



EDGARLEY ASSISTED LIVING

Specialising in complete quality aged care and independent living.

NEWSLETTER

August 2025



73 Jackson Street , Casterton Vic 3311

Phone: 03 55 811211, Fax: 03 55 812050

www.edgarley.com.au

HAPPY BIRTHDAY

In **August**, we celebrate birthdays with:

Gill B - 8th Aug

Daphney F - 8th Aug

Marline B - 11th Aug

Harry C - 20th Aug

Rodney W - 26th Aug Evelyn I - 31st Aug



Leo (July 22 -August 21)

Lovable Leos are famously known for their exuberance, loyalty and self-confidence.

Virgo (Aug 22 – Sep 22)

Virgos are logical, practical, and systematic in their approach to life. They are perfectionists at heart.

HAPPY BIRTHDAY TO -

Tony Bennett – Singer – 3rd of August, 1926

Dustin Hoffman, Actor, 8th August 1937

Melanie Griffith, Actor, 9th August, 1957

Magic Johnson, Basketball 14th August, 1959

Madonna, singer, 16th August, 1958

Robert De Niro, Actor, 17th August, 1943

Patrick Swayze, Actor, 18th August 1952

Bill Clinton, 42nd President, 19th August 1946

Sean Connery, Actor, 25th August, 1930

Michael Jackson, Singer, 29th August, 1958

Product Birthday Spotlight: **Internal Combustion Engine**

Proving that fuel could be ignited without a spark, French inventor Rudolf Diesel was granted a patent on August 9, 1898, for the internal combustion engine, also known as the Diesel engine.



LADIES AUXILIARY

We are a very small band of volunteers that work towards supplying equipment to Edgarley or help with assistance to the residents in many forms. We would really like to get some new members to help us in this endeavour.

We hold monthly meetings on the first Monday of the month in the

Alma Vickery function room Edgarley at 2 pm. If you feel you can't commit to this maybe you could help us out on an adhoc basis with some of our fundraisers. You don't have to have a connection to Edgarley to join our group. We look forward to any enquiries you may have. Please contact Lois Lowe for a membership form on 0439 812 468.

Membership is \$5 for the 12 months.

FOOD REGISTER BOOK

Any fresh food brought into our facility for the residents will need to be entered into the register accordingly. The books can be found to the right of the Glenelg door

Thank you for your co-operation

Residents meeting

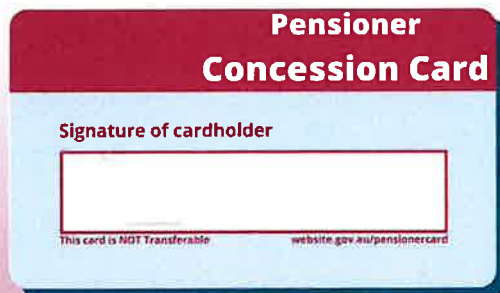
Alma Vickery Room - Wednesday 6th August 1.30.

We wish to invite family members to these meetings which will be held on the first Wednesday of each month.

Judy Smith is the resident/family representative on the Medication Advisory Committee.

If any resident or family member has any questions or issues regarding their medication management at Edgarley (this does not include pharmacy accounts, they are to be taken up directly with the Pharmacy) Please contact Judy on 0429 192 841 and she will bring those question/issues to the meeting.





A reminder to all NOK.

If a resident receives an updated Medicare or Pension card, we will need a copy for our records.

Thank you

"Volunteers are not paid -- not because they are worthless, but because they are priceless."

LEISURE AND LIFESTYLE VOLUNTEERS WANTED

Being a volunteer in Edgarley can offer companionship, and help with recreational activities. Volunteers can also provide emotional support, social engagement, and help to enhance the overall quality of life for residents. By offering their time and skills, volunteers can make a significant difference in the lives of the elderly and contribute to a positive community.

Residents appointments

If a resident schedules an appointment on their own, they are responsible for arranging their own transportation. However, if they would like staff to provide transportation, the facility will handle the arrangements.

Resident Shopping Day

The bus will be available each Monday from
1pm—4pm

Any residents who require to do any sort of errands in town, please let the Leisure and Lifestyles team know if you would like to be involved.

Shopping Trolley

The Leisure & Lifestyle Trolley
will be in all areas every Thursday

Items for purchase include (not limited to) lollies, chips, chocolates, biscuits, and cough lozenges.



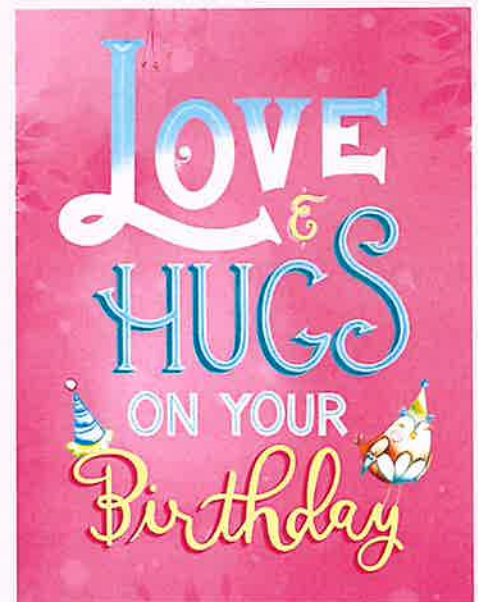


Congratulations to Bill for turning 92 this year! When Bill heard how old he is he was so shocked he said words we can't repeat here! LOL





Beverley's Beautiful
Birthday Cake



PHYSIO



GROUP EXERCISE CLASS

WITH SANKAR

(Time—10 am - 10.30 am)

Monday & Wednesday - Downstairs

Tuesday & Thursday - Upstairs





Pat enjoying a
visit from our
Pet therapy
Cat



International Cat Day is celebrated every year on **August 8**.
The date remains the same each year, giving people a consistent
opportunity to plan events, share resources, or simply spend quality
time with the cats in their lives.
Our September Newsletter will feature our loved cats at Edgarley.

international
CAT DAY
2025



CRAFTS

Thanks to Alysha and Sue who let our crafty residents' inner artists shine with their clever bubblewrap flower art. Everyone was especially impressed with Ron's potted, painted masterpiece!





