: History Hangman 1:30PM<br><b>All Areas: Shopping Run 1.00 PM</b>                               |
| 15. | Tuesday   | Lower Floor: Cover the Numbers 10:30AM<br>Upper Floor: UNO 1:30PM                                                                              |
| 16. | Wednesday | Lower Floor: Ladies Cooking Group- Scone Making- 10:30AM<br><b>Men's Shed 10.30 AM</b><br>Upper Floor: High Tea 1:30PM                         |
| 17. | Thursday  | Lower Floor: Battleships 10:30AM                                                                                                               |

# September 2026

|     |           |                                                                                                     |
|-----|-----------|-----------------------------------------------------------------------------------------------------|
|     |           | Upper Floor: Hoy 1:30PM                                                                             |
| 18. | Friday    | Upper Floor: RCL 10:30am<br>Lower Floor: Jenga 1:30pm                                               |
| 19. | Saturday  | <b>NDIS</b><br>Activity with Lez 1:30pm                                                             |
| 20. | Sunday    | <b>REST DAY</b>                                                                                     |
| 21. | Monday    | Lower Floor: Dominos 10:30AM<br>Upper Floor: Bingo 1:30pm<br>All Areas: Shopping Run 1.00 PM        |
| 22. | Tuesday   | Lower Floor: Dice 10:30AM<br>Upper Floor: Footy Craft 1:30pm                                        |
| 23. | Wednesday | Lower Floor: Pairs 10:30AM<br>Upper Floor: Ping Pong Bounce 1:30PM                                  |
| 24. | Thursday  | Lower Floor: Country bus Drive 10:30AM<br>Upper Floor: Battleships 1:30PM                           |
| 25. | Friday    | <b>PUBLIC HOLIDAY</b>                                                                               |
| 26. | Saturday  | <b>AFL Grand Final</b>                                                                              |
| 27. | Sunday    | <b>Activities with Alysha 10:30AM</b><br>Upper Floor: Bingo 1:30PM                                  |
| 28. | Monday    | Lower Floor: Hangman 10:30AM<br>Upper Floor: Ladies craft 1:30PM<br>All Areas: Shopping Run 1.00 PM |
| 29. | Tuesday   | Lower Floor: Card Games 10:30AM<br>Upper Floor: Bean Bag Toss 1:30PM                                |
| 30. | Wednesday | Lower Floor: RCL 10:30AM<br>Upper Floor: Movie Afternoon 1:30PM                                     |

**GOOD HAIR  
ISN'T BY  
ACCIDENT.  
IT'S BY  
APPOINTMENT**

*Kerri from Hairwize will be here 9:15 AM<sup>th</sup> 28th of September  
Nikki from Mane on Henty will be here at 10.00 AM DTBA*

