

#### **EDGARLEY ASSISTED LIVING**

Specialising in complete quality aged care and independent living.

## NEWSLETTER January 2025



73—85 Jackson Street, Casterton Vic 3311

Phone: 03 55 811211, Fax: 03 55 812050

### From the CEO

Hi Everyone,

It's the end of 2024.

A year of highs and lows.

I sincerely hope that everyone is recovering from the October Hail Storm, and that you all were able to relax and eat too much and possibly drink a little too much over Christmas. (Whilst staying safe).

The Residents at Edgarley celebrated and enjoyed their: Residents and Relatives Christmas party, Ladies Auxillary Christmas party and Christmas day held here at Edgarley or out with their families. So now we face the end of the year and celebrate the beginning of a new one. Edgarley management and staff wish everyone a Happy and Safe New Year.

#### Sue



#### **January Trivia**

January was named after the Roman God Janus; the god of beginnings & transitions.

Zodiac signs: Capricorn & Aquarius
Birthstone: Garnet

#### **Quote of the Day**

Life is what happens to us while we are making other plans.

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#### Capricorn (Dec 22 - Jan 19)

Capricorns are responsible, disciplined and have good managers

Aquarius (Jan 20 – Feb 18)

Aquarians are shy & quiet deep thinkers who love helping others.

#### **HAPPY BIRTHDAY TO -**

Elvis Presley, Singer, 8<sup>th</sup> January 1935

David Bowie, Singer, 8<sup>th</sup> January 1947

Martin Luther King Jr., Activist, 15<sup>th</sup> January 1929

Muhammad Ali, Boxer, 17<sup>th</sup> January 1942

Michelle Obama, First Lady, 17<sup>th</sup> January 1964

Kevin Costner, Actor, 18<sup>th</sup> January 1955

Janis Joplin, Singer, 19<sup>th</sup> January 1943

Neil Diamond, Rock Singer, 24<sup>th</sup> January 1941

Virginia Woolf, Novelist, 25<sup>th</sup> January 1882

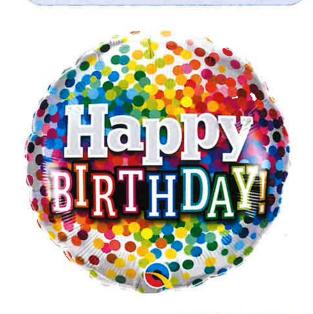
#### **January Trivia**

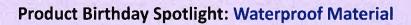
January was named after the Roman God Janus; the god of beginnings & transitions.

Zodiac signs: Capricorn & Aquarius
Birthstone: Garnet
Flower: Carnations

In January, we celebrate birthdays with Robert H







Charles Macintosh, the Scottish inventor, patented the first waterproof material in 1823.

The Mackintosh raincoat was named after him.



#### LADIES AUXILIARY

We are a very small band of volunteers that work towards supplying equipment to Edgarley or help with assistance to the residents in many forms. We would really like to get some new members to help us in this endeavour. We hold monthly meetings on the first Monday of the month in the

Alma Vickery function room Edgarley at 2 pm. If you feel you cant commit to this maybe you could help us out on an adhoc basis with some of our fundraisers. You don't have to have a connection to Edgarley to join our group. We look forward to any enquiries you may have. Please contact Lois Lowe for a membership form on 0439 812 468.

Membership is \$5 for the 12 months.

#### FOOD REGISTER BOOK

Any fresh food brought into our facility for the residents will need to be entered into the register accordingly. The books can be found to the right of the Glenelg door

Thank you for your co-operation

### Residents meeting GLENELG Wednesday 8th January 1.30.

We wish to invite family members to these meetings which will be held on the first Wednesday of each month.

## Judy Smith is the resident/family representative on the Medication Advisory Committee.

If any resident or family member has any

questions or issues regarding their medication management at Edgarley (this does not include pharmacy accounts, they are to be taken up directly with the Pharmacy) Please contact Judy on 0429 192 841 and she will bring those question/issues to the meeting.



#### EDGARLEY HOME INC.

#### RESIDENT'S MEETING December 11th 2024

Present: R. Jordan, N. Robertson, F. Morrow, J. Humphries, A. Bull, V. Madex, J. Zippel, D. Thomas, A.

Peden, L. Mackie, D. Parnham Staff: R. McCrae, T. Crick, J. Mark Apologies: L. Power, A. Lee

Meeting begins at 1.29 PM
Previous meeting read and passed, seconded by Nancy Roberston

#### Business arising from previous meeting:

- Dinner bell well-received by residents and staff alike, though discussion ensues on the number of times the announcement rings-out, with some feeling 2 times would suffice, as opposed to the current 5. There is also talk about switching the recording out for a female voice.
- Updates on central heating: handyman Malcolm Hill explains that residents are of course free to switch their air conditioning system on/off at their leisure, but stresses that doing so will cancel out its automatic functions. The system is designed to heat up rooms that are under certain temperatures, and cool down rooms that are above certain temperatures.