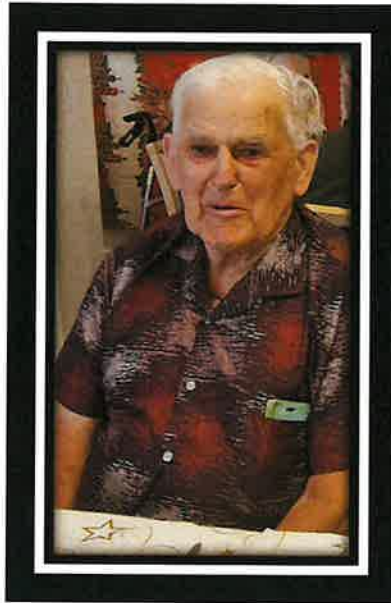
Ron's Masterpiece



“
There are friends,
there is family, and
then there are friends
that become family.
UNKNOWN

Get to know your Neighbour

John Zippel



In what town did you live in? I was born in Horsham and grew up on a farm in East Wonwondah which is approximately 15 k's south of Horsham.

What did you do when you left school? My first Job was working at the State Saving bank for 3 years.

What was your main occupation? I have had four jobs in my life my first being at the State Saving bank for 3 years, Repco for 3 years, Shared farm for 10 years and lastly with the SSE for 28 years in Casterton.

What are or have been your favourite past times? Riding horses, I began at age four and rode up until I was 75 years old. I have particular fond memories of riding my 15 hands Chestnut stock horse.

What is the most exciting thing that happened in your life? Getting married.

Who is your hero or the person you most admire? Many of my friends who I share incredible memories with from over the years, unfortunately most have now passed away.

What do you think is the most important thing in life? Get a good job that you are content with.

What words of wisdom can you share with other readers? I would recommend the younger generation take advantage of work experience opportunities when they are in school, to discover what type of work they enjoy doing.

Get to know Edgarley Staff

Aishwarya (Aish)



In what town were you born in? I was born in Rajbiraj, Saptari, Nepal.

What did you do when you left school? After finishing school, I chose to study for a Bachelor of Business Administration.

In which place did you live most of your life? I have spent most of my life in Nepal with my family and husband, surrounded by their love and support.

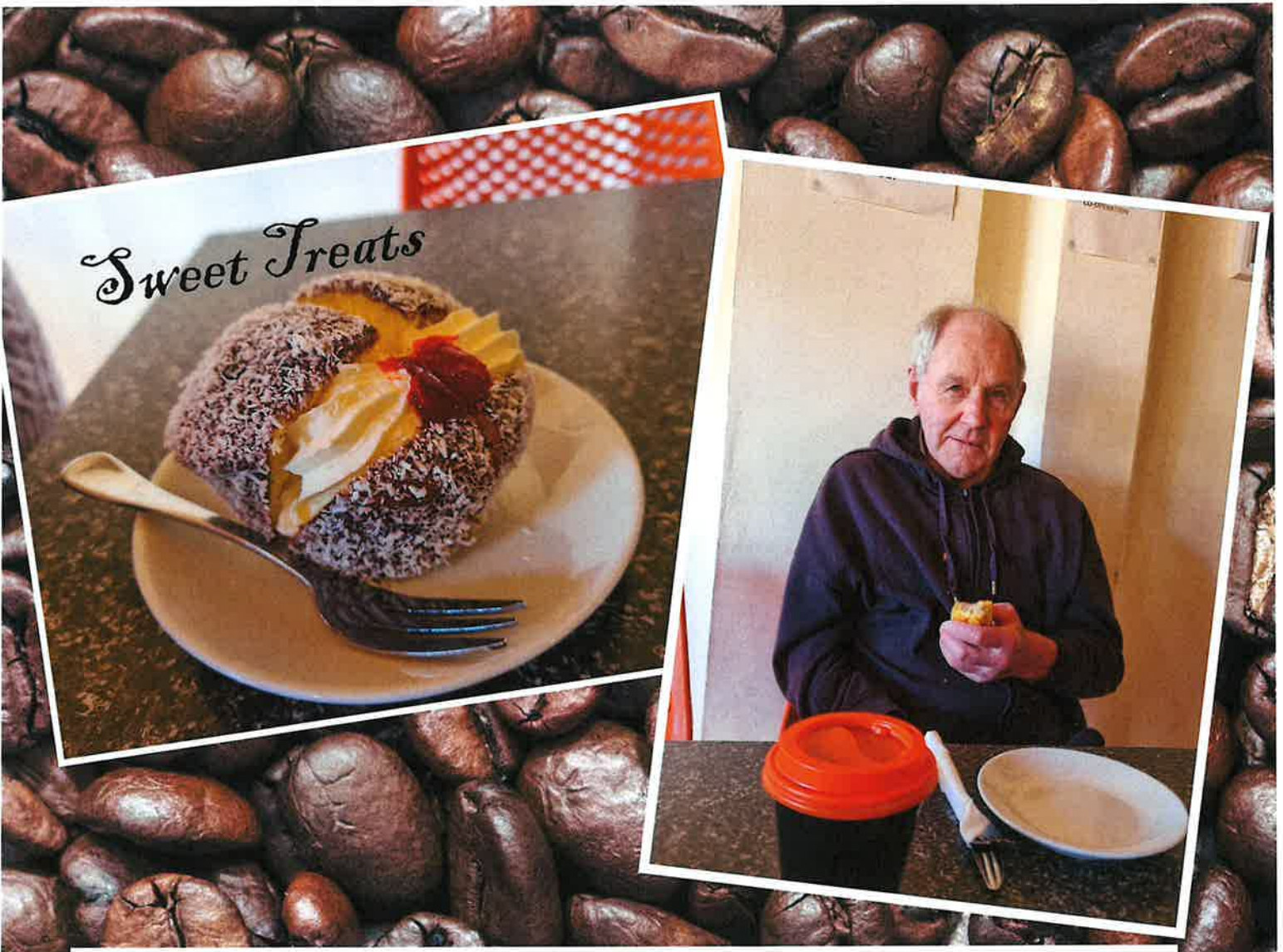
What is your job role at Edgarley? I work at Edgarley as a Personal Care Worker. My role involves assisting elderly residents with their personal hygiene, daily routines and emotional well-being.