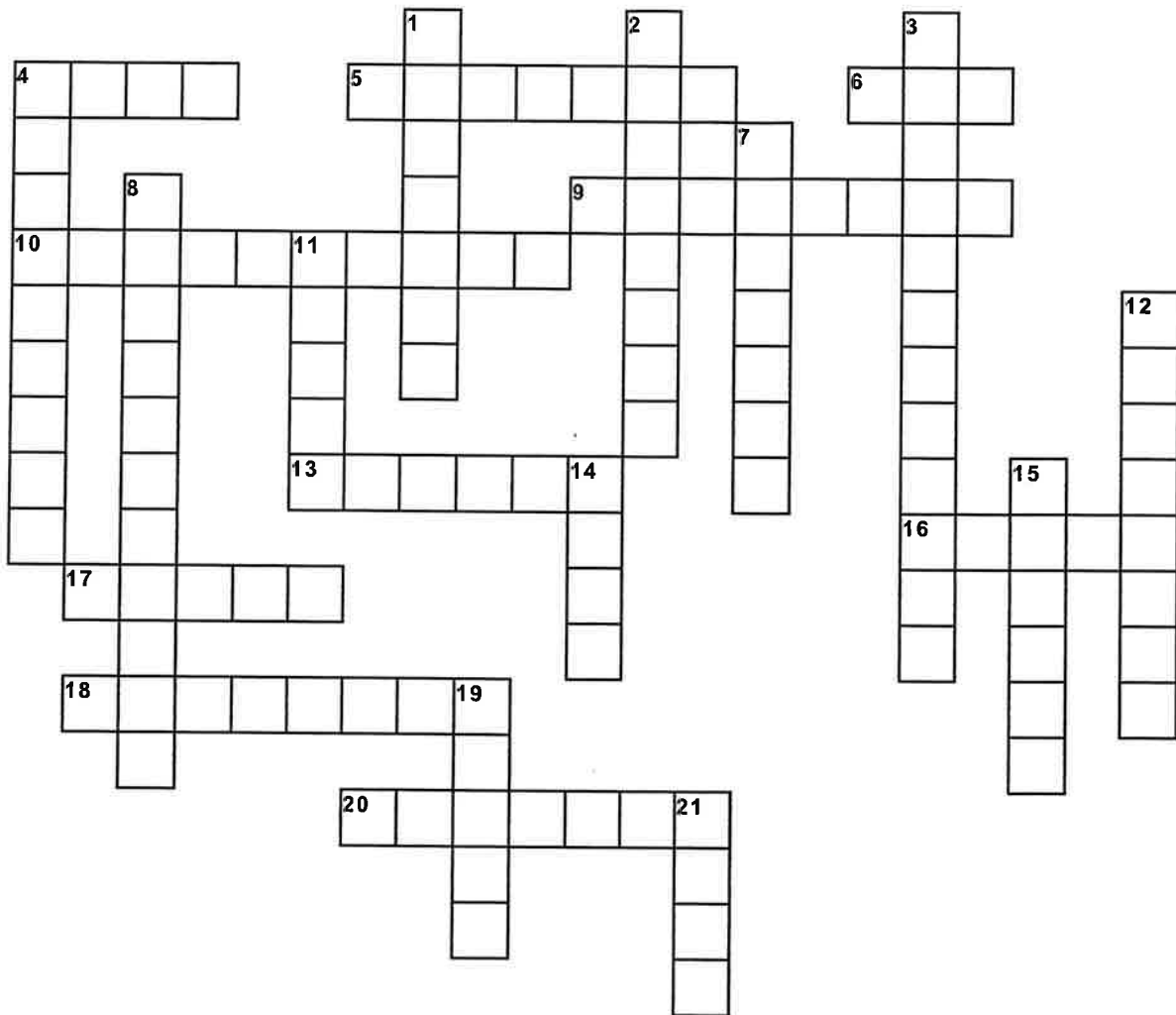




# September Puzzles



# Water Crossword



## Across

- 4 - A small lake (4)
- 5 - Stripes of color in the sky after rain on a sunny day (7)
- 6 - Cloud of water vapour that restricts visibility (3)
- 9 - Added to drinking water to preserve teeth (8)
- 10 - When farmers water fields with river water it is called... (10)
- 13 - The largest river in the world (6)
- 16 - House made of frozen water
- 17 - Area surrounded by vegetation in the desert (5)
- 18 - A marsh area birds use as a habitat (8)
- 20 - Large frozen and floating rock separated from a glacier (7)

## Down

- 1 - World's largest lake (7)
- 2 - Contaminated water (8)
- 3 - Small water droplets collected on a cold surface (12)
- 4 - Land bordered by water on three sides (9)
- 7 - Another name for drinking water (7)
- 8 - Water beneath the Earth's surface (6,5)
- 11 - The word 'water' in Italian (4)
- 12 - One of the elements that makes up water (8)
- 14 - Longest African river (4)
- 15 - Water holding formations in the sky (6)
- 19 - When snow melts as it falls it is called... (5)
- 21 - Metric unit of mass (4)