#### **General Business:**

- **01: Gentle Music:** Residents are interested in having some light tunes play over the PA system while they eat their main meals, with particular interest in Christmas tunes, given the season. This will be passed on to Malcolm Hill.
- **02: New Bus:** During the weeks that the Edgarley bus was MIA due to hail damage, the local hospital had been kind enough to lend their own bus for Edgarley's use. Residents were very impressed with the bus's modern setup and myriad features, and requested that Edgarley perhaps look into an upgrade of our own. Suggestions sent to Continuous Improvements Officer Patricia Mcenzie.
- **03: New SUV:** Edgarley's new car, a white SUV, has been well-received by residents, though some find it troublesome to get into due to its height. Use of step-ladder will be implemented for these residents.
- **04: Cold chicken:** A resident had issues with her chicken for lunch, commenting that it was too cold. News will be passed on to the kitchen.
- **05: Thanks to Kitchen:** On the subject of food, residents heartily thanked the kitchen for their hard work cooking the Residents & Family Christmas Lunch. Everyone had a wonderful time, and the food was delicious.
- **06: Live Music:** Discussion about potential live performers coming to Edgarley, with suggestions including David Byrne (a favourite), Peter Noulte, and Russel the pianist, who played piano for us during the Ladies Auxiliary Christmas Break-up luncheon.
- **08:** Christmas Carols: Residents invited to listen to a local group of carollers who were kind enough to come in and sing for them today. Meeting adjourned with many residents eagerly heading to the lounge to listen to the good cheer.

Meeting closed 2.00 PM

Next meeting Wednesday 1st 2025



Hi To All Family Members, POA and NOK's

Sending notification due to changes with our checking in process for all visitors, business suppliers and contractors. The current process of Zip Line will be ceased, as no longer requiring processes for COVID-19 such as temperature etc.

The facility still requires; for visitor, business suppliers and contractors' a management process for emergency management as per the Aged Care Quality & amp; Safety Commission. The facility will be returning to hard copy sign in book. This book will be kept in the air lock.

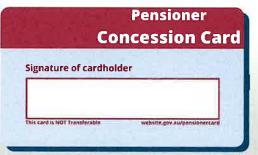
Directions for process for completion of book and requirements will be placed on the wall above the sign in book. The change over to the new process will be commencing at the end of January 2025. This will maintain safety for all residents, visitors, business suppliers & amp; contractors if an emergency was to occur.

If you have any questions or concerns, please contact the facility.

Many Thanks

Trish McKenzie CI & amp; IPC Lead





A reminder to all NOK.

If a resident receives an updated Medicare or Pension card, we will need a copy for our records.

Thank you

"Volunteers are not paid -- not because they are worthless, but because they are priceless."

## LEISURE AND LIFESTYLE VOLUNTEERS WANTED

Being a volunteer in Edgarley can offer companionship, and help with recreational activities. Volunteers can also provide emotional support, social engagement, and help to enhance the overall quality of life for residents. By offering their time and skills, volunteers can make a significant difference in the lives of the elderly and contribute to a positive community.

### Residents appointments

If a resident schedules an appointment on their own, they are responsible for arranging their own transportation. However, if they would like staff to provide transportation, the facility will handle the arrangements.

# Resident Shopping Day

The bus will be available each Monday from

1pm-4pm

Any residents who require to do any sort of errands in town, please let the Leisure and Lifestyles team know if you would like to be involved.



### Bon Bon Jokes



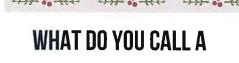
WHAT DO GHOSTS EAT?

3333333333333333333333





BECAUSE IT'S TWO-TYRED



HORSE THAT ENJOYS
THE DARK?





WHAT SCHOOL
SUBJECT ARE SNAKES
BEST AT?



WHAT IS BLACK AND WHITE AND NOISY?

Zebra with a drumkit



A STEAK PUN IS A

RARE MEDIUM WELL DONE





Happy Birthday Ev, Kath, Margaret, Arthur and Garry







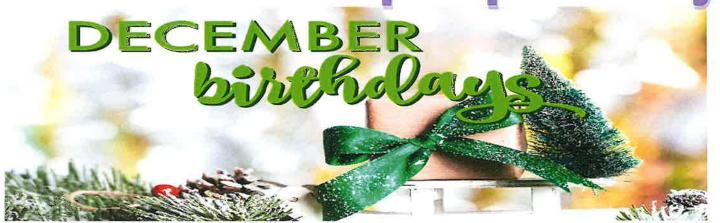








Hip Hip Hooray



# Putting up the Christmas Tree























**Getting Creative** Jan pictured below with her hand made Christmas Shirt







Candid shot of Lez after asking for the most sour lolly they've got at the Penola chocolate store.



Residents and staff love it when Lerida brings in her service dog Gemma for a visit.