What do you like best about your job? What I love most about my job is being able to care for others and provide emotional support when they need it most. It's fulfilling to make a positive difference in someone's day.

Residents enjoyed Morning Tea at the
Central Café

Dave couldn't wait to eat his muffin!





T A B L E G A M E S

R.C.L



FIND 10



July Winners List

Dice Games/RCL

Ann P
Eddie
John Z x2
Fay M
Peter G x2

Dominoes

Jill
Des
Fay M
Carol

Liars Dice

Jill x2
Alice
Peter G

Cover the numbers

Alice
Des
John H
Fay M

Sports games

Fay M
John H
Peter
Des
Ron
Alice

Hangman

John Z
Fay M
Alice
Des

Find 10/Pairs

Ron
Peter G
Alice
Fay M

Bingo/Hoy

John H x2
Alice B
Ron
Rebecca
Fay M

UNO

Ron
Jill X2
Carol
Fay M
John H



Today Residents brought out their creative side
by designing and making wonderful wreaths.
Each piece unique.







Jenga®

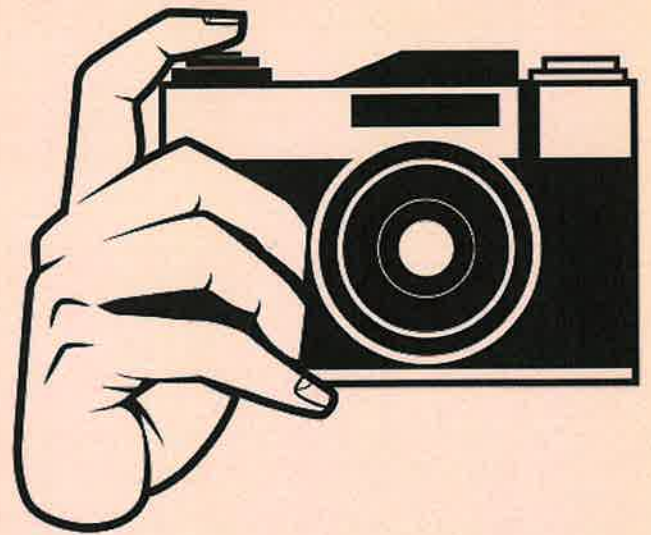






John pictured with his Camera prior to taking awesome photo captures at the Bottom Pub while out to lunch with friends



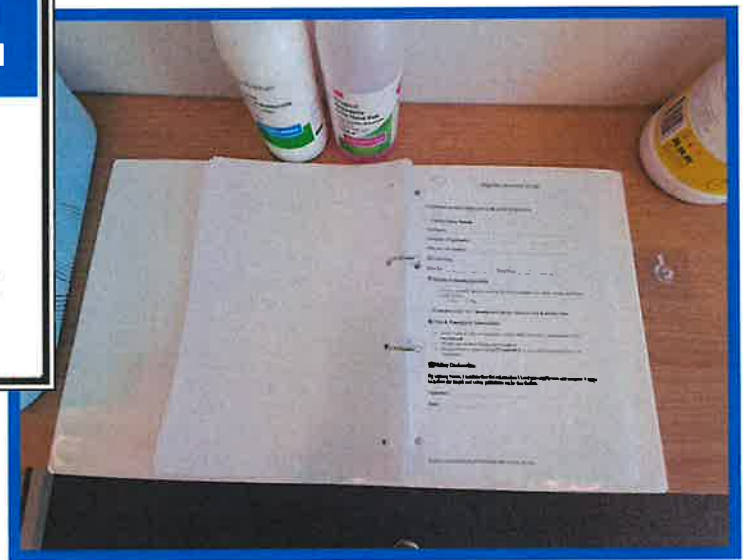
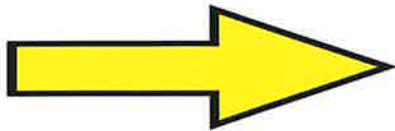


Visitor Information

Edgarley now have a new visitor sign in book. Please fill out required information, on page provided in white folder, available in the Edgarley Foyer. Please remember to sign out on the same page you fill out. If you require assistance filling out this page, please ask a staff member for guidance.

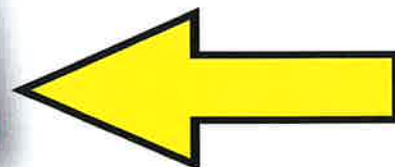
NOTICE

**ALL
VISITORS
MUST
SIGN IN**



You are still required to wear a Visitor-Pass also available in the Edgarley Foyer.

**Thank you for your
Co-operation**





EDGARLEY ASSISTED LIVING

INVITES YOU TO THE.....

Edgarley History Book Launch

When: Friday 15th August 2025

Where: Edgarley Assisted Living

In the Alma Vickery Room

Time: 1:45 pm for 2.00 pm Start

Meet the Author

Books available for purchase with
all proceeds from Book sales
going to Leisure & Lifestyle



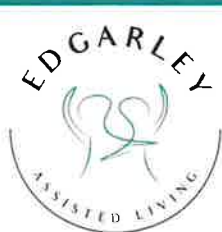
Afternoon Tea Provided

For Catering Purposes Please

RSVP to Edgarley Reception on

03 5581 1211

By the 11th August



All Welcome

HALL STORIES

Damian Callinan

MEET & GREET SESSION

Come & meet Damian at a special pre-show event ahead of his Hall Stories show on Wednesday, August 6th. He'd love to hear your stories to assist him in tailoring the performance & podcast, that will tell the story of our beautiful hall. Join him for a cuppa, natter & light supper.

