

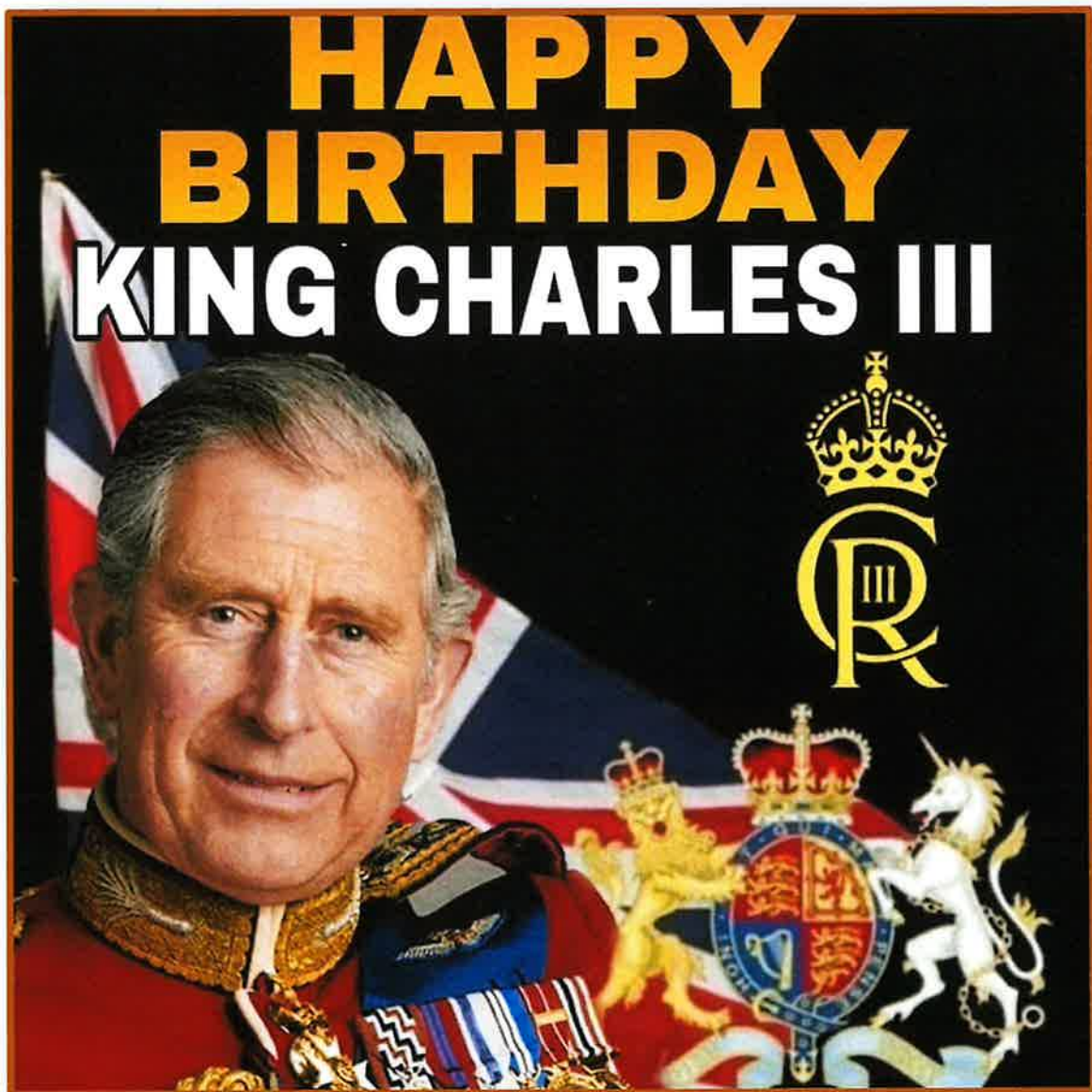


EDGARLEY ASSISTED LIVING

Specialising in complete quality aged care and independent living.

NEWSLETTER

June 2025



73 Jackson Street , Casterton Vic 3311

Phone: 03 55 811211, Fax: 03 55 812050

From the CEO



There is some good news. We are nearly there in reinstating the 6 rooms that were damaged back in the Storm last October. We should be able to open them by the Kelpie Weekend.

The weather has certainly turned cold and even a bit wet. Good news for our farmers hopefully the rain will continue for them. Although my arthritic bones could do without the low temperatures. THERMALS are the new fashion trend.

Please remember:

As it is cold: If you have any cold/flu like symptoms please do not come and visit us at Edgarley.

We have been notified that there is COVID and Flu in the community.

Staff news:

Sankar our physio – has had his family join him here in Casterton.

Soumya one of our nurses – has had her family join her here in Casterton also.

We have had many staff birthdays and staff anniversaries – Congratulations to all of them.

For myself – I am a guest panellist to talk at two Industry Conferences in June and September in Melbourne, and very excitedly have had a abstract presentation accepted for an International Advanced Care Planning Conference In September as well.

Accommodation:

We are still trying to find more rental properties for our staff.

If you know anyone who has a vacant house who would be willing to lease it to Edgarley please ask them to contact us.

Thankyou:

I would like to say a big thankyou to Karen, Kim and Marlene for stepping up to cook, due to a shortage of staff. This enabled the meal service to continue as usual.

Finally – Good luck to the Kelpie Association for a great Kelpie Festival 2025.

June Trivia

June is named for Juno,
Roman queen of the gods

Zodiac signs: **Gemini & Cancer**

Birthstone: **Moonstone or**

Quote of the Day

*Be yourself;
everyone else is
already taken.*

RESIDENT'S MEETING

May 7th 2025

Present: A. Bull, J. McDonough, D. Thomas, R. Jordan, G. Brook, D. Fletcher, J. Zippel, D. Parham, N. Robertson, E. Inglis

Staff: L. Power, P. McKenzie, A. Cates, M. Hill, L. Hornibrook

Apologies: F. Morrow

Meeting begins at 1:39 PM

Previous meeting read and passed, seconded by N. Robertson

Business arising from previous meeting:

- Maggie Beer meals will be staggered, first breakfast and morning tea, next day lunch then afternoon tea, and on the final day evening meal and supper.
- Unfortunately, podiatrist unable to come more than once a month, and the option of using the local podiatrist is unfeasible as she has a 6-month waiting list and is prohibitively expensive.
- Lack of salt and pepper issue brought up last month has been solved, and new, coloured shakers have been purchased to be used only by residents who prefer to take their meals in their rooms.
- Flu shots have been conducted, for both staff and residents.
- Residents have been advised not to throw food over the balcony for the birds to eat, as this has been the source of the increase in pests sighted at the facility, wasps especially.
As residents would still like to feed birds, bird feeders filled with seed may be installed on the ends of the balconies on both floors.
- Fire evacuation training for residents date has been confirmed. Michelle Parry-Hill and Malcolm Hill will be running a session on Friday the 20th of June.
All Residents welcome and encouraged to attend.

General Business:

01: Mobile Dentist: Trish has been in contact with MDCA, a mobile dental clinic from Melbourne, who are interested in offering their services to Edgarley. Informative flyers will be handed out in the coming days, detailing prices and services. At least 10 residents need sign-up to the programme for the clinic to come down.

02: Trivia Questions: Residents often find Lez's brain-teasers difficult but interesting, and would like the answers to questions to be written-up on the board the next day for all to see.

03: Mother's Day High Tea: To close out meeting, residents invited to Mother's Day High Tea happening on the 10th of May, at 2.00 PM in the Alma Vickery Room. Friends and family of residents also welcome, at a cost of 10 dollars a head.

Meeting closed 2.24 PM

Next meeting June 4th 2025

Get to know Edgarley Staff

John



In what town were you born in? I was born in the small town in Calbayog City Philippine's.

What did you do when you left school? I worked as a nurse in various organisations in the Philippines for a total of 12 years.

In which place did you live most of your life? I lived most of my life in my hometown in the Philippine's.

What is your job role at Edgarley? I am a personal care assistant.

What do you like best about your job? To be able to have human connection, you build close bonds with residents. You are not just helping someone physically you become a vital part of their daily life and you make a real difference for them by helping them regain their lost independence in a meaningful way.