#### **December Winners Page**

#### **Dice Games**

Peter G x2
Gillian
Ann
John H
Faye M

#### **Dominoes**

Nancy x2
John H
Gillian
Ron

#### Hangman

Alice
Peter G
Faye M
Ann

#### R.C.L

Peter G
Ann
Alice
John H

#### Sports games

Ann Nancy John H Faye M

#### **Cover the Numbers**

Nancy Des Faye M

#### Find 10/Pairs

Gillian
Rebecca
Des
Peter G

#### Bingo/Hoy

Des
Ann P
Gillian x1
Faye M
Alice
John Z

#### UNO

Alice Peter G Faye M



### Christmas Craft



### Christmas Card Craft





































#### **To the Tarrington Hay Bales**

















In what town did you live in? I was born in Lobethal, South Australia.

What did you do when you left school? When I left school, I went to work on the family farm as there was still a lot for me to learn.

What was your main occupation? Farming, milking cows, and growing potatoes

What are or have been your favourite past times? Collecting vintage cars, running, farming, ballroom dancing. I liked to keep myself fit, active and strong.

What is the most exciting thing that happened in your life? Having a happy marriage and a good family life.

Who is your hero or the person you most admire? My father, he was a hard worker and always managed to make the best of every situation.

What is or has been your greatest achievement? Living well in to my nineties, I am currently 94 and I intend to see 100.

What do you think is the most important thing in life? Progress, improvements in medicine to help future generations live a happy and prosperous life.

What words of wisdom can you share with other readers? Every horse should have a good harness.



Name? Buddy.

Age? It's a secret but I will give you a clue. I am as old as my pinkie finger and as young as my thumb.

Where were you born in? North pole.

What did you do when you left school? I began making shoes, baking cookies in a tree, and building toys in Santa's Workshop.

In which place did you live most of your life? North pole.

What do you like best about your job? Working closely with Santa and being his eyes and ears during the busy Christmas season.

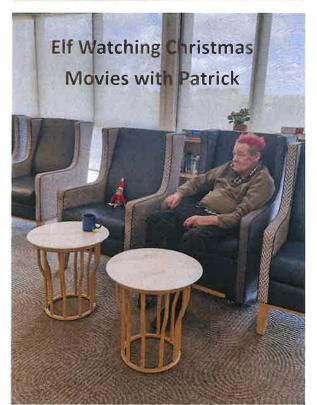
What are or have been your favourite past times? Ice skating, making snow angels, eating sugar plums and snuggling.

Who is your hero or the person you most admire? Santa of course.

Why don't you stay at Edgarley all year.? Elves must return to the North Pole to help Santa and Mrs. Claus get ready for Christmas next year.

What do you think is the most important thing in life? Following the Golden Rule: Treat others the way you want to be treated. By being kind, respectful, and considerate to everyone you meet, you'll be sure to stay on Santa's nice list

What words of wisdom can you share with other readers? The Best Way to Spread Christmas Cheer Is Singing Loud for All to Hear.



## **Elfing About**













### Christmas Jokes

Where do snowmen keep their money?
In a snow bank.

Why is Santa so good at karate?
Because he has a black belt!

What do elves learn in school?
The elf-abet.

Which elf was the best singer? ELFis Presley.

What do snowman eat for breakfast? Ice Krispies!

What do you get when you cross a snowman and a vampire? Frostbite

What did the Gingerbread Man put on his bed?
A cookie sheet!

Why is it so cold at Christmas? This Year Because its in Decembrrr!



# Resident & Family CHRISTMAS (B) B)













































































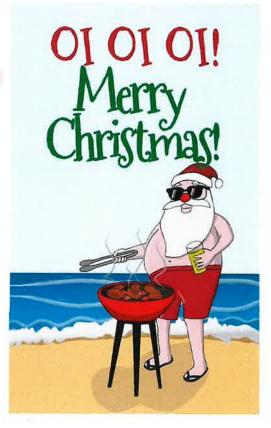






Neha Reading Bon Bon Jokes to the Residents











A Pawfect
Christmas visit
from
Peanut & Bailey



### Ladies Auxilary Christmas Party





























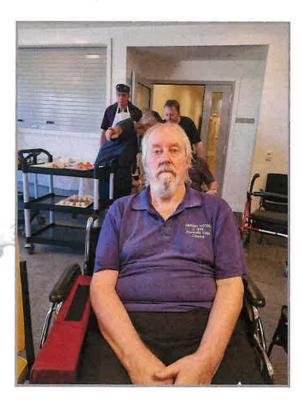




# HOHO HO



















Edgarley was blessed with not one, but two Christmas carol performances from a local acapella group singing everything from a solemn Silent Night to a marching rendition of Little Drummer Boy, to a very merry, jangly, Jingle Bells.





