WHAT TO BRING

- ***Stories - true, tall or a bit of both***
- ***Memories***
- ***Surprising facts***
- ***Photos***
- ***News Clippings***
- ***Archival materials***
- ***Signature hall supper recipes***

Casterton Town Hall

Monday, August 4th - 6-8pm



*"..... that perfect performance
combo of hilarity and community"*
Xavier Dannock, Lighthouse Theatre,
Warrnambool

DAMIAN CALLINAN'S

HALL STORIES: CASTERTON

A night of comedy &
storytelling celebrating the
quirks, traditions and
characters of Australian
halls and meeting places,
with the creator of The
Merger & Double Feature

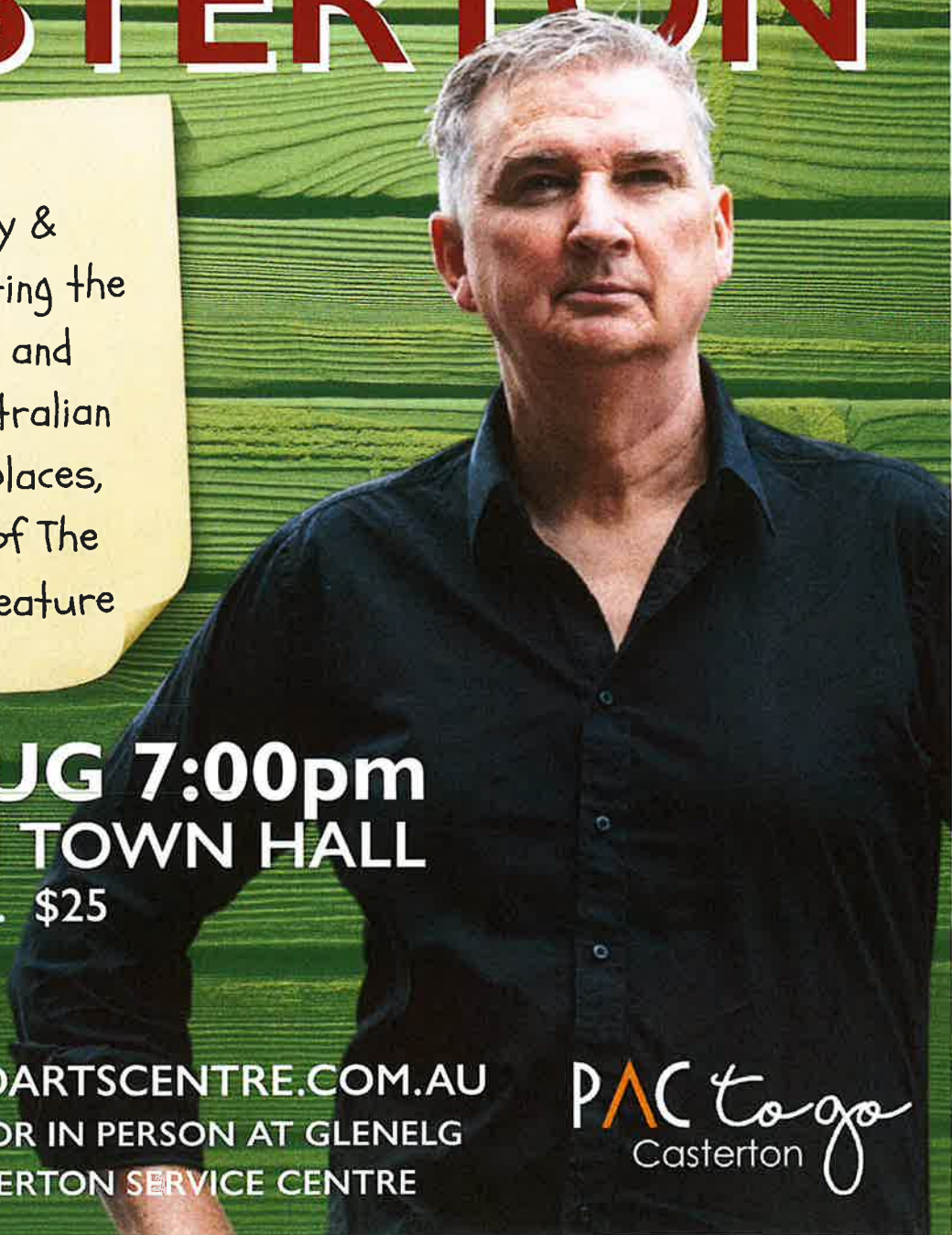
WED 6 AUG 7:00pm
CASTERTON TOWN HALL
FULL \$35 CON. \$25

BOOK NOW!



PORTLANDARTSCENTRE.COM.AU
03 5522 2263 OR IN PERSON AT GLENELG
SHIRE'S CASTERTON SERVICE CENTRE

PAC to go
Casterton



August 2025

	Date	Activity
1.	Friday	Lower Floor: Find-10s 10.30 AM Upper Floor: RCL 1.30 PM
2.	Saturday	NDIS MORNING Lower Floor: Liar's Dice 1.00 PM
3.	Sunday	Lower Floor: Dominoes 10.30 AM Upper Floor: Dice 1.30 PM
4.	Monday	Beckett Room L&L Meeting 10.00 AM Lower Floor: Bingo 10.30 AM Upper Floor: Quoits 1.30 PM All Areas: Shopping Run 1.00 PM
5.	Tuesday	Lower Floor: Anagrams 10.30 AM Upper Floor: Golf 1.30 PM
6.	Wednesday	Lower Floor: Jenga 10.30 AM Alma Vickery Room: Resident's Meeting 1.30 PM followed Activity
7.	Thursday	Lower Floor: Hoy 10.30 AM Upper Floor: Craft 1.30 PM
8.	Friday	Lower Floor: Hangman 10.30 AM Upper Floor: Battleships 1.30 PM
9.	Saturday	NDIS Morning Lower Floor: Dice 1.00 PM Upper Floor: Country Bus Run 2.30 PM
10.	Sunday	Rest Day
11.	Monday	Lower Floor: Word Bingo 10.30 AM Upper Floor: Cover the Numbers 1.30 PM All Areas: Shopping Run 1.00 PM
12.	Tuesday	Lower Floor: Pairs 10.30 AM Upper Floor: Craft 1.30 PM
13.	Wednesday	Lower Floor: RCL 10.30 AM K.F.C. MT Gambier 11.30 AM
14.	Thursday	All Areas: Morning Tea Bus Trip 10.30 AM Upper Floor: Liar's Dice 1.30 PM
15.	Friday	Lower Floor: UNO 10.30 AM Alma Vickery Room: Bowls 1.30 PM
16.	Saturday	NDIS Morning Lower Floor: Find-10s 2.00 PM
17.	Sunday	Lower Floor: Dominoes 10.30 AM Upper Floor: RCL 1.30 PM