What are or have been your favourite past times? Being in the park and playing with my daughter.

What is the most exciting thing that happened in your life?

When my daughter Wannie was born.

Who is your hero or the person you most admire?

Mother Teresa (Saint Teresa of Calcutta) she is a symbol of selfless service and compassion. She dedicated her life to serving the poorest and had founded the missionaries of charity that supported the sick, dying, orphaned and homeless. She lived a simple life, worked tirelessly, and treated everyone with love and respect, regardless of their background or beliefs and status in life.

What is or has been your greatest achievement? When I passed my Philippine Nursing licensure exam.

What do you think is the most important thing in life?

I think the most important thing in life is Love and Relationships to have deep connections with family, friends, partners, community work. This often brings the most joy and comfort. Even in hard times, love in the family gives strength and makes life worthwhile. Love at work these refer to respect, empathy and care between co-workers which can lead to stronger teamwork and people feel safe, seen and supported.

What words of wisdom can you share with other readers?

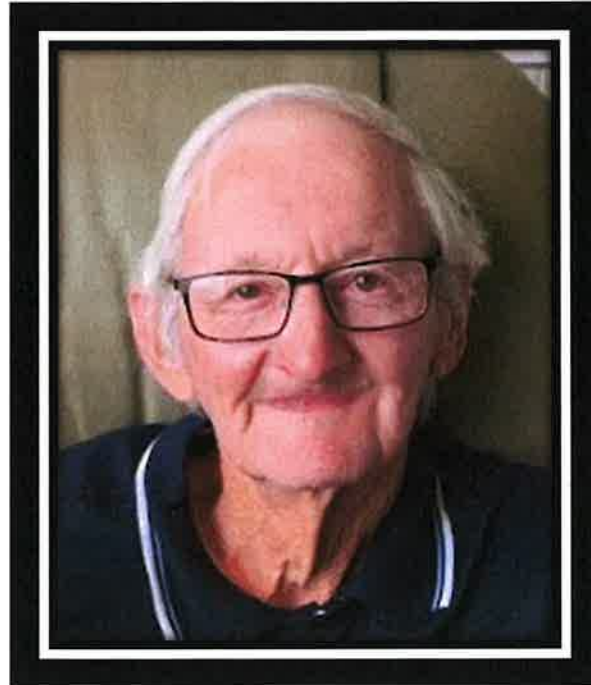
“Do not do unto others what you do not want done unto you”. – Golden rule.

This simple yet powerful rule reminds us to treat everyone with kindness, respect and fairness. By imaging ourselves in other's shoes, we create a world where empathy guides our actions and harmony thrives.



Get to know your Neighbour

Eddie Jarrad



In what town did you live in? I lived between Dartmoor and Casterton.

What did you do when you left school? I began working on my father's farm driving machinery and looking after pigs, cattle and sheep.

What was your main occupation? Farming.

What are or have been your favourite past times? Riding horses. My favourite was a mixed colour pony named Polly.

What is the most exciting thing that happened in your life? Having children.

Who is your hero or the person you most admire? My grandson, he has become my good mate.

What is or has been your greatest achievement? Winning a championship with the local football club.

What do you think is the most important thing in life? Taking care of animals especially those that can't care for themselves.

What words of wisdom can you share with other readers? Get of your backside and go outside and do something.

HAPPY BIRTHDAY

In **June**, we celebrate birthdays with:

2nd Elwyn H

7th Val G

18th Lorna M

19th Alice B



Marilyn Monroe, Actress, 1st June 1926

Morgan Freeman, Actor, 1st June 1937

Johnny Depp, Actor, 9th June 1963

Judy Garland, Actress, 10th June 1922

Prince Philip, Duke of Edinburgh, 10th June 1921

Donald Trump, Former President, 14th June 1946

Boris Johnson, Prime Minister, 19th June 1964

Nicole Kidman, Actress, 20th June 1967

Elon Musk, Entrepreneur, 28th June 1971

Gemini (May 21 – Jun 20)

Geminis love to learn and they never stop wondering about the unexplained.

Cancer (June 21 – July 22)

Cancer personalities are very emotional and sensitive, and care deeply about matters of the family and their home.

Product Birthday Spotlight: [The Rubber Band](#)

On March 17, 1845, Stephen Perry (a British inventor and businessman) receive a patent for the first rubber band. Rubber band has been holding things together for the past 170 years. Cheap, reliable, and strong, the rubber band is one of the world's most ubiquitous products.

WOW!



Many happy
Returns to —
Thelma
Bob
Fay
Peter
John
and
Jeff



LADIES AUXILIARY

We are a very small band of volunteers that work towards supplying equipment to Edgarley or help with assistance to the residents in many forms. We would really like to get some new members to help us in this endeavour.

We hold monthly meetings on the first Monday of the month in the Alma Vickery function room Edgarley at 2 pm. If you feel you cant commit to this maybe you could help us out on an adhoc basis with some of our fundraisers. You don't have to have a connection to Edgarley to join our group. We look forward to any enquiries you may have. Please contact Lois Lowe for a membership form on 0439 812 468.

Membership is \$5 for the 12 months.

FOOD REGISTER BOOK

Any fresh food brought into our facility for the residents will need to be entered into the register accordingly. The books can be found to the right of the Glenelg door

Thank you for your co-operation

Residents meeting

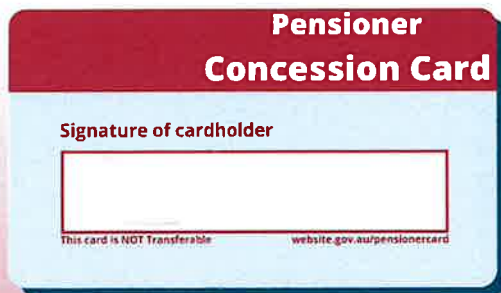
Alma Vickery Room - Wednesday 4th June 1.30.

We wish to invite family members to these meetings which will be held on the first Wednesday of each month.

**Judy Smith is the resident/family
representative on the
Medication Advisory Committee.**

If any resident or family member has any questions or issues regarding their medication management at Edgarley (this does not include pharmacy accounts, they are to be taken up directly with the Pharmacy) Please contact Judy on 0429 192 841 and she will bring those question/issues to the meeting.





A reminder to all NOK.

If a resident receives an updated Medicare or Pension card, we will need a copy for our records.

Thank you

"Volunteers are not paid -- not because they are worthless, but because they are priceless."

LEISURE AND LIFESTYLE VOLUNTEERS WANTED

Being a volunteer in Edgarley can offer companionship, and help with recreational activities. Volunteers can also provide emotional support, social engagement, and help to enhance the overall quality of life for residents. By offering their time and skills, volunteers can make a significant difference in the lives of the elderly and contribute to a positive community.

Residents appointments

If a resident schedules an appointment on their own, they are responsible for arranging their own transportation. However, if they would like staff to provide transportation, the facility will handle the arrangements.

Resident Shopping Day

The bus will be available each Monday from
1pm—4pm

Any residents who require to do any sort of errands
in town, please let the Leisure and Lifestyles team



*Nancy thoroughly
enjoyed going home and
having morning tea with
her family and catching
up with Frank the dog.*





Staff Notice

The Staff at Edgarley do the “Grunt Work”
I feel they are all my brothers and sisters.

It works well for ME!!

And I treat them so...

Respect for staff works for one and all.

Merle.



SKITTLES





BEAN BAG TOSS GAME





BEAN BAG TOSS GAME



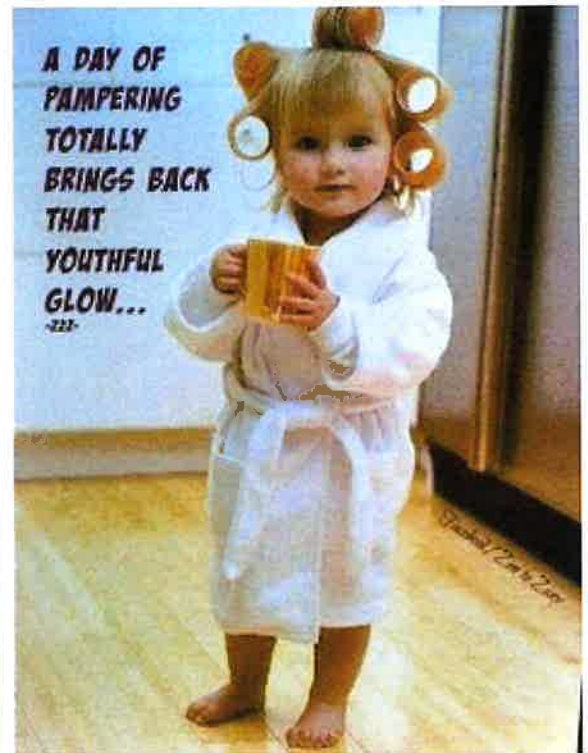
Let's Play Golf 1



The lounge is now the putting green,
With crafty shots and hands kept keen.
They cheer for putts with joyful roars,
Then toast with tea — and maybe more.