### Arranging Beautiful Roses from the Edgarley garden with Elf's assistance









Thank you Edgarley Staff for participating in our Kris Kringle for the Residents. Our Residents loved their visit from Santa on Christmas Day, to which he gave each

Residents a gift





Armchair Travels
Christmas in Europe







Copenhagen, Denmark

In the month of December our Armchair Travels took our Residents to Europe at Christmas Time



### **Shoot the Reindeer Game**







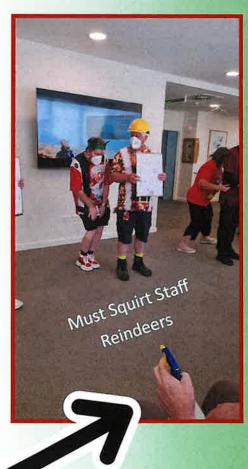










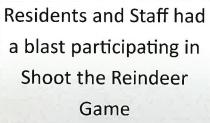
































Christmas Day

























































Pictured here are photos of the unveiling of the Cottier Sound Shell which took place during the Casterton Vice Regal Band Christmas Carols on the 22nd December 2004. Harry is pictured with his 3 sons Steven, Paul and Peter. The unveiling of the Cottier Sound Shell was in recognition of over 90 years of the involvement with the band by members of the Cottier family and in particular Harry Cottier who has worked tirelessly throughout the region playing and teaching music.

Congratulations to the Cottier Family

Thank you Paul Cottier for providing these memorable photos for our

Newsletter















Residents and staff would like to give a big thankyou to Rose Evans for the donation of a motorised wheelchair



Residents would also like to thank the Children from Sacred Heart Primary School for their thoughtful hand made cards that were presented to all of our Residents

Our Residents really loved them







Thank you to those who gave their best wishes, cards and gifts to the Staff & Residents here at Edgarley Assisted Living during the feastive season.

Thank you to the Leisure & Lifestyle staff (especially Lez) and
Residents for
decorating the Facility with all the
beautiful Christmas decorations.

Thank you to the kitchen staff for the delicious Christmas food we so happily consumed.

Thank you to our Volunteers for their time and all they do.

Thank you especially to

all the staff that worked
On the Christmas holidays.





### January 2025

	Date	Activity						
1.	Wednesday	Lower Floor: Dice 10.30 AM						
	•	Upper Floor: bus run 1.30						
2.	Thursday	Upper Floor: Cover the Numbers 10.30 AM						
		Lower Floor: Dominoes 1.30 PM						
3.	Friday	Lower Floor: UNO 10.30 AM						
		Upper Floor: Afternoon Tea Bus Run 1.30 PM						
4.	Saturday	NDIS Morning						
		Lower Floor: Liar's Dice 2.30 PM						
5.	Sunday	Movie Day						
6.	Monday	Lower Floor: Bingo 10.30 AM						
	,	Upper Floor: Quoits 1.30 PM						
		All Areas: Shopping Run 1.00 PM						
7.	Tuesday	Lower Floor: Cards						
	-	Upper Floor: Painting						
8.	Wednesday	Lower Floor: Shooting Hoops 10.30 AM						
		Upper Floor: Battleships 1.30 PM						
9.	Thursday	Lower Floor: UNO Shuffle 10.30 PM						
	,	Alma Vickery Room: Bowls 2.00 PM						
10.	Friday	Lower Floor: Dominoes 10.30 AM						
		Upper Floor: Hangman 1.30 PM						
11.	Saturday	NDIS Morning						
	·	Lower Floor: Country Bus Run 1.30 PM						
		Upper Floor: Country Bus Run 3.00 PM						
12.	Sunday	Movie Day						
13.	Monday	Lower Floor: UNO 10.30 AM						
	,	Upper Floor: Word Bingo 1.30 PM						
		All Areas: Shopping Run 1.00 PM						
14.	Tuesday	Lower Floor: Anything Goes						
	·	Upper Floor: Pamper Day						
15.	Wednesday	Lower Floor: Cover the Numbers 10.30 PM						
	,	Upper Floor: Residents meeting 1.30 followed by Hoy						
16.	Thursday	Lower Floor: RCL 10.30 AM						
	,	Upper Floor: Liar's Dice 1.30 PM						
17.	Friday	Lower Floor: Bean-Bag Toss 10.30 AM						
	,	Alma Vickery Room: Cinema Day, The Wizard Oz 1.30 PM						
18.	Saturday	NDIS Morning						
	,	Upper Floor: Golf 2.30 PM						
19.	Sunday	Movie Day						