August 2025

18.	Monday	Upper Floor: Sing-a-Long with Judy 10.30 AM Lower Floor: Bean-Bag Toss 1.30 PM All Areas: Shopping Run 1.00 PM
19.	Tuesday	Lower Floor: Pairs 10.30 AM Upper Floor: Cover the Numbers 1.30 PM
20.	Wednesday	Lower Floor: UNO Flip 10.30 AM Upper Floor: Ladies Pampering Day 1.30 PM
21.	Thursday	All Areas: Cavendish Luncheon 11.00 AM Lower Floor: Craft 1.30 PM
22.	Friday	Lower Floor: Hangman 10.30 AM Upper Floor: Battleships 1.30 PM
23.	Saturday	NDIS Morning Lower Floor: Dice 1.00 PM Upper Floor: Country Bus Run 2.30 PM
24.	Sunday	Rest Day
25.	Monday	Lower Floor: Bingo 10.30 AM Upper Floor: Quoits 1.30 PM All Areas: Shopping Run 1.00 PM
26.	Tuesday	Lower Floor: Hoy 10.30 AM Upper Floor: Bean-Bag Toss 1.30 PM
27.	Wednesday	Lower Floor: Sing-a-Long with Dave 10.30 AM Upper Floor: Dice 1.30 PM
28.	Thursday	Lower Floor: Upper Floor: Craft 10.30 AM Alma Vickery Room: Bowls 1.30 PM
29.	Friday	Lower Floor: RCL 10.30 AM Alma Vickery Room: BBQ Day 12.00 PM
30.	Saturday	NDIS Morning Lower Floor: Dominoes 2.00 PM
31.	Sunday	Lower Floor: UNO 10.30 AM Upper Floor: Dice 1.30 PM

In Australia, August is a month with significant dates like National Aboriginal and Torres Strait Islander Children's Day (August 4th) and International Day of the World's Indigenous Peoples (August 9th). Other notable events include Loneliness Awareness Week (until August 11th), International Youth Day (August 12th), and Wear it Purple Day (August 29th).



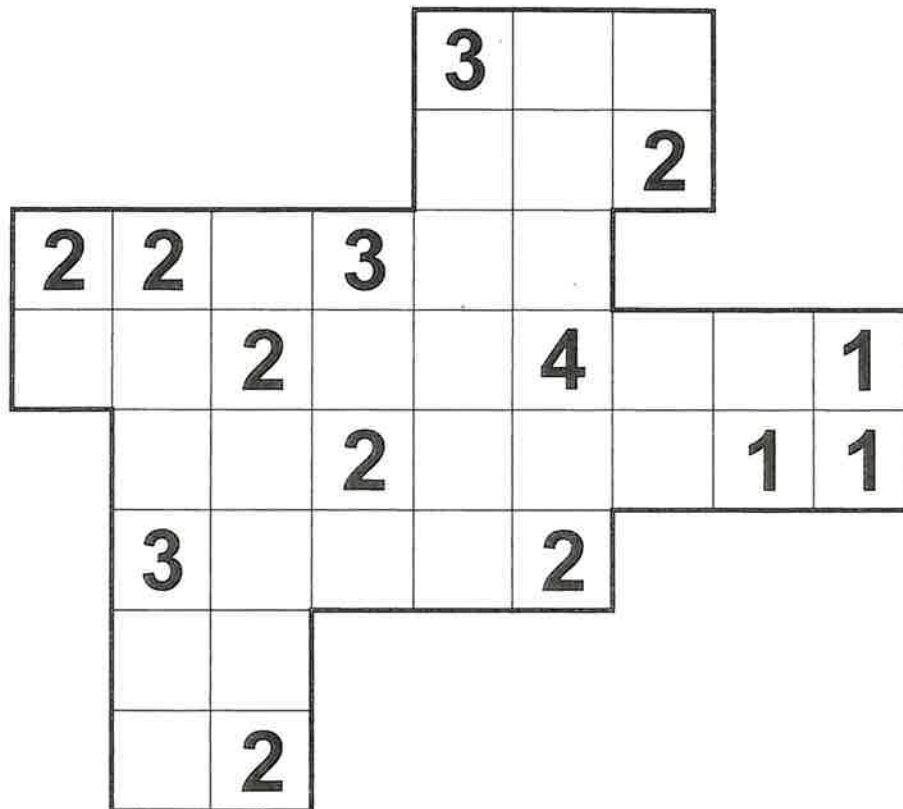
August Puzzles





★ Star Search

Find the stars that are hidden in some of the blank squares. The numbered squares indicate how many stars are hidden in the squares adjacent to them (including diagonally). There is never more than one star in any square.