Pamper Day

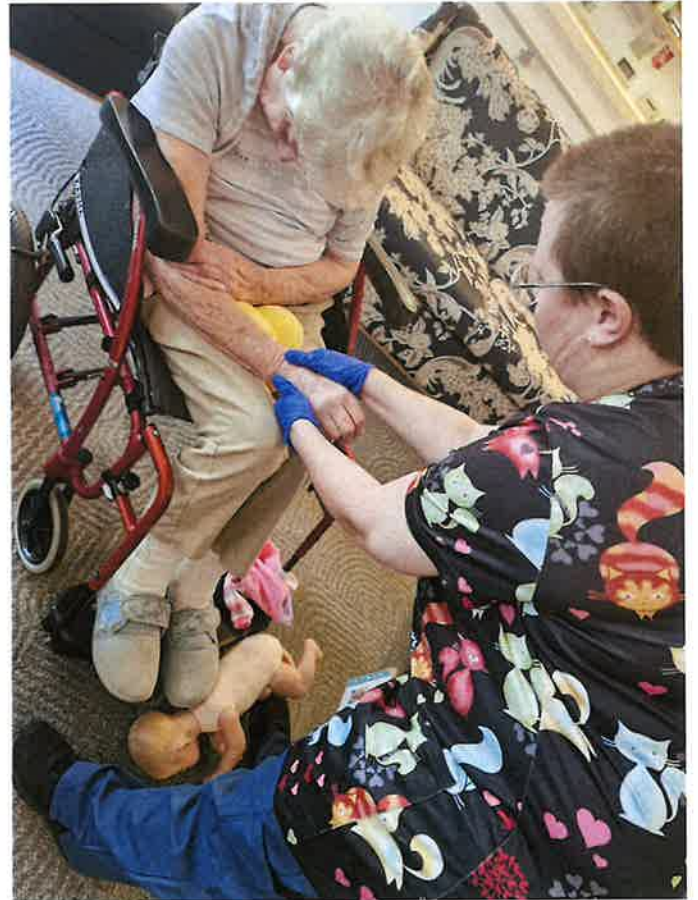


In the lead up to Mother's day Residents were pampered by having hand, leg & feet massages. Nail polish was also applied and all engaged in lovely conversation's. All Ladies felt spoilt and relaxed during this special activity.





★ *get me* ★
PAMPERED

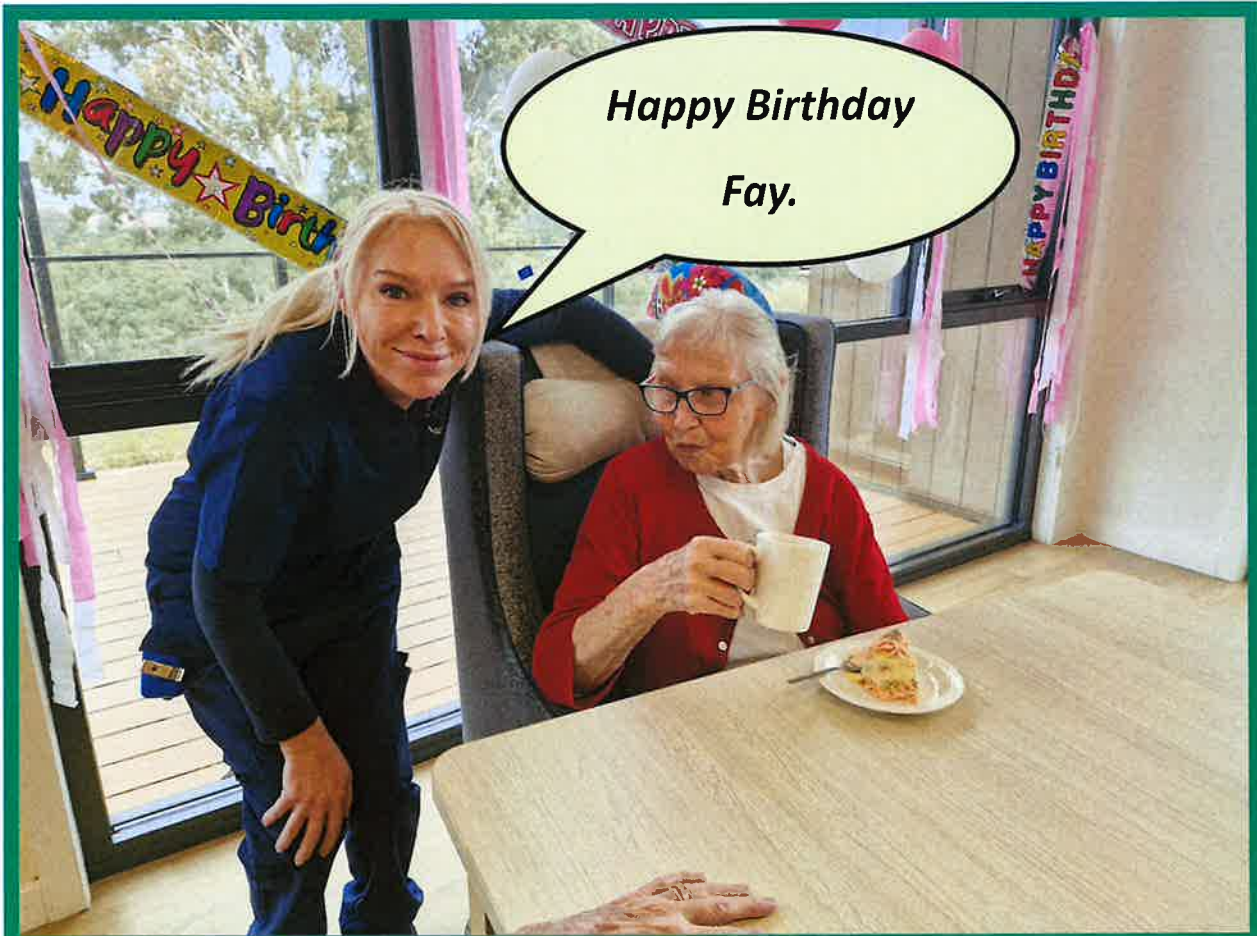


Baby Love





Residents enjoying a nice, leisurely trip at the local bakery, while Ruth unsuccessfully tries to hide from the camera.



A heartfelt thank you to David for sharing his beautiful singing voice with our residents. His performance brought so much joy and warmth to the room, and it was truly wonderful to see everyone smiling and singing along. Your talent and kindness made a lasting impression, and we deeply appreciate the time you spent with us.





Instead of the John I call my
bathroom the Jim!
That way it sounds better when I
say I go to the Jim first thing
every morning!!!



*A mother is
she who can
take the place
of all others
but whose
place no one
else can take*



Residents enjoyed seeing so many family members attend the Mothers Day afternoon tea with them.



"It's not easy
being a mother. If
it were easy, fathers
would do it.."