# WORD SEARCH

## FIGURE SKATING

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| P | Q | P | R | E | V | E | L | I | T | N | A | C | G | D |
| M | L | E | G | W | R | A | P | H | R | P | C | V | T | S |
| U | M | I | K | K | A | M | M | U | M | A | H | C | O | N |
| J | Y | G | H | I | U | S | T | N | O | I | O | W | O | I |
| W | U | P | N | J | L | K | T | P | R | R | C | S | F | P |
| O | J | E | Z | I | W | L | E | S | S | S | T | D | H | S |
| H | V | T | S | A | C | N | I | E | K | K | A | K | C | K |
| C | U | V | H | S | S | N | N | A | K | A | W | Y | T | C |
| L | M | O | M | T | A | I | A | O | N | T | T | A | A | A |
| A | M | B | R | B | V | H | N | D | T | I | U | E | C | B |
| S | L | O | A | E | O | H | C | Q | E | N | R | U | S | Y |
| I | K | U | P | G | A | L | J | M | H | G | N | J | T | A |
| E | E | A | X | F | L | Y | I | N | G | S | P | I | N | L |
| R | R | H | N | I | P | S | N | U | G | T | O | H | S | X |
| G | X | R | U | S | S | I | A | N | S | P | L | I | T | N |

CANTILEVER  
CATCH-FOOT  
CHASSE  
CHOCTAW TURN  
DANCING  
FLYING SPIN  
GRAPEVINES

INA BAUER  
KILLIAN  
LAYBACK SPIN  
LEG WRAP  
LUTZ JUMP  
MOHAWK TURN  
OPEN STROKE

PAIR SKATING  
RUSSIAN SPLIT  
SALCHOW JUMP  
SHOTGUN SPIN  
SKATES

2 3 4 5 6 7 8 9 10

### ★ Number-Out

Shade squares so that no number appears in any row or column more than once. Shaded squares may not touch each other horizontally or vertically, and all unshaded squares must form a single continuous area.

|   |   |   |   |   |
|---|---|---|---|---|
| 5 | 3 | 3 | 2 | 4 |
| 1 | 5 | 3 | 5 | 4 |
| 2 | 5 | 3 | 1 | 4 |
| 5 | 1 | 4 | 3 | 2 |
| 3 | 2 | 4 | 4 | 4 |

### OPPOSITE ATTRACTION

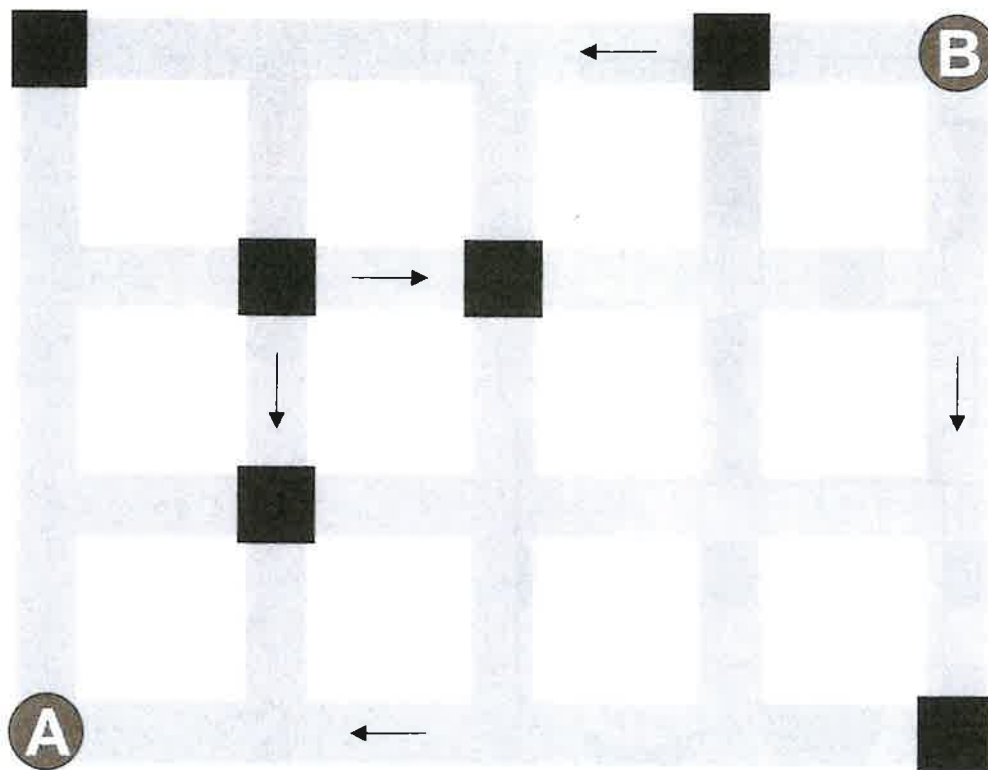
Unscramble the letters in the phrase AD STINTS to form two common words that are opposites of each other. Example: The letters in SLED INFO can be rearranged to spell FIND and LOSE.