TELEPHONE TRIOS

1	ABC 2	DEF 3
GHI 4	JKL 5	MNO 6
PRS 7	TUV 8	WXY 9
*	0	#

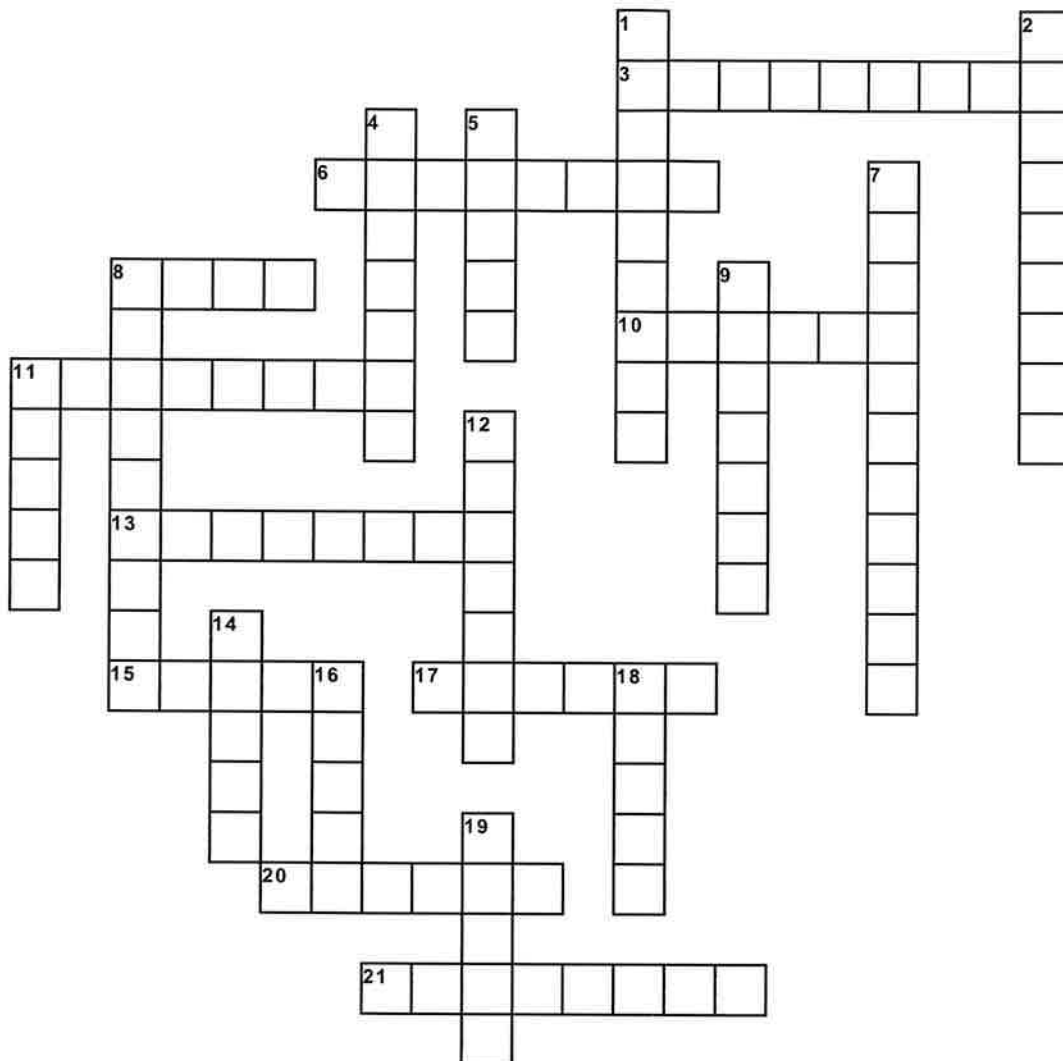
Using the numbers and letters on a standard telephone, what three seven-letter words or phrases from the same category can be formed from these telephone numbers?

224-9493

878-6738

944-7853

Fun Crossword #7



Across

- 3 - A long shape with 4 sides (9)
- 6 - A shape with 3 sides (8)
- 8 - Midday (4)
- 10 - The most northern state of the USA (6)
- 11 - Hair that grows on the face of a cat (8)
- 13 - The capital of Brazil (8)
- 15 - Circular (5)
- 17 - A jungle animal that lives in trees (6)
- 20 - A protective hat worn by cyclists (6)
- 21 - A large steep hill (8)

Down

- 1 - Very bright and radiant (9)
- 2 - Investigates and solves crimes (9)
- 4 - A pledge to do something (7)
- 5 - A narrow boat with pointed ends (5)
- 7 - Vanished (11)
- 8 - Someone who lives nextdoor (9)
- 9 - Root vegetable that contains cyanide (7)
- 11 - Largest animal in the world (5)
- 12 - Liquid soap for washing hair (7)
- 14 - The rhythmical throbbing of arteries (5)
- 16 - Move in time to music (5)
- 18 - The opposite of full (5)
- 19 - The second closest planet to our sun (5)

WORD SEARCH

ALTERNATIVE TREATMENTS

A	N	T	H	R	O	P	O	S	O	P	H	Y	D	S
E	N	I	C	I	D	E	M	E	S	E	N	I	H	C
P	Y	Y	P	A	R	E	H	T	O	L	O	R	P	H
T	H	A	L	A	S	S	O	T	H	E	R	A	P	Y
H	T	N	I	M	W	C	A	H	G	X	R	H	E	P
E	A	G	O	V	Y	O	P	V	Y	O	W	R	L	N
L	P	N	T	I	Y	O	M	H	M	U	U	Y	H	O
L	O	I	E	I	T	B	T	A	A	S	E	A	C	B
E	E	T	N	X	P	A	T	H	S	N	V	J	R	I
R	T	S	X	D	P	H	T	E	E	S	I	L	G	R
W	S	A	R	O	E	S	R	I	I	R	A	U	T	T
O	O	F	E	R	A	P	W	K	D	X	A	G	T	H
R	M	M	A	Z	U	R	I	B	L	E	J	P	E	I
K	O	P	H	C	Z	E	F	C	D	Z	M	N	Y	N
H	Y	B	A	S	R	Z	Y	R	N	L	H	G	X	G