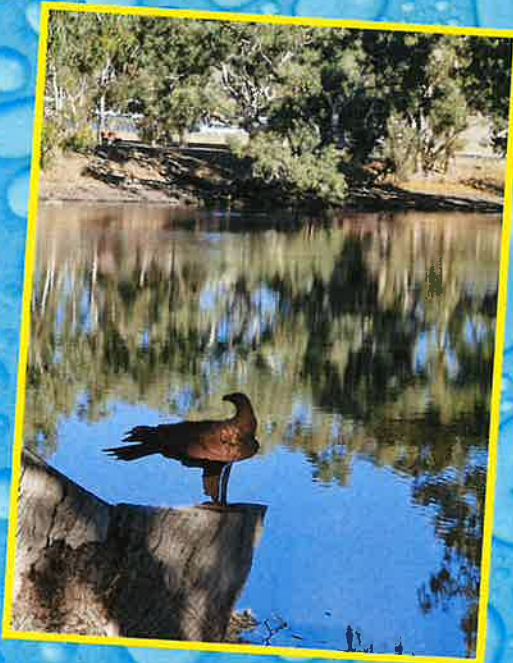




Everyone is deep in
thought while
playing
an *edge of your seat*
game of Bingo

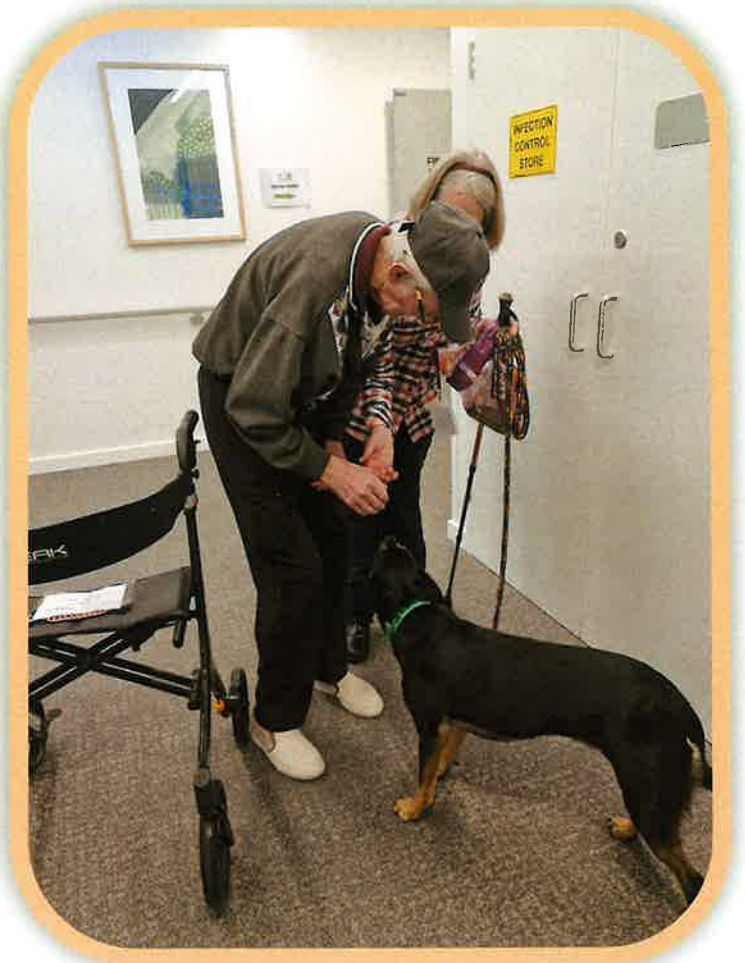


The residents took a bus trip to the Ess Lagoon, where they enjoyed a refreshing drink in the sunshine while soaking in the fresh air and natural surroundings.

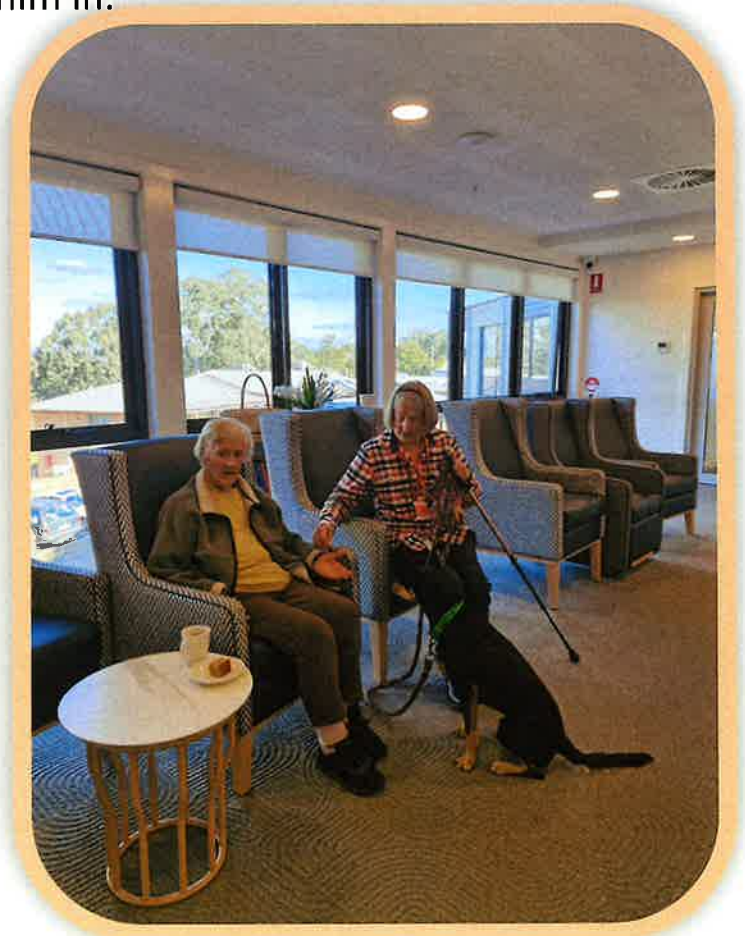




Smiles bloomed as residents received Mother's Day bouquets, each petal a whisper of love, bringing warmth and joy to their hearts.



Residents were all smiles during a heart-warming pet therapy session, thanks to a visit from the much-loved dog, Mite. His gentle presence and wagging tail brought comfort, joy, and plenty of cuddles to everyone he met. Thankyou to Brenda for bringing him in.



Quoits Chaos

The residents lined up with rings in hand,
Determined to show they were in command.
With a swing and a toss—oh, what a sight!
One hit the peg, and one took flight!

Laughter erupted, a ring hit a shoe,
"That counts as a point!"—"No it doesn't!"—"Do too!"
They played with flair, and maybe some cheats,
But mostly they just laughed in their seats.

A game of quoits, not quite by the book—
But full of fun, and worth every look!



Pat Newton and several other unit residents have done a fantastic job enhancing the garden around the units with charming statues, eye-catching wall art, and a lovely variety of plants and flowers.





Residents joined together for a fun planting session, filling eco-friendly, biodegradable pots with sunflower, daisy, and parsley seeds. Once the little sprouts pop up, they'll be shared with staff as thoughtful, green gifts!