\_\_\_\_\_



## ★ One-Way Streets

The diagram represents a pattern of streets. A and B are parking spaces, and the black squares are stores. Find the route that starts at A, passes through all stores exactly once and ends at B. Arrows indicate one-way traffic for that block only. No block or intersection may be entered more than once.



## SOUND THINKING

There are two common uncapitalised five-letter words whose only consonant sound is a single B. BOUGH is one of them. What's the other?

\_\_\_\_\_

# Math Squares

Name: \_\_\_\_\_ Date: \_\_\_\_\_

The rows and columns in these squares are math equations using natural order precedence. Compute the result of each equation in both directions.

|   |   |   |   |  |
|---|---|---|---|--|
| 1 | + | 2 | = |  |
| - |   | + |   |  |
| 3 | × | 4 | = |  |
| = |   | = |   |  |
|   |   |   |   |  |

|   |   |   |   |   |   |  |
|---|---|---|---|---|---|--|
| 1 | - | 4 | + | 6 | = |  |
| × |   | + |   | × |   |  |
| 7 | × | 3 | + | 5 | = |  |
| - |   | × |   | × |   |  |
| 2 | - | 8 | × | 9 | = |  |
| = |   | = |   | = |   |  |
|   |   |   |   |   |   |  |

|    |   |    |   |    |   |    |   |  |
|----|---|----|---|----|---|----|---|--|
| 7  | × | 6  | + | 4  | ÷ | 2  | = |  |
| -  |   | ×  |   | ÷  |   | +  |   |  |
| 10 | × | 13 | ÷ | 1  | × | 3  | = |  |
| ×  |   | +  |   | +  |   | +  |   |  |
| 9  | × | 12 | - | 15 | × | 16 | = |  |
| ×  |   | -  |   | ×  |   | -  |   |  |
| 8  | × | 5  | - | 14 | - | 11 | = |  |
| =  |   | =  |   | =  |   | =  |   |  |
|    |   |    |   |    |   |    |   |  |

|    |   |    |   |    |   |    |   |    |   |  |
|----|---|----|---|----|---|----|---|----|---|--|
| 10 | - | 22 | × | 3  | - | 13 | - | 2  | = |  |
| -  |   | +  |   | +  |   | ×  |   | +  |   |  |
| 21 | - | 18 | + | 11 | - | 20 | + | 24 | = |  |
| ×  |   | ÷  |   | +  |   | +  |   | ÷  |   |  |
| 16 | ÷ | 1  | - | 9  | + | 12 | - | 8  | = |  |
| -  |   | ×  |   | ×  |   | +  |   | -  |   |  |
| 23 | + | 4  | × | 15 | ÷ | 5  | × | 14 | = |  |
| -  |   | +  |   | +  |   | ×  |   | -  |   |  |
| 25 | × | 19 | - | 17 | + | 7  | + | 6  | = |  |
| =  |   | =  |   | =  |   | =  |   | =  |   |  |
|    |   |    |   |    |   |    |   |    |   |  |

# Math Squares

## ANSWER KEY

The rows and columns in these squares are math equations using natural order precedence. Compute the result of each equation in both directions.