### January 2025

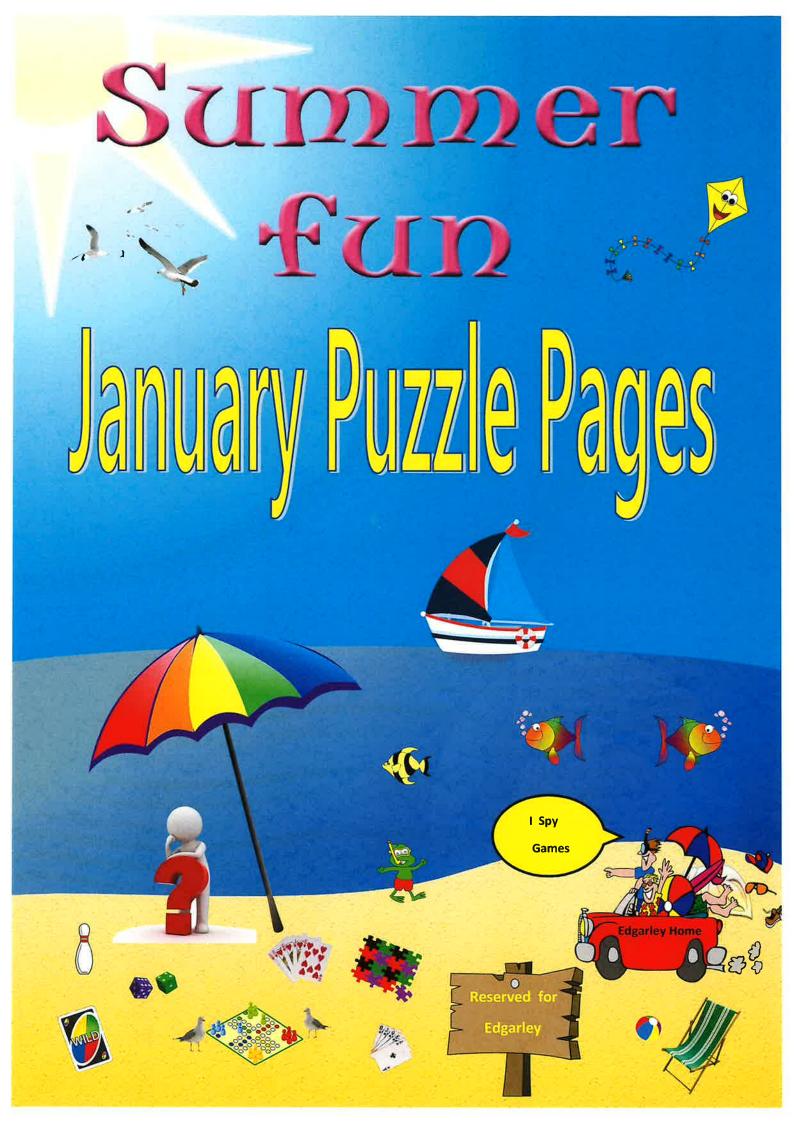
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20.	Monday	Lower Floor: Hoy 10.30 AM							
		Upper Floor: Dice 1.30 PM							
		All Areas: Shopping Run 1.00 PM							
21.	Tuesday	Lower Floor: Guess Who Game							
		Upper Floor: Summer Food Creations							
22.	Wednesday	Lower Floor: Pairs 10.30 AM							
		Upper Floor: Remember/Recount 1.30 PM							
23.	Thursday	Lower Floor: Hangman 10.30 AM							
		Upper Floor: Jacks 2.00 PM							
24.	Friday	Lower Floor: Dominoes 10.30 AM							
		Upper Floor: Battleships 1.30 PM							
25.	Saturday	NDIS Morning							
		Lower Floor: Country Bus Run 1.30 PM							
		Upper Floor: Country Bus Run 3.00 PM							
26.	Sunday	Movie Day							
27.	Monday	PUBLIC HOLIDAY							
28.	Tuesday	Lower Floor: Board Games							
		Upper Floor: Social Group/Craft with Anna 1.30 PM							
29.	Wednesday	All Areas: Morning Tea Bus Run 10.30 AM							
		Upper Floor: Greed 1.30 PM							
		Lower Floor: Find-10s 10.30 AM							
30.	Thursday	Upper Floor: Dominoes 1.30 PM							
31.	Friday	Lower Floor: Dice 10.30 AM							
	,	Upper Floor: Cover the Numbers 1.30 PM							



Kerri from Hairwize will be here 9:15 AM (Date -TBA) Nikki from Mane on Henty will be here at 1.00 pm (Date -TBA)

Father George will be holding a Church Service in the Glenelg Lounge (Date - TBA)

All welcome





## Summer Ice cream Word Search!





Chocolate Peach Banana Brownie Coconut Peppermint Coffee Pistachio Bubblegum Butterscotch Mango Pumpkin Maple Strawberry Caramel Vanilla Neapolitan Cherry