**GARDEN
TIME**

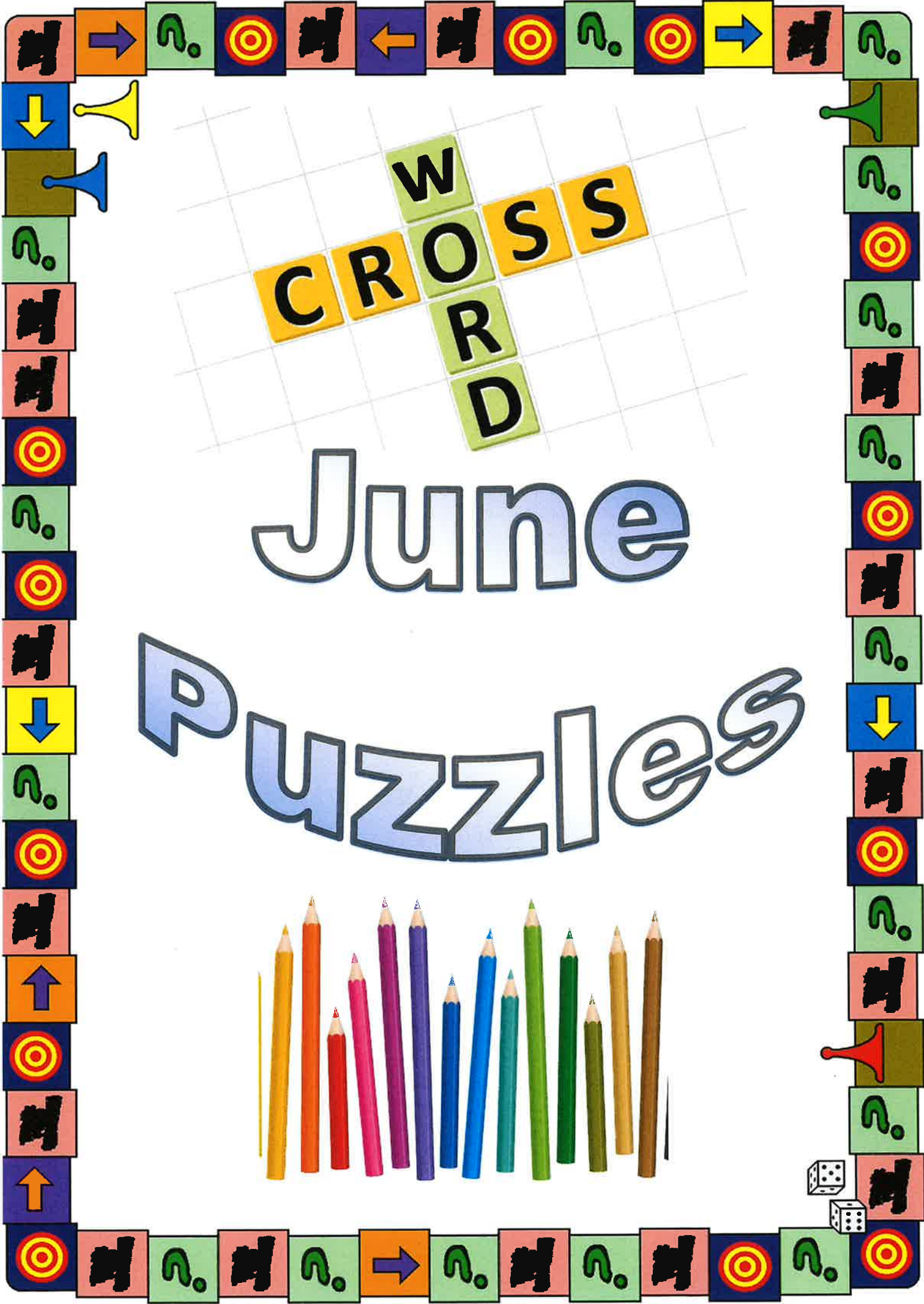


Residents enjoyed a drive to the Panola Bakery. There was plenty of wildlife to spot on the way, with wild emus and kangaroos feasting on the fresh green shoots of grass close to the road. Once at the Bakery some residents chose a cold drink and a scrumptious sweet treat and others chose a hot pie or sausage roll and a cup of coffee. Travelling back home residents were all on the lookout for the emus and kangaroos and they didn't disappoint with plenty of spotting opportunities. All residents enjoyed their afternoon drive.



CROSS
WORD

June Puzzles



★ Hyper-Sudoku

Fill in the blank boxes so that every row, column, 3x3 box *and* each of the four 3x3 grey regions contains all of the numbers 1 to 9.

	5	7			2			3
	8		1					7
		3	7		4		2	
6			5		7	3	8	1
4								
	7			1				4
		6		8	5			
	9	5			1		3	2
8	4					5	1	6



MIXAGRAMS

Each line contains a five-letter word and a four-letter word that have been mixed together (the order of the letters in each word has not been changed). Unmix the two words on each line and write them in the spaces provided. When you're done, find a two-part answer to the clue by reading down the letter columns in the answers.

CLUE: They're put on the shelf

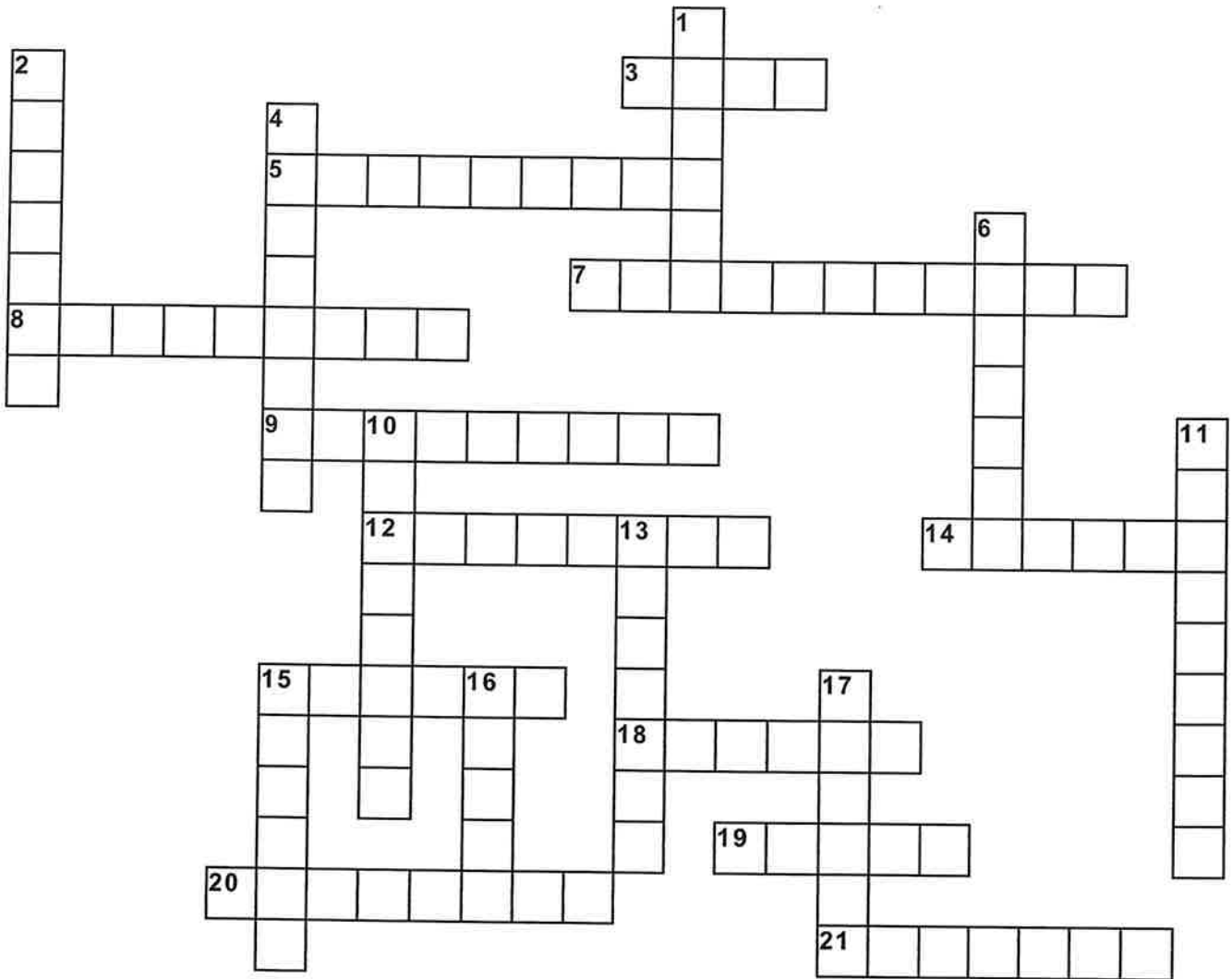
B U R N A T O W L = _ _ _ _ _ + _ _ _ _

M U D S H O Z E Y = _ _ _ _ _ + _ _ _ _

E Q U I T A L E M = _ _ _ _ _ + _ _ _ _

B I O S L O T E Y = _ _ _ _ _ + _ _ _ _

Monarchs of the World



Across

- 3 - Prince Andrew is the Duke of ____ (4)
- 5 - Kate Middleton's title is Duchess of ____ (9)
- 7 - The last King of Greece (11)
- 8 - The only country in Africa having absolute monarchy
- 9 - Egyptian queen known as 'The Queen of the Nile' (9)
- 12 - Haile Selassie was Emperor of which country? (8)
- 14 - In what country was William the Conqueror born? (6)
- 15 - When King George VI died, Queen Elizabeth was in ____ (6)
- 18 - Christian name of current reigning monarch of Monaco (6)
- 19 - The word 'King' in German (5)
- 20 - Nationality of Marie Antoinette, Queen of France (8)
- 21 - Caroline of Monaco's husband is Prince Ernst of ____ (7)

