

EDGARLEY ASSISTED LIVING

Specialising in complete quality aged care and independent living.

NEWSLETTER August 2024



73-85 Jackson Street, Casterton Vic 3311

Phone: 03 55 811211, Fax: 03 55 812050

From the CEO



Hi Everyone,

Whilst we have had a little rain it is still not enough for our farmers in the area. The rest of us however will complain about the rain we have had, the freezing cold and frosty mornings.

On the 31st July Edgarley had a PJ/Onesie day to celebrate "international friendship Day" On the 7th August we will be having a morning/afternoon tea for staff to celebrate "Aged Care Employee's Day" – this celebrates the hard work that staff put in when working in the Aged Care Industry.

We also congratulate our overseas staff on obtaining their long term Visa's – it has been a long process but we are now at the end of the road with the applications being approved by Immigration.

Membership for the Edgarley Association is now due to be paid for the 2024/2025 year. Invoices will be sent out to our registered members. If you would like to become a member please speak to the office about submitting an application. We are always looking for new members to join the association and then going on to become members of the Board.

We continue to have units available in Edgarley Court ,please contact the office if you are interested.

Edgarley continues to look out for accommodation for staff if anyone knows of any units/houses available for rent.

Sue Wray CEO

August Trivia

August was named in honor of Augustus Caesar. It has 31 days because Augustus wanted as many days as Julius Caesar's month of July had!

Quote of the Day



RESIDENT'S MEETING July 3rd 2024

Present: R. Jordan, R. Williams, A. Peden, J. Zippel, V. Madex, G. Brooke, F. Morrow, D. Parnham, J. Humphries, B.

Knight, L. Mackie, I. Mackie, M. Gunther, A. Bull, R. Hamilton.

Staff: L. Power, T. Crick, A. Lee, M. Hill, L. Hornibrook, A. Brody. S Hooper

Meeting begins at 1.31 PM
Previous meeting read and passed, seconded by F. Morrow

Business arising from previous meeting:

- Summer menu has been handed out to and inspected by residents, with largely positive reception.
 Only minor changes required.
- DON Amanda Lee reiterates and expounds on what was said last meeting about meal portions. While Edgarley must meet meal standards set by government, dietitians and auditors, residents are of course always free to eat as much or as little as they desire. Leanne from the kitchen will also now be asking residents, on a yearly basis, about their preferred portions.
- Continuing on with food discussion, steak is still said to be too tough. While Leanne always makes sure
 to boil steak, she is unsure how other kitchen staff prepare it, and will instruct them also to boil it in
 her fashion
- Handyman Malcolm Hill has been made aware of issue of unclean wheelchairs, will be reinstating the schedule from the old building, with both wheelchairs and commodes all being cleaned on the same day on a monthly basis, and individual chairs as often as is required.
- Kitchenette Noise still an issue, will be brought up at next Leadership Meeting.
- Bathroom towel rails have all been installed, residents very pleased. Malcolm Hill was thanked for his
 diligent work.

General Business:

01: BBQ Day: As we are now in the frigid months, some residents are finding it too cold in the Alma Vickery Room and are becoming unwilling to go to the monthly barbeque. As such, BBQ day will be suspended for the duration of winter, with plans to revive it during summer.

This break will also allow staff to brainstorm ways to make the event run more smoothly upon its return.

- **02: Meal Discussion:** Some residents feel rushed or interrupted during the preparations for breakfast, lunch, and dinner, saying that they would perhaps prefer a dinner bell to ring out over the PA 15 minutes before mealtime, letting them know that it's time to get ready without feeling as if their privacy has been invaded. Lamb's fry was again complimented as a popular meal, and head chef Sam Hooper was pleased to hear that the new scones being offered were well-received.
- **03: Happy Hour:** Residents from Glenelg House will be invited in the near future to Happy Hour as a trial run for future events. If successful, a combined Happy Hour will become the norm, alternating between the Edgarley and Glenelg House facilities on a monthly basis.
- **04: New Physio:** Physio Raj Kaur has left Edgarley, as her 3-year contract has expired. A new physio, has been hired, and will start once his visa has cleared. This new physio is a pain specialist with a particular expertise in arthritic joints. He will be working at Edgarley for 5 days a week, for at least 2-3 years.
- **05: Increased Dr Services:** The facility will be seeing an increase in visitations from local doctors, now being upped to 3 times a week, thanks to Doctor Anthony Farnbach.
- **06: Activities Check:** Leisure and Lifestyle asked Residents for input in regards to activities and bus trips, with Residents saying they are very happy with the current offerings.
- **07: Car Museum Bus Trip:** A resident has expressed interest in going to Hamilton to see the car museum, with other residents agreeing. Leisure and Lifestyle will look into possibility of organising a trip in the future.