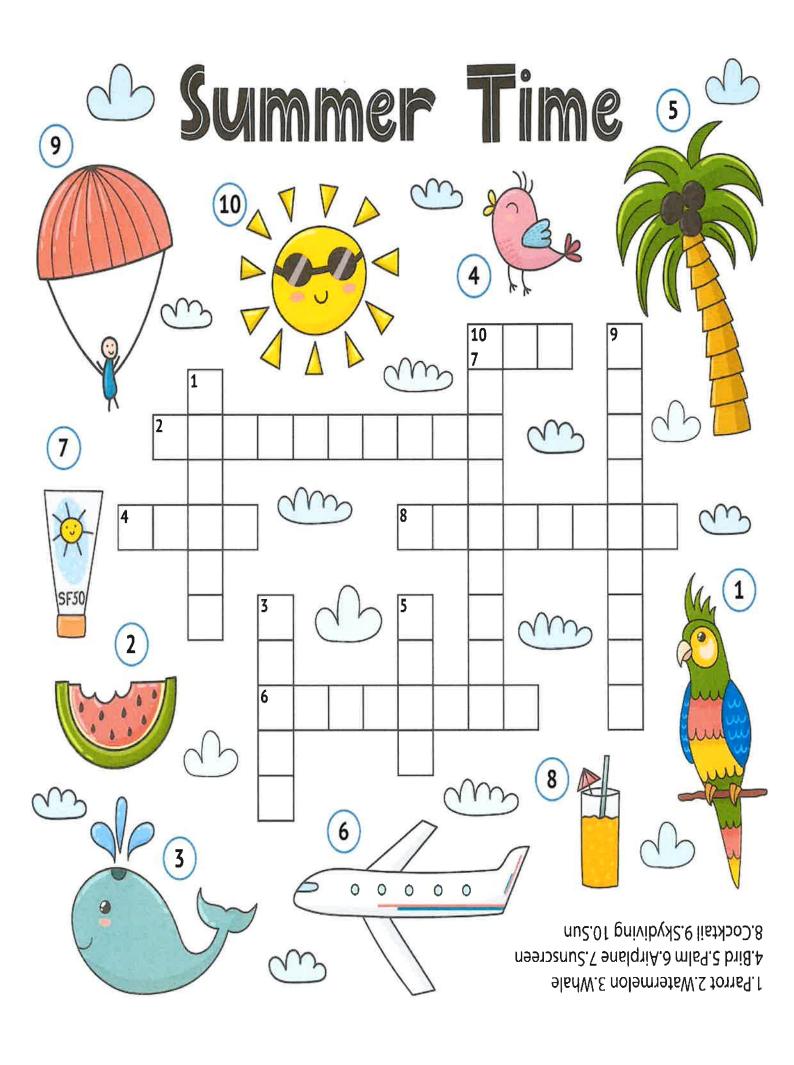




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RELAXATION TRAVELING HOT SUNSHINE POPSICLE BARBECUE OCEAN BEACH SUNBATHE GRILLING VACATION
SWIMSUIT
AIR CONDITIONING
SWIMMING
ICE CREAM

WATER PARK LAKE POOL CAMPING SPEEDBOAT



### Summer Gardening

#### A Tasty Word Search

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GARDEN
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PLANT
SOIL
WEEDS
PLOT
VEGETABLES
FRUIT
LEAVES
ROOTS
FERTILIZER
SEEDS
SEEDLINGS
BUSHES

VINES
BUSHELS
HARVEST
PLANTING
BASKETS
GROWING
FOOD
SUMMER
CORN
BEANS
SQUASH
CUCUMBERS
MELONS
TOMATOES
POTATOES



#### SUMMER WORD SEARCH

S S U K W V B W K N W M K X A E S E Q Н K 0 J D Α 0 B D N N N Α Α W T M U C В G C D Т C റ N P N Н Q T H F Α L F R R E М C E Α A R M 1 Т D R S E P P C I  $\circ$ C S W E J T M M N A 1 Α A CU N E L M В O T D M S N N Α M Н Α U Т R E Р Т S S C A E V Н O P U C P Y N N Α E 0 0  $\circ$ S S Α E L S R S G N U

WORD BANK:

HOT

ICE CREAM BBO

BEACH JUMP CAMPING KITE

**PICNIC FUN** 

PLAY

POOL

POPSICLE

SAND

SUMMER

SUN

SUNCLASSES

SWIM

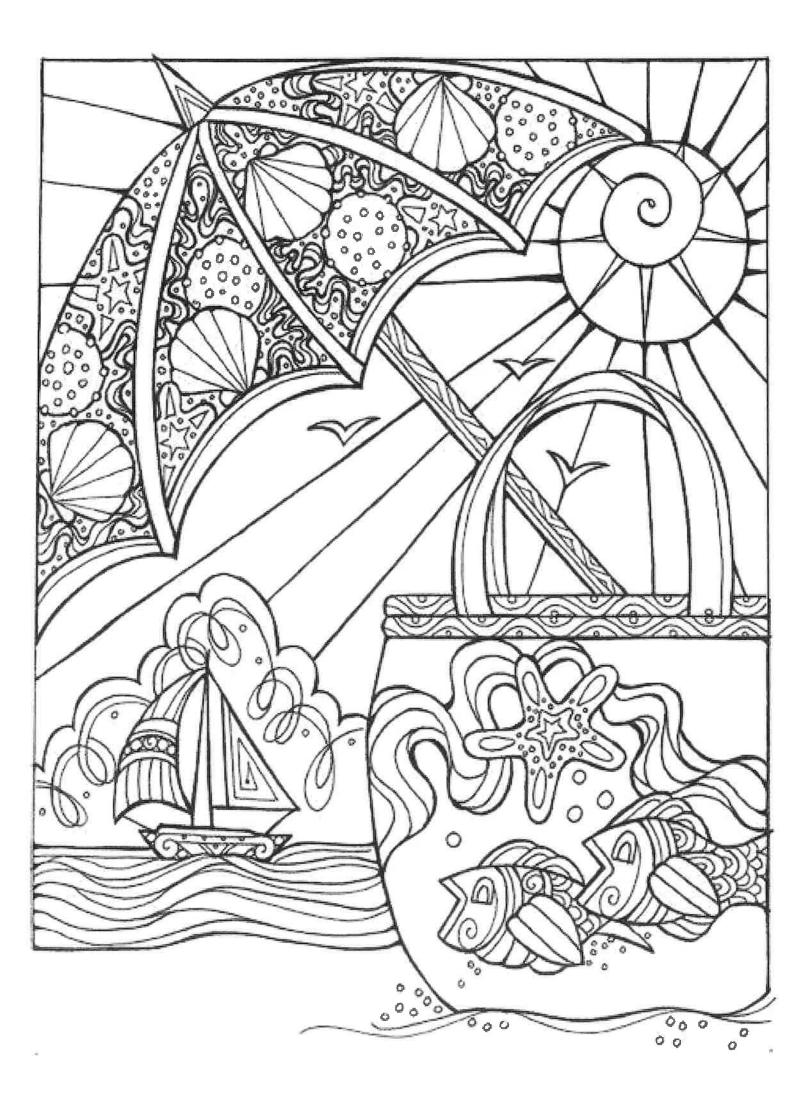
SWING

VACATION









### Summer Spot the Difference





### **Laughing Matters**



#### Wrinkles

A girl is sitting on the couch with her grandpa and studying the wrinkles on his old face. She gets up the nerve to rub her fingers over the wrinkles. She touches her own face and looks more puzzled. Finally the girl asks, "Grandpa, did God make you?" "He sure did honey, a long time ago," replies her grandpa.

"Well, did God make me?" asks the girl.

"Yes, He did, and that wasn't too long ago," answers her grandpa.

"Boy," says the little girl, "He's sure doing a lot better job these days isn't He?"

#### 50<sup>th</sup> Wedding Anniversary

The church held a "Marriage Seminar" and the Priest asked Luigi, as his 50th wedding anniversary approached, to share some insight into how he managed to stay married to the same woman all these years.

Luigi replied to his audience, "Well, I tried to treat her well and spend money on her. But the best thing I did was take her to Italy for our 20th anniversary."

The Priest said "Luigi, you are an inspiration to all husbands here today. Please tell the audience what you plan for your wife for your 50th anniversary."

Luigi proudly replied "I'm gonna go and get her."

#### **Funny Faces**

Finding one of her students making faces at others on the playground, Ms. Smith stopped to gently reprimand the child. Smiling sweetly, the Sunday school teacher said, "Johnny, when I was a little girl, I was told if that I made ugly faces, it would freeze and I would stay like that."

Little Johnny looked up and replied, "Well, Ms Smith, you can't say you weren't warned."



#### **CROSSWORD**

#### **COUNTRIES & NATIONALITIES**



Read the nationalities and write the country names.

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# PUZZLE PAGE

## Did You Know?

That honey is the only natural food which never spoils



What is Pigs Pigs Pigs

trying to say? saying secret this

## Word Knock Out

Use the clues to knock out the answers you should be left with two words.

Words that start with SN
 Words that end in Y

Words that end in Y

3. Weather

Animal sounds

Types of Tea

What are These Number Plates Saying? THANK-YOU ILV2EAT 3XTHFUN

BLACK HARSH TWEET SPY HAIL SUNSHINE GROWL SNEEZE DAISY RAIN WOOF WHITE SNOB WIND GREY TERRAIN SNOW GREEN HISS PAY

What do you see in

Eskímo or a face?

this picture? An

Activities for Aged Care

## Word Scramble

Rearrange the letters to form a new word.

SOBS

TOON

DICE

WELD

Can you find the different objects in the picture below?

Look carefully as it is a little tricky



Activities for Aged Care

### Answers

Secret Saying -- Three little pigs

Knock Out – Left over words Harsh Terrain

Number Plates –

l love to eat

Three times the fun

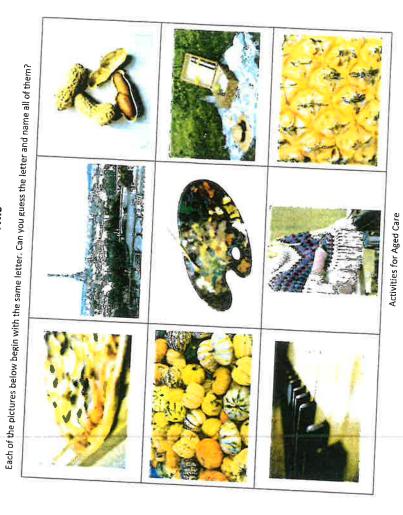
## **Word Scramble**

- 1. Boss
- 2. Onto
- 3. Iced
- 4. Lewd



Activities for Aged Care





#### Summer

Find and circle all of the summer words that are hidden in the grid.

The remaining letters spell an additional summer item.