Down

- 1 - Surname of fateful 2nd wife of Henry the VIII (6)
- 2 - Mrs Simpson, upon marrying Prince Edward became the ____ of Windsor (7)
- 4 - Balmoral Castle is situated here (8)
- 6 - The ruling house of the British monarchy is ____ (7)
- 10 - What is the Crown Prince of Denmark's first name? (8)
- 11 - Roman General Marc Anthony & his lover, Egyptian Queen ____ (9)
- 13 - The ruling house of Iran's monarchy, before the revolution (7)
- 15 - King known for 'The Knights of the Round Table' (6)
- 16 - Preferred dog breed of Queen Elizabeth II (5)
- 17 - What foreign language does Queen Elizabeth II speak fluently? (6)

WORD SEARCH

RON HOWARD

D	N	I	M	L	U	F	I	T	U	A	E	B	A	G
A	M	O	H	A	L	K	O	T	T	W	W	D	E	F
O	O	V	T	D	E	E	H	H	H	O	N	M	I	R
A	F	S	O	G	I	E	A	M	E	L	A	L	T	O
C	S	M	C	H	P	P	P	T	S	L	M	S	H	S
T	N	I	C	A	P	B	F	R	H	I	C	V	I	T
O	O	I	P	Y	R	A	R	U	O	W	I	W	J	N
R	R	E	D	X	R	S	H	O	O	D	S	P	J	I
G	R	A	N	D	T	H	E	F	T	A	U	T	O	X
M	Y	C	K	V	Z	J	D	L	I	C	M	C	B	O
S	O	C	O	I	C	L	Y	R	S	I	E	Z	E	N
F	A	S	Y	C	A	L	V	O	T	L	H	R	N	R
B	X	L	N	N	O	T	X	C	W	D	T	J	I	L
M	Z	U	O	A	G	O	G	S	P	L	A	S	H	D
X	V	R	P	A	R	E	N	T	H	O	O	D	S	H

A BEAUTIFUL MIND
ACTOR
BACKDRAFT
COCOON
DIRECTOR
EDTV
FILM
FROST/NIXON

GRAND THEFT AUTO
HAPPY DAYS
OKLAHOMA
OSCARS
PARENTHOOD
PRODUCER
RANSOM
RICHIE

RONALD
SPLASH
THE MUSIC MAN
THE PAPER
THE SHOOTIST
WILLOW

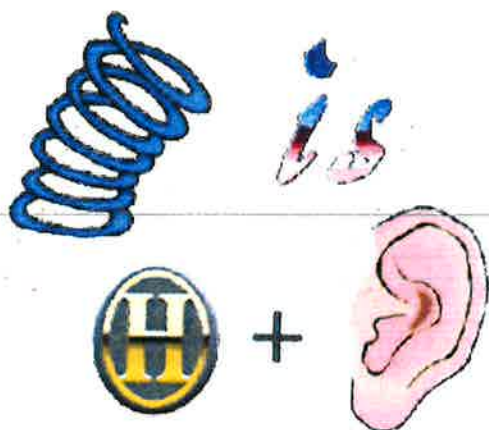
Sculpture

C	G	L	O	S	R	E	T	S	A	L	P	T	O
C	E	T	G	S	I	L	V	E	R	B	N	A	C
A	S	R	D	M	J	E	L	I	N	Y	A	D	E
S	C	D	A	G	N	I	V	R	A	C	N	H	T
D	U	C	A	M	I	Y	O	L	E	S	I	H	C
W	L	L	H	R	I	S	V	V	D	L	O	G	A
C	P	M	P	C	I	C	W	O	O	D	P	C	V
L	T	A	I	A	S	E	S	A	T	M	P	D	G
A	U	L	S	V	E	L	T	R	M	R	O	E	N
Y	R	L	U	N	O	R	L	A	W	O	T	D	I
L	E	E	O	J	E	R	R	T	A	C	T	L	P
R	R	T	L	A	T	B	Y	O	O	A	E	O	A
A	S	I	A	D	L	C	I	N	H	S	R	M	H
D	S	E	E	E	D	C	D	N	A	H	Y	O	S

SILVER
CHISEL
IVORY
SHAPING
CERAMICS
CARVING
CLAY
MOLDED
SCULPTURE
MARBLE
PLASTER
STONE
POTTERY
JADE
HAND
WOOD
GOLD
MALLET

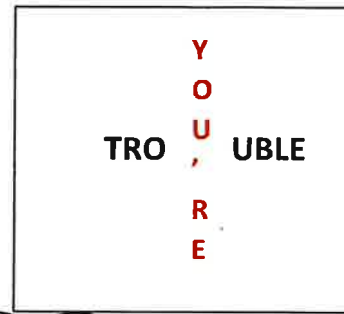
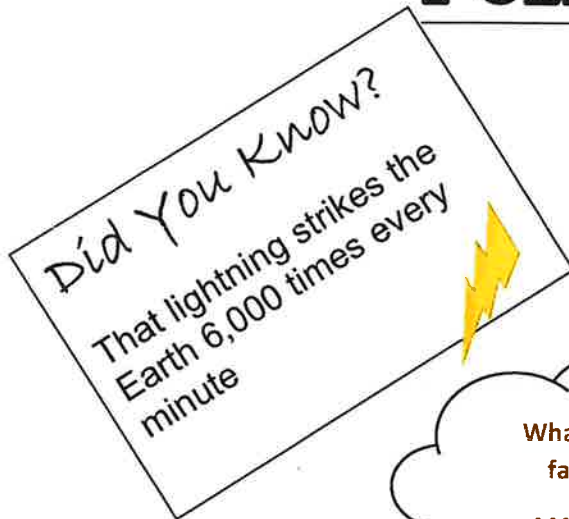
Play this puzzle online at : <http://thewordsearch.com/puzzle/2546/>

(I'm sorry but there are no answers for this months puzzles)



	shaking shaking shaking shaking	
PAIN		STICK
LO ^{HEAD} HEELS	C O U N T	ABBE

PUZZLE PAGE



What is
this
secret
saying
trying
to say?



Word Pairs

Match the pairs of baby and parent
animals.

There will be 1 name left over.