|    |   |   |   |    |
|----|---|---|---|----|
| 1  | + | 2 | = | 3  |
| -  |   | + |   |    |
| 3  | x | 4 | = | 12 |
| =  |   | = |   |    |
| -2 |   | 6 |   |    |

|   |   |    |   |     |   |     |
|---|---|----|---|-----|---|-----|
| 1 | - | 4  | + | 6   | = | 3   |
| x |   | +  |   | x   |   |     |
| 7 | x | 3  | + | 5   | = | 26  |
| - |   | x  |   | x   |   |     |
| 2 | - | 8  | x | 9   | = | -70 |
| = |   | =  |   | =   |   |     |
| 5 |   | 28 |   | 270 |   |     |

|      |   |    |   |     |   |    |   |      |
|------|---|----|---|-----|---|----|---|------|
| 7    | x | 6  | + | 4   | ÷ | 2  | = | 44   |
| -    |   | x  |   | ÷   |   | +  |   |      |
| 10   | x | 13 | ÷ | 1   | x | 3  | = | 390  |
| x    |   | +  |   | +   |   | +  |   |      |
| 9    | x | 12 | - | 15  | x | 16 | = | -132 |
| x    |   | -  |   | x   |   | -  |   |      |
| 8    | x | 5  | - | 14  | - | 11 | = | 15   |
| =    |   | =  |   | =   |   | =  |   |      |
| -7/3 |   | 85 |   | 2/4 |   | 10 |   |      |

|      |   |     |   |     |   |     |   |     |   |     |
|------|---|-----|---|-----|---|-----|---|-----|---|-----|
| 10   | - | 22  | x | 3   | - | 13  | - | 2   | = | -71 |
| -    |   | +   |   | +   |   | x   |   | +   |   |     |
| 21   | - | 18  | + | 11  | - | 20  | + | 24  | = | 18  |
| x    |   | ÷   |   | +   |   | +   |   | ÷   |   |     |
| 16   | ÷ | 1   | - | 9   | + | 12  | - | 8   | = | 11  |
| -    |   | x   |   | x   |   | +   |   | -   |   |     |
| 23   | + | 4   | x | 15  | ÷ | 5   | x | 14  | = | 191 |
| -    |   | +   |   | +   |   | x   |   | -   |   |     |
| 25   | x | 19  | - | 17  | + | 7   | + | 6   | = | 471 |
| =    |   | =   |   | =   |   | =   |   | =   |   |     |
| -374 |   | 113 |   | 166 |   | 307 |   | -15 |   |     |

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 |   |   | 4 | 1 | 2 |   |   |   |
|   |   |   |   | 9 |   |   | 2 |   |
|   | 7 | 4 |   |   |   | 5 |   |   |
| 8 |   | 1 |   |   |   |   | 9 |   |
| 7 | 3 |   |   |   |   |   | 5 | 4 |
|   | 2 |   |   |   |   | 8 |   | 3 |
|   |   | 7 |   |   |   | 2 | 4 |   |
|   | 6 |   |   | 8 |   |   |   |   |
|   |   |   | 7 | 6 | 4 |   |   | 1 |

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n° 211138 - Level Medium

|   |  |   |   |   |   |   |  |   |
|---|--|---|---|---|---|---|--|---|
| 5 |  |   |   |   |   |   |  | 8 |
| 3 |  |   |   | 1 | 2 |   |  |   |
|   |  | 7 |   |   |   | 1 |  |   |
|   |  | 4 |   | 6 | 1 |   |  | 5 |
| 1 |  | 8 | 5 | 2 | 9 | 7 |  | 6 |
| 7 |  |   | 3 | 4 |   | 9 |  |   |
|   |  | 5 |   |   |   | 4 |  |   |
|   |  |   | 6 | 8 |   |   |  | 9 |
| 8 |  |   |   |   |   |   |  | 2 |