J	U	Ν	Ε	S	Т	S	S	S	S	Υ	Κ	S	E	U	L	В	М
U	S	M	Е	А	U	Υ	Ε	0	U	Н		K	1	Ν	G	S	А
S	M	W	E	Е	А	Ν	L	U	В	Ν	W	Α	S	Ε	Υ	R	E
U	T	W		R	R	S	G	1	С	Α	В	L	Ν	Α	R	Е	R
Ν	S	Н	٧	M	T	С	С	L	Τ	E	Α	U	D	Τ	V	L	С
Τ	Υ	U	G	1	Μ	Υ	S	Е	Α	D	В		R	S	S	K	E
Α	G	L	С	1	С	1	R	Ν	Ν	S	L	R	R	Ν	D	Ν	С
Ν	R	Ε	U	L	F	M	Ν	Α	U	0	S	Е	Α	R	G		}
0	E	Α	E	J	Е	R	S	G	Н	S	W	Е	А	В	Ν	R	С
S	Е	D	Α	L	В	R	E	L	L	0	R	0	S	R		Р	R
С	Ν	Α	0	F	L	0	G	Ţ	L	T	В	Т	Е	Е	Т	S	Е
Н	G	Ν	1	Н	S		F	F	А	E	0	А	Е	Е	А	Н	С
0	R	С	Α	M	Р	1	Ν	G	Τ	W	Т	Н	В	Ζ	0	С	С
0	А	С		Ν	С	1	Р	Α	W	Α	S	Ρ	S	Ε	В	Α	0
L	S	F	L	I	E	S	K	M	0	S	Q	U	1	Τ	0	Е	S
Τ	S	U	G	U	А	S	1	L	L	Α	В	E	S	А	В	В	0
G	N	1	N	E	D	R	Α	G	S	U	N	S	Н	1	Ν	E	N

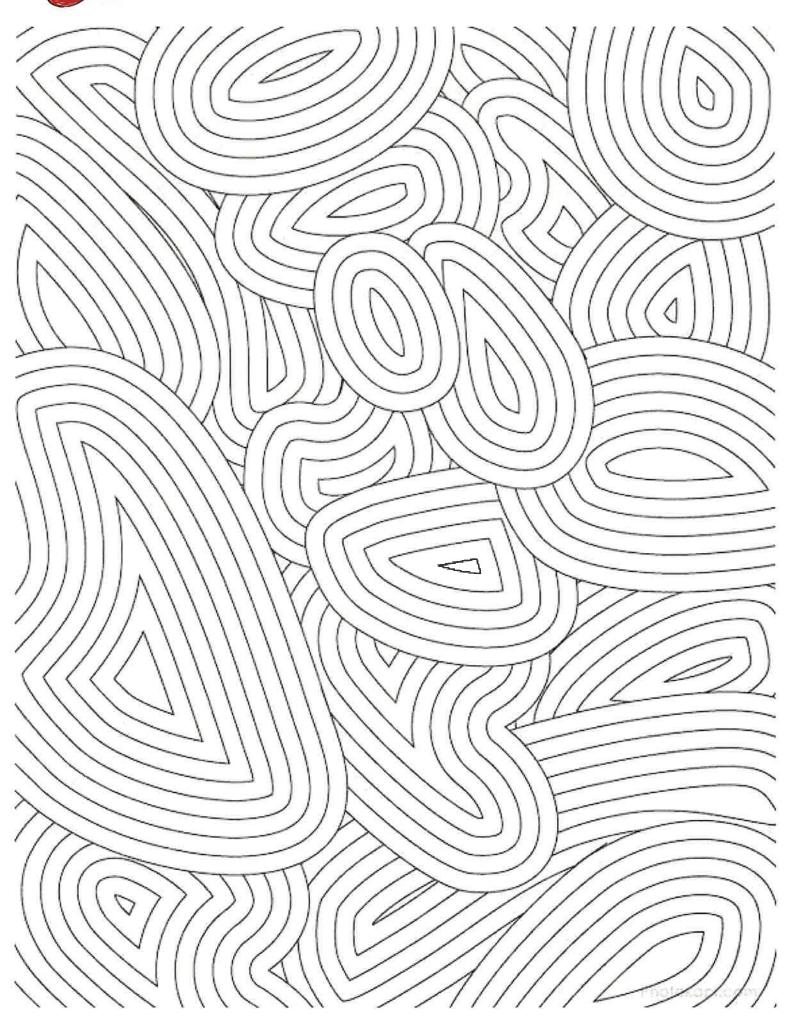
ANTS
AUGUST
BARBECUE
BASEBALL
BEACH
BEES
BICYCLE
BLUE SKY
BOATING
BREEZE
CAMPING

FISHING
FLIES
FLOWERS
GARDENING
GOLF
GREEN GRASS
HAT
HIKING
HOLIDAYS
HOT
ICE CREAM

JULY
JUNE
MOSQUITOES
NO SCHOOL
PICNIC
ROLLER BLADES
SANDALS
SKATEBOARD
SOCCER
SOLSTICE
SPRINKLERS

SUNBURN
SUNGLASSES
SUNSCREEN
SUNSHINE
SUNTAN
SWEAT
SWIMMING
U V RAYS
WASPS
WATER FIGHTS
WATERMELON









### COLOR ME

WHAT CAN YOU SPOT ?