Meeting closed 2.25 PM

Next meeting August 7th 2024

BIRHDAY

In August, we celebrate birthdays with:

Marline B Robert C

Gillian Daphney

Annie Margaret

Robert C Rodney



Leo (July 22 -August 21)

Lovable Leos are famously known for their exuberance, loyalty and self-confidence.

Virgo (Aug 22 – Sep 22)

Virgos are logical, practical, and systematic in their approach to life. They are perfectionists at heart.

HAPPY BIRTHDAY TO -

Tony Bennett – Singer – 3rd of August, 1926

Dustin Hoffman, Actor, 8th August 1937

Melanie Griffith, Actor, 9th August, 1957

Magic Johnson, Basketball 14th August, 1959

Madonna, singer, 16th August, 1958

Robert De Niro, Actor, 17th August, 1943

Patrick Swayze, Actor, 18th August 1952

Bill Clinton, 42nd President, 19th August 1946

Sean Connery, Actor, 25th August, 1930

Michael Jackson, Singer, 29th August, 1958

Product Birthday Spotlight: Internal Combustion Engine

Proving that fuel could be ignited without a spark, French inventor Rudolf Diesel was granted a patent on August 9, 1898, for the internal combustion engine, also known as the Diesel engine.



LADIES AUXILIARY

We are a very small band of volunteers that work towards supplying equipment to Edgarley or help with assistance to the residents in many forms. We would really like to get some new members to help us in this endeavour. We hold monthly meetings on the first Monday of the month in the

Alma Vickery function room Edgarley at 2 pm. If you feel you cant commit to this maybe you could help us out on an adhoc basis with some of our fundraisers. You don't have to have a connection to Edgarley to join our group. We look forward to any enquiries you may have. Please contact Margaret Currie for a membership form on 0478 608 332.

FOOD REGISTER BOOK

Any fresh food brought into our facility for the residents will need to be entered into the register accordingly. The books can be found to the right of the Glenelg door

Thank you for your co-operation

Residents meeting GLENELG Wednesday 7th August 1.30.

We wish to invite family members to these meetings which will be held on the first Thursday of each month.

Judy Smith is the resident/family representative on the Medication Advisory Committee.

If any resident or family member has any questions or issues regarding their medication management at Edgarley (this does not include pharmacy accounts, they are to be taken up directly with the Pharmacy) Please contact Judy on 0429 192 841 and she will bring those question/issues to the meeting.



CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems, or jokes are most welcome.

Please email your contribution to office@edgarley.com.au

Thank you!

COLUNTEER

"Volunteers don't get paid, not because they're worthless, but because they're priceless." – Sherry Anderson

ESURE AND LIFESTYLE WOLUNTEERS WANTED

Being a volunteer in Edgarley can offer companionship, and help with recreational activities. Volunteers can also provide emotional support, social engagement, and help to enhance the overall quality of life for residents. By offering their time and skills, volunteers can make a significant difference in the lives of the elderly and contribute to a positive community.

For further information, please phone Edgarley on 55811211, to speak to our Leisure and Lifestyle team.











Our Resident John enjoying his weekly swimming exercises.