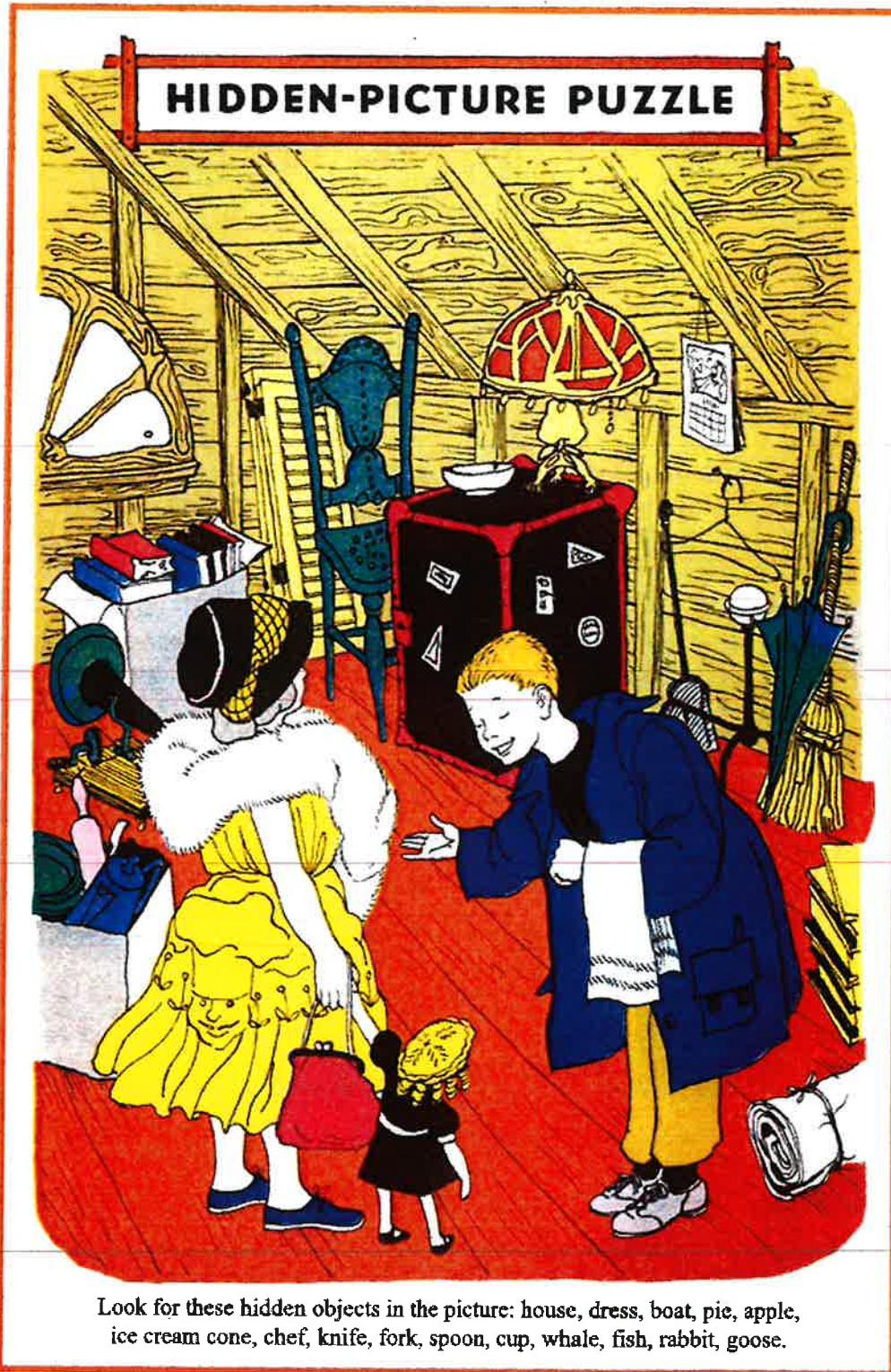
Horse	Cub
Kangaroo	Pullet
Bear	Fox
Puppy	Sheep
Lamb	Chicken
Cat	Foal
Fawn	Kitten
Deer	Dog
	Joey

Match Up

We have hidden 5 Australian towns each of which have 6 letters in their name.

Each word is colour coordinated. Can you work out what they are?

RY	BO	CA	BR	ZU
OO	KI	AL	SU	KE
ME	IR	UR	NS	BU



Can you find the hidden things in the picture above?

Answers:

Secret Saying – You're in trouble

Word Pairs – Albury, Bourke, Broome and Cairns



Word Search - Desserts

SAGO

GELATO

CAKE

PIE

SORBET

JELLY



S	A	G	O	P
O	C	E	B	P
R	A	L	O	I
B	C	A	K	E
E	E	T	U	Y
T	M	O	K	G
J	E	L	L	Y

		9	8		1		2	
	1	6				7		
7		8			6			9
				1		3		
1			9		5			2
		2		8				
3			4			1		6
		7				2	3	
	2		3		7	5		

1sudoku.com

n° 2707 - Level Medium

	3		7		9			
5						7	6	1
	4							5
6			9			5		
7			5		1			8
		3			6			2
4							8	
3	6	1						7
			6		7		1	

1sudoku.com

n° 27438 - Level Medium

9			5	3		1		
				1	8		6	
		3			7	9		
	9						1	
5	6						4	7
	1						2	
		1	6			2		
	3		7	2				
		2		8	9			4

1sudoku.com

n° 2132 - Level Medium

3	7		1			8		
						2	4	
		4	8			7	3	6
4		8		9		6		
	1						7	
		7		2		3		4
9	3	5			7	4		
	6	1						
		2			5		9	7

1sudoku.com

n° 21887 - Level Medium

Solutions :

4	3	9	8	7	1	6	2	5
2	1	6	5	9	4	7	8	3
7	5	8	2	3	6	4	1	9
9	8	4	6	1	2	3	5	7
1	7	3	9	4	5	8	6	2
5	6	2	7	8	3	9	4	1
3	9	5	4	2	8	1	7	6
6	4	7	1	5	9	2	3	8
8	2	1	3	6	7	5	9	4

1sudoku.com

n° 2707 - Level Medium

1	3	6	7	5	9	8	2	4
5	9	2	4	8	3	7	6	1
8	4	7	1	6	2	9	3	5
6	1	8	9	2	4	5	7	3
7	2	4	5	3	1	6	9	8
9	5	3	8	7	6	1	4	2
4	7	9	3	1	5	2	8	6
3	6	1	2	9	8	4	5	7
2	8	5	6	4	7	3	1	9

1sudoku.com

n° 27438 - Level Medium

9	4	6	5	3	2	1	7	8
7	2	5	9	1	8	4	6	3
1	8	3	4	6	7	9	5	2
2	9	7	3	5	4	8	1	6
5	6	8	2	9	1	3	4	7
3	1	4	8	7	6	5	2	9
8	7	1	6	4	3	2	9	5
4	3	9	7	2	5	6	8	1
6	5	2	1	8	9	7	3	4

1sudoku.com

n° 2132 - Level Medium

3	7	6	1	4	2	8	5	9
5	8	9	3	7	6	2	4	1
1	2	4	8	5	9	7	3	6
4	5	8	7	9	3	6	1	2
2	1	3	4	6	8	9	7	5
6	9	7	5	2	1	3	8	4
9	3	5	2	1	7	4	6	8
7	6	1	9	8	4	5	2	3
8	4	2	6	3	5	1	9	7