ACUPRESSURE
ANTHROPOLOGY
AROMATHERAPY
CHINESE MEDICINE
FASTING
HELLERWORK

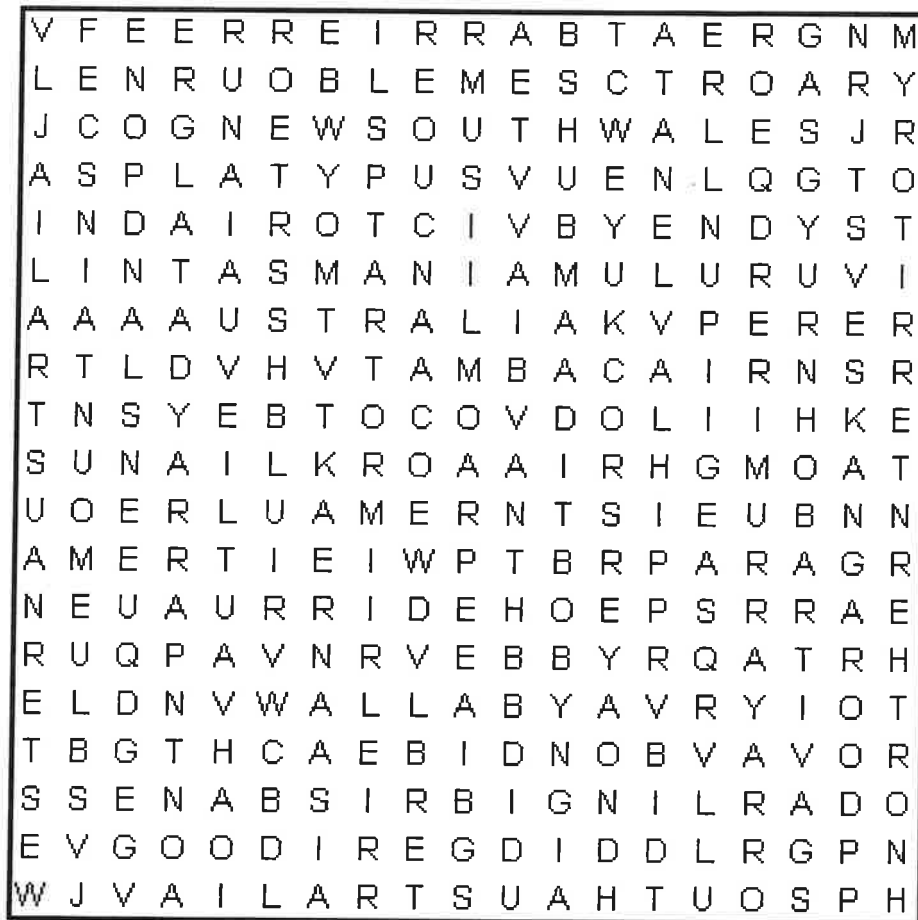
HOMEOPATHY
HYPNOBIRTHING
MASSAGE
MEDITATION
MYOTHERAPY
OSTEOPATHY

PROLOTHETAPY
REIKI
TAO YIN
THALASSOTHERAPY
TUI NA

Australia

Can you find the hidden words?

They may be horizontal,
vertical, diagonal, forwards or backwards



ABORIGINE, ADELAIDE, AUSTRALIA, AYERS ROCK,
BLUE MOUNTAINS, BONDI BEACH, BOOMERANG, BRISBANE,
CAIRNS, CANBERRA, DARLING, DARWIN, DIDGERIDOO,
GREAT BARRIER REEF, HOBART, KANGAROO, KOALA BEAR,
MELBOURNE, MURRAY, NEW SOUTH WALES,
NORTHERN TERRITORY, PERTH, PLATYPUS, QUEENSLAND,
SOUTH AUSTRALIA, SYDNEY, TASMANIA, ULURU, VICTORIA,
WALLABY, YARRA, WESTERN AUSTRALIA.

PUZZLE PAGE

Did You Know?

The average person falls asleep in 7 minutes



**SITTING
WORLD**

What is this secret saying trying to say?

Who Owns These Number Plates?

SK11NT

NOT2B



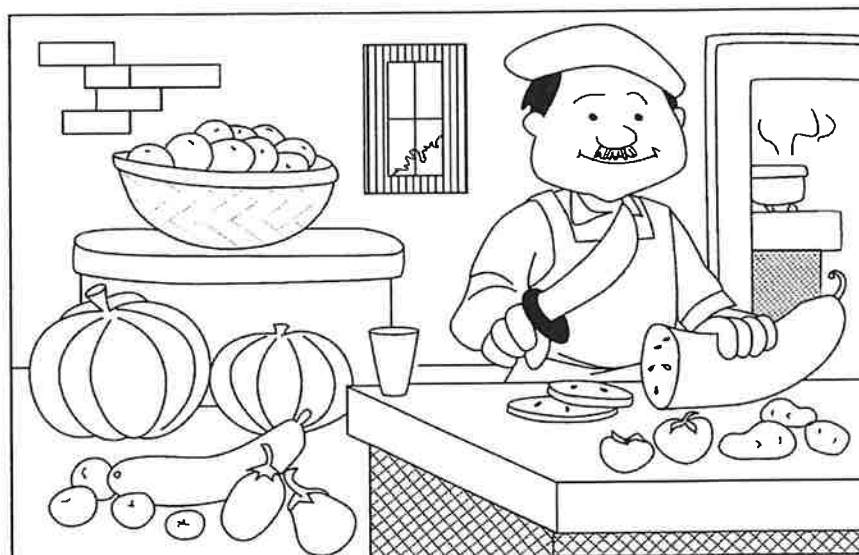
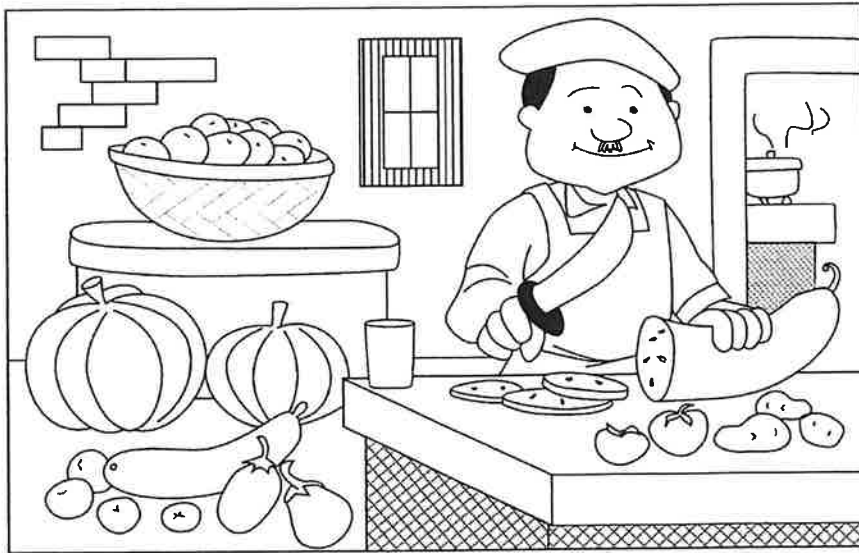
Four Fit