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n° 21173 - Level Medium

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 8 | 4 |   |   |   | 2 |   | 9 |
|   |   |   | 4 |   | 8 |   |   | 3 |
|   |   |   |   | 9 |   | 4 | 8 |   |
|   |   | 8 |   | 5 |   | 1 | 6 | 7 |
|   | 6 |   |   |   |   |   | 9 |   |
| 9 | 2 | 5 |   | 1 |   | 3 |   |   |
|   | 1 | 6 |   | 7 |   |   |   |   |
| 3 |   |   | 2 |   | 5 |   |   |   |
| 8 |   | 2 |   |   |   | 6 | 3 |   |

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|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 7 |   | 3 |   | 8 |   |   | 4 |
| 8 | 4 |   |   |   |   |   | 3 |   |
|   | 1 | 2 |   |   | 9 | 8 |   |   |
|   |   |   |   | 6 |   |   | 4 |   |
|   |   | 4 | 7 |   | 5 | 1 |   |   |
|   | 8 |   |   | 1 |   |   |   |   |
|   |   | 5 | 2 |   |   | 3 | 6 |   |
|   | 3 |   |   |   |   |   | 2 | 1 |
| 4 |   |   | 1 |   | 6 |   | 5 |   |

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## Solutions :

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 | 9 | 8 | 4 | 1 | 2 | 3 | 6 | 7 |
| 6 | 1 | 3 | 5 | 9 | 7 | 4 | 2 | 8 |
| 2 | 7 | 4 | 6 | 3 | 8 | 5 | 1 | 9 |
| 8 | 4 | 1 | 3 | 7 | 5 | 6 | 9 | 2 |
| 7 | 3 | 6 | 8 | 2 | 9 | 1 | 5 | 4 |
| 9 | 2 | 5 | 1 | 4 | 6 | 8 | 7 | 3 |
| 1 | 8 | 7 | 9 | 5 | 3 | 2 | 4 | 6 |
| 4 | 6 | 9 | 2 | 8 | 1 | 7 | 3 | 5 |
| 3 | 5 | 2 | 7 | 6 | 4 | 9 | 8 | 1 |

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|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 | 4 | 1 | 9 | 3 | 7 | 2 | 6 | 8 |
| 3 | 6 | 9 | 8 | 1 | 2 | 5 | 7 | 4 |
| 2 | 8 | 7 | 4 | 5 | 6 | 1 | 9 | 3 |
| 9 | 2 | 4 | 7 | 6 | 1 | 8 | 3 | 5 |
| 1 | 3 | 8 | 5 | 2 | 9 | 7 | 4 | 6 |
| 7 | 5 | 6 | 3 | 4 | 8 | 9 | 2 | 1 |
| 6 | 1 | 5 | 2 | 9 | 3 | 4 | 8 | 7 |
| 4 | 7 | 2 | 6 | 8 | 5 | 3 | 1 | 9 |
| 8 | 9 | 3 | 1 | 7 | 4 | 6 | 5 | 2 |

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|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 7 | 8 | 4 | 5 | 3 | 6 | 2 | 1 | 9 |
| 6 | 9 | 1 | 4 | 2 | 8 | 7 | 5 | 3 |
| 2 | 5 | 3 | 7 | 9 | 1 | 4 | 8 | 6 |
| 4 | 3 | 8 | 9 | 5 | 2 | 1 | 6 | 7 |
| 1 | 6 | 7 | 3 | 8 | 4 | 5 | 9 | 2 |
| 9 | 2 | 5 | 6 | 1 | 7 | 3 | 4 | 8 |
| 5 | 1 | 6 | 8 | 7 | 3 | 9 | 2 | 4 |
| 3 | 4 | 9 | 2 | 6 | 5 | 8 | 7 | 1 |
| 8 | 7 | 2 | 1 | 4 | 9 | 6 | 3 | 5 |