1sudoku.com

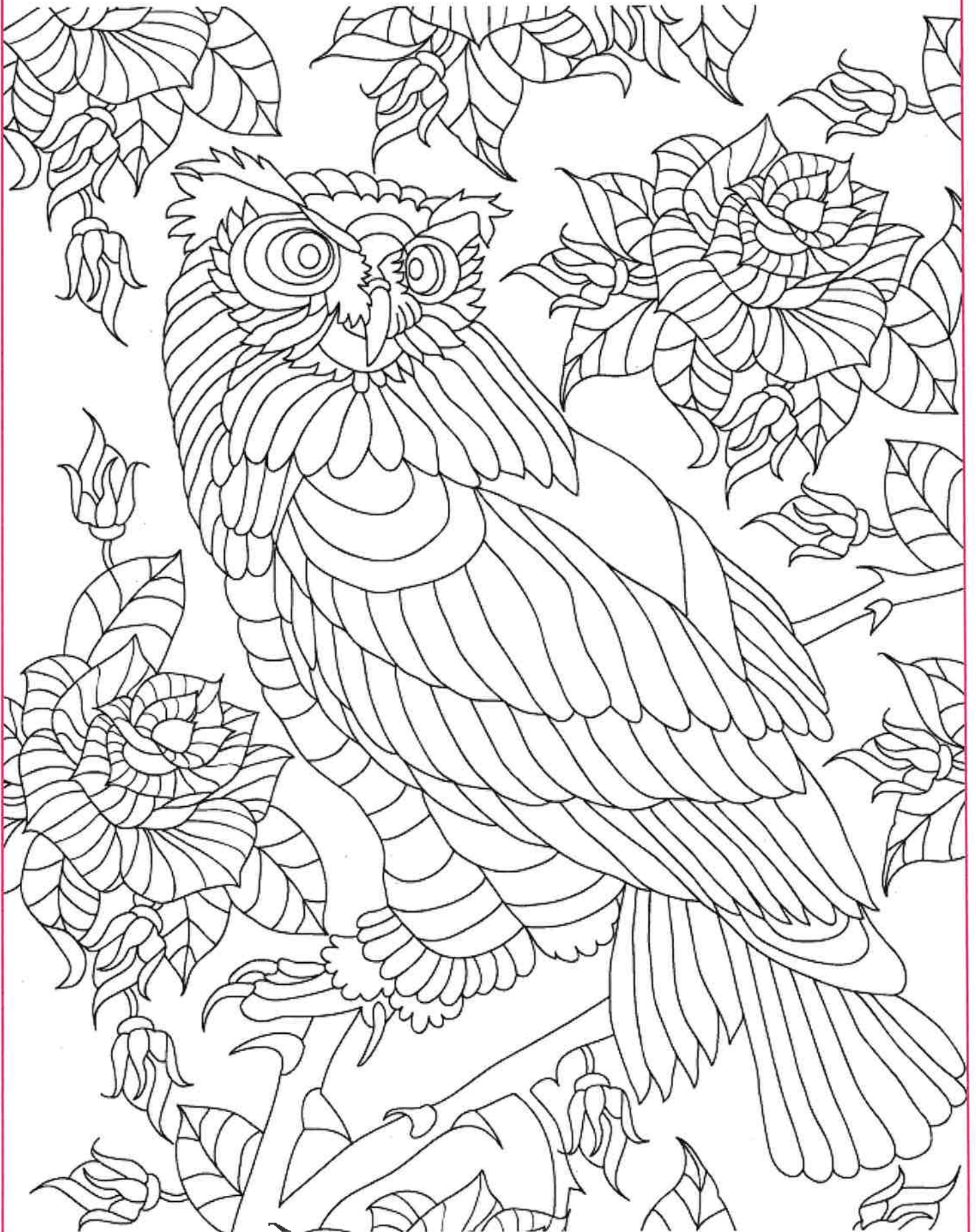
n° 21887 - Level Medium

A small gesture for the environment: save paper by finding solutions online or on your mobile.

Colouring



Colouring



Card Game Word Search

E Z G E A Y C B B A G C H E N S F B Q G
 H M N C G P R L O A Q N V Q G P A T I I
 S E E P X U I E X O L B O L O S R G C N
 U P K A R U D X B K N U A K O D O H R J
 L V A R O D A T A M N A E S E T R A C E
 F E R I A T I L O S U L K T R B O F I A
 W C K B H S U H S A P C Y E T A W G N T
 X C H E A T M B S P R I U H N E H A C K
 L E S U O R A C O J E C C C F X E R H R
 A I K F K C B D O F S E H A E K A B D E
 L V I Q C O P N A C I R I L I C R A L L
 E U Y A O N I T W A A A C O E A T G K T
 B I R J P S N B L N K N A H S J S E O T
 W A H O A V O Z N A G R G B A K T X T U
 T V K C A A C O K S O N O A N C K F R C
 L E J S O Y L U O T R L O R I A F E A V
 R E G R X O E Q C A F F G B V L K F B A
 E G D I R B L O P K U X E U A B N D H W
 Q N N L E L P A G B O C C B B Y M M U R
 B O E U C H R E C T D O E G A B B I R C

ALUETTE
 ASHUSH
 AVINAS
 BACCARAT
 BAGCHEN
 BARBU
 BARTOK
 BASRA
 BELA
 BLACKJACK
 BOONAKEN
 BRIDGE
 CALOOCHI

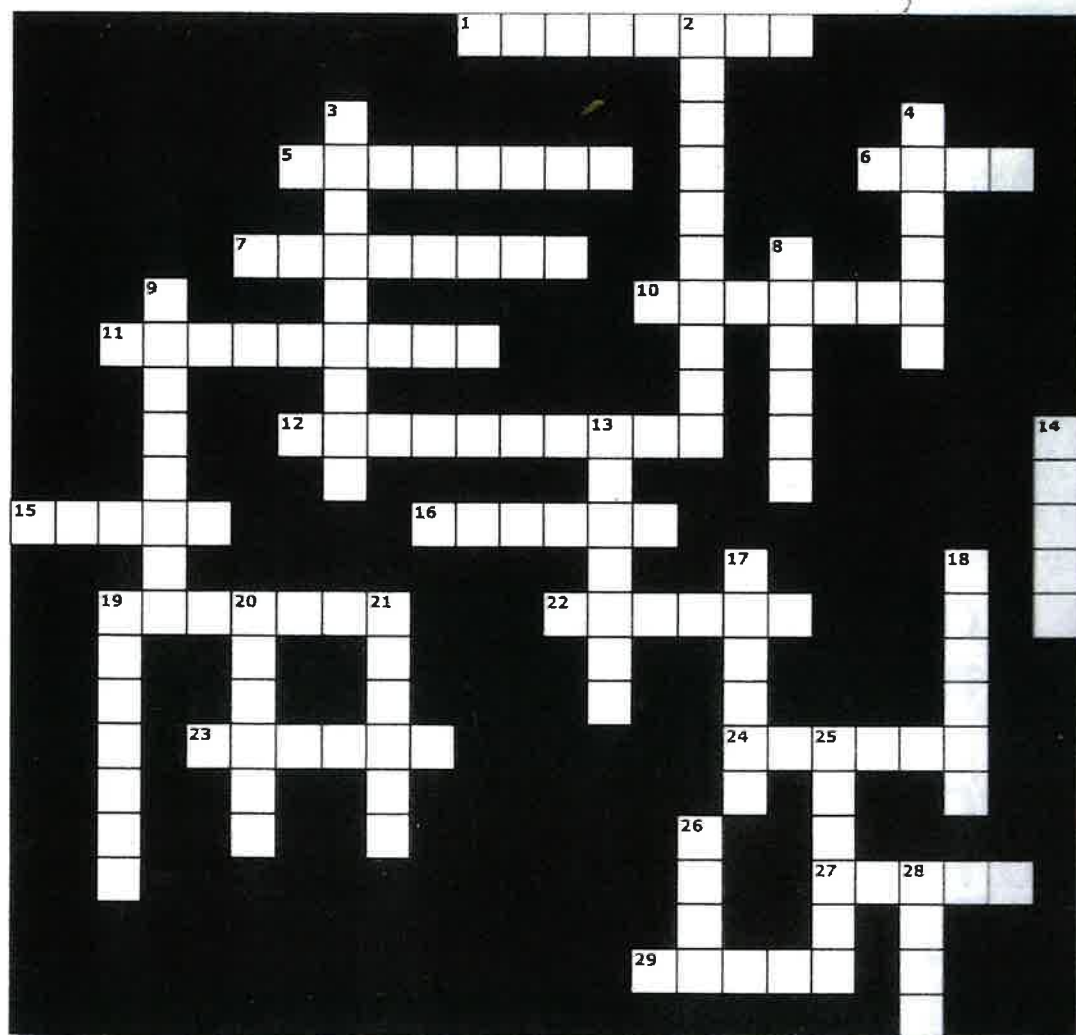
CANASTA
 CAROUSEL
 CASINO
 CEGO
 CHEAT
 CHICAGO
 CICERA
 CINCH
 CRIBBAGE
 CUCKOO
 CUCUMBER
 CUTTLE
 DOPPLEKOPF

DURAK
 ECARTE
 EUCHRE
 FARO
 FLUSH
 FROG
 GAPLE
 GARBAGE
 GIN
 HEARTS
 HOLA
 KAISER
 KRAKEN

MATADOR
 PINOCLE
 POKER
 RUMMY
 SOLITAIRE
 SOLO



Capital Cities Crossword



Word List

Baghdad
Beijing
Berlin
Bern
Brussels
Cairo
Canberra
Copenhagen
Damascus
Dublin
Hanoi
Harare
Helsinki
Jakarta
Jerusalem
Kathmandu
Lima
London
Madrid
Manila
Moscow
Ottawa
Paris
Rome
Taipei
Tehran
Tokyo
Tripoli
Warsaw
Wellington

ACROSS

1. Capital of Syria
5. Capital of Finland
6. Capital of Switzerland
7. Capital of Belgium
10. Capital of Indonesia
11. Capital of Nepal
12. Capital of New Zealand
15. Capital of Egypt
16. Capital of Germany
19. Capital of Iraq
22. Capital of the United Kingdom
23. Capital of Philippines
24. Capital of Canada
27. Capital of France
29. Capital of Vietnam

DOWN

2. Capital of Denmark
3. Capital of Israel
4. Capital of Iran
8. Capital of Spain
9. Capital of Australia
13. Capital of Libya
14. Capital of Japan
17. Capital of Russia
18. Capital of Poland
19. Capital of China
20. Capital of Zimbabwe
21. Capital of Ireland
25. Capital of Taiwan
26. Capital of Peru
28. Capital of Italy