Four out of the five words listed can be put into the table so that the same 4 words can be read across and down. There is 1 word that won't fit. Can you work out which it is?

1. NONE
2. LEAN
3. ERGO
4. AGES
5. AGON

How many faces and animals can you see in this picture?





CAN YOU FIND THE 7 DIFFERENCES IN THE PICTURES?

True or False

1. Cyclones spin in a clockwise direction in the southern hemisphere?
2. Dolly Parton is the godmother of Miley Cyrus
3. Roger Federer has won the most Wimbledon titles of any player
4. An octopus has five hearts?
5. Brazil is the only country in the Americas to have the official language of Portuguese?
6. Olivia Newton-John represented the UK in the Eurovision Song Contest in 1974, the year ABBA won with "Waterloo"?

Answers:

Secret Saying – Sitting on top of the world

Number Plates –

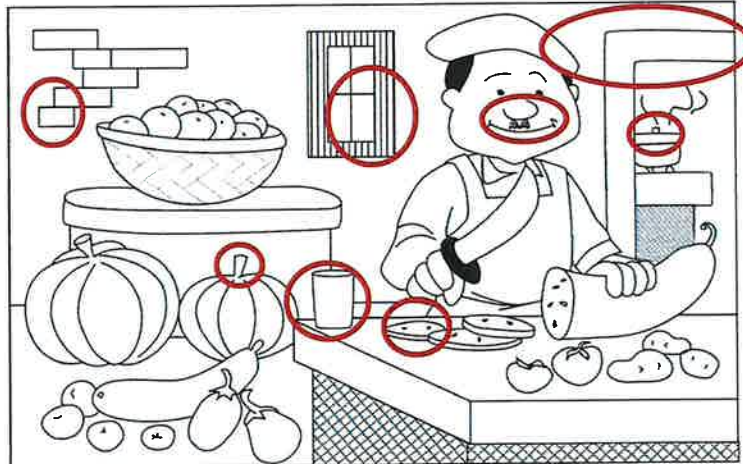
Skint and a Not to be

Four Fit – Left over word - BOAT

L	E	A	N
E	R	G	O
A	G	O	N
N	O	N	E

True or False

1. True
2. True – Dolly is good friends with Miley's father Billy Ray Cyrus
3. False – he has won 8 and Martina Navratilova has won 9
4. False- they have 3 hearts
5. True
6. True



4				2				
8					7	1		4
		1	9	8				3
	7		2					1
		3				2		
2					9		8	
6				7	1	4		
1		5	3					2
				5				9

1sudoku.com

n° 214921 - Level Medium

	5			1	4		3	
					7	5		
4		6		3	9	8		
						7	4	
	4		3	7	6		8	
	7	3						
		1	9	4		3		2
		4	2					
	3		7	8			5	

1sudoku.com

n° 229577 - Level Medium

4		1	7					
	3	8						
				4	2	1		
	8	3		9	5	7		
6	7		4		3		9	1
		2	6	1		3	8	
		7	1	2				
						5	2	
					4	6		8

1sudoku.com

n° 27297 - Level Medium

5				8			4	
2				3	5			6
		8	6			9		
	5	2			9			8
	1		3		6		5	
9			4			1	7	
		9			7	2		
1			2	6				4
	2			9				7

1sudoku.com

n° 223176 - Level Medium

Solutions :

4	3	6	1	2	5	7	9	8
8	5	9	6	3	7	1	2	4
7	2	1	9	8	4	5	6	3
5	7	8	2	6	3	9	4	1
9	1	3	7	4	8	2	5	6
2	6	4	5	1	9	3	8	7
6	9	2	8	7	1	4	3	5
1	4	5	3	9	6	8	7	2
3	8	7	4	5	2	6	1	9

1sudoku.com

n° 214921 - Level Medium

9	5	7	8	1	4	2	3	6
3	1	8	6	2	7	5	9	4
4	2	6	5	3	9	8	1	7
8	6	9	1	5	2	7	4	3
2	4	5	3	7	6	9	8	1
1	7	3	4	9	8	6	2	5
7	8	1	9	4	5	3	6	2
5	9	4	2	6	3	1	7	8
6	3	2	7	8	1	4	5	9

1sudoku.com

n° 229577 - Level Medium

4	9	1	7	3	6	8	5	2
2	3	8	9	5	1	4	7	6
7	5	6	8	4	2	1	3	9
1	8	3	2	9	5	7	6	4
6	7	5	4	8	3	2	9	1
9	4	2	6	1	7	3	8	5
5	6	7	1	2	8	9	4	3
8	1	4	3	6	9	5	2	7
3	2	9	5	7	4	6	1	8

1sudoku.com

n° 27297 - Level Medium

5	9	6	7	8	2	3	4	1
2	4	1	9	3	5	7	8	6
7	3	8	6	1	4	9	2	5
4	5	2	1	7	9	6	3	8
8	1	7	3	2	6	4	5	9
9	6	3	4	5	8	1	7	2
6	8	9	5	4	7	2	1	3
1	7	5	2	6	3	8	9	4
3	2	4	8	9	1	5	6	7

1sudoku.com

n° 223176 - Level Medium

A small gesture for the environment: save paper by finding solutions online or on your mobile.