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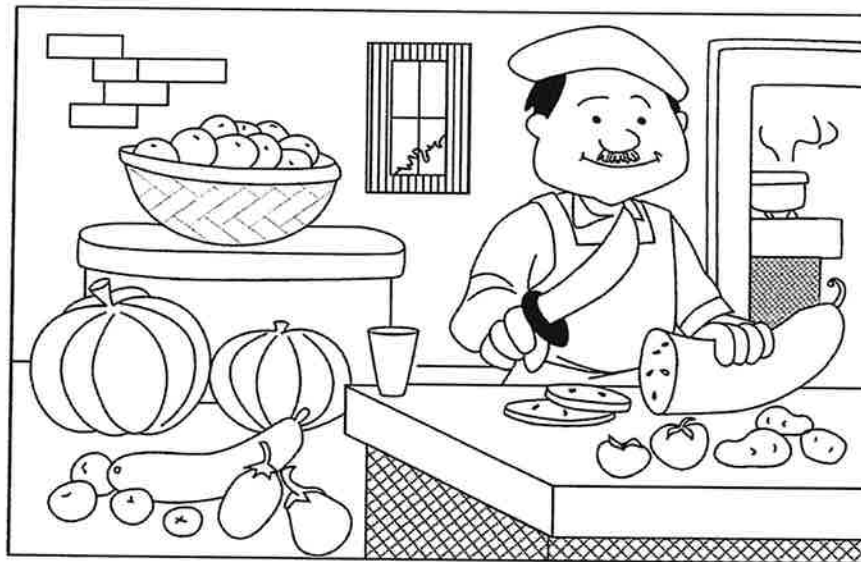
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|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 | 7 | 9 | 3 | 2 | 8 | 6 | 1 | 4 |
| 8 | 4 | 6 | 5 | 7 | 1 | 2 | 3 | 9 |
| 3 | 1 | 2 | 6 | 4 | 9 | 8 | 7 | 5 |
| 9 | 5 | 1 | 8 | 6 | 3 | 7 | 4 | 2 |
| 2 | 6 | 4 | 7 | 9 | 5 | 1 | 8 | 3 |
| 7 | 8 | 3 | 4 | 1 | 2 | 5 | 9 | 6 |
| 1 | 9 | 5 | 2 | 8 | 4 | 3 | 6 | 7 |
| 6 | 3 | 8 | 9 | 5 | 7 | 4 | 2 | 1 |
| 4 | 2 | 7 | 1 | 3 | 6 | 9 | 5 | 8 |

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A small gesture for the environment: save paper by finding solutions online or on your mobile.



**CAN YOU FIND THE 7 DIFFERENCES IN THE PICTURES?**

## **True or False**

1. Cyclones spin in a clockwise direction in the southern hemisphere?
2. Dolly Parton is the godmother of Miley Cyrus
3. Roger Federer has won the most Wimbledon titles of any player
4. An octopus has five hearts?
5. Brazil is the only country in the Americas to have the official language of Portuguese?
6. Olivia Newton-John represented the UK in the Eurovision Song Contest in 1974, the year ABBA won with "Waterloo"?

# PUZZLE PAGE

Did You Know?

The average person falls asleep in 7 minutes



**SITTING  
WORLD**

What is this secret saying trying to say?

Who Owns These Number Plates?

**SK11NT**

**NOT2B**



## Four Fit

Four out of the five words listed can be put into the table so that the same 4 words can be read across and down. There is 1 word that won't fit. Can you work out which it is?

1. NONE
2. LEAN
3. ERGO
4. AGES
5. AGON

|  |  |  |  |
|--|--|--|--|
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

How many faces and animals can you see in this picture?



## **Answers:**

**Secret Saying** – Sitting on top of the world

**Number Plates** –

Skint and a Not to be

**Four Fit** – Left over word - BOAT

|   |   |   |   |
|---|---|---|---|
| L | E | A | N |
| E | R | G | O |
| A | G | O | N |
| N | O | N | E |

### **True or False**

1. True
2. True – Dolly is good friends with Miley's father Billy Ray Cyrus
3. False – he has won 8 and Martina Navratilova has won 9
4. False- they have 3 hearts
5. True
6. True