SPOT WHAT

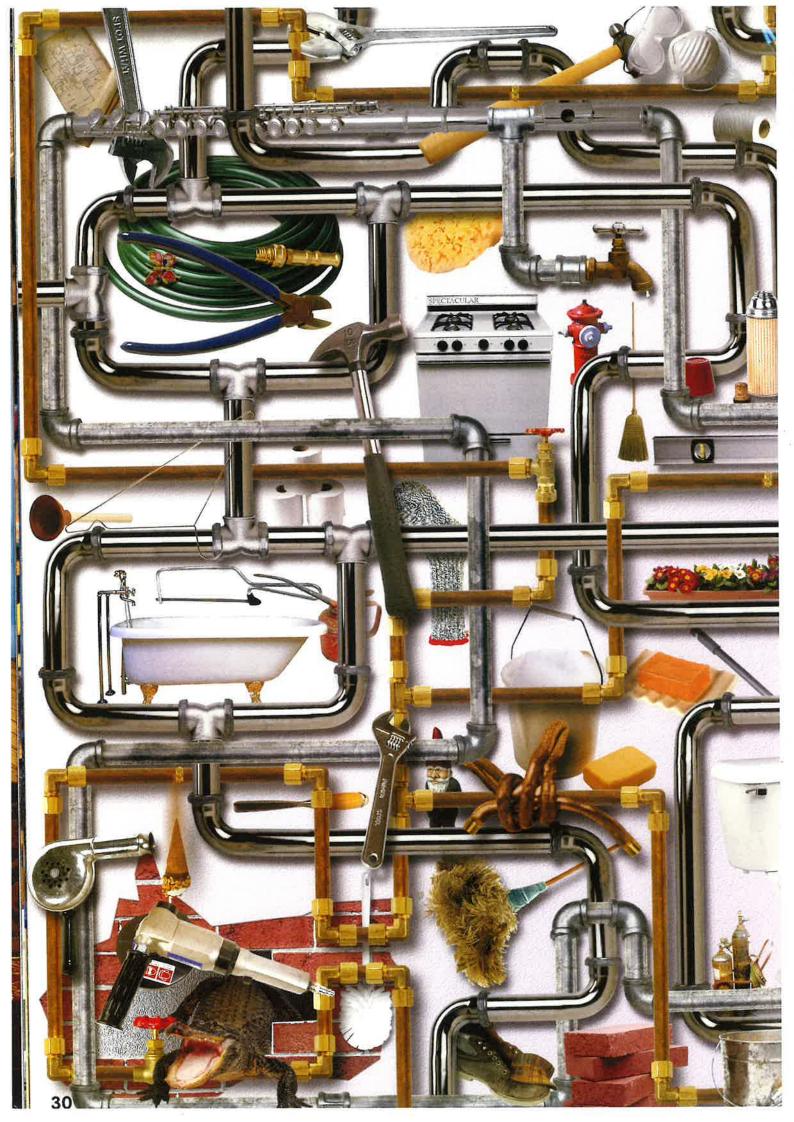














Arthur



In what town did you live in? I was born in Casterton in 1952 and lived on the family dairy farm from 1955 in Retreat (Soldier Settlement).

What did you do when you left school? Worked on the farm.

What was your main occupation? Farming, I started in dairy and went to beef in the 1970's.

What are or have been your favourite past times? I enjoy fishing.

What is the most exciting thing that happened in your life? Many different things, too many to single out.

Who is your hero or the person you most admire? My parents. They looked after me and taught me well.

What is or has been your greatest achievement? Successful farming.

What do you think is the most important thing in life? Having good health and not taking it for granted.

What words of wisdom can you share with other readers? Take things easy, there is no hurry to the finish line.

Get to know Edgarley Staff



In what town were you born in?

I was born in Merino

What did you do when you left school?

I worked at the Merino primary school in the office and as a teacher's aide, then I was called in to teach prep when a staff member was sick, I loved working with the very young children. Then I worked on the vines in Coonawarra and at the Dartmoor mill.

In which place did you live most of your life?

Casterton

What is your job role at Edgarley?

I have been working at Edgarley for the past 16 years. For the first 13 years, I was a personal carer and the Lifestyle and Leisure coordinator before working in administration and reception, which I love.

What do you like best about your job?

I love all the people I get to interact with each day, including residents, visitors, staff, and contractors. I never know what each day will bring.

What are or have been your favourite past times?

Movies, music, and traveling in the caravan with my Hubbie.

What is the most exciting thing that happened in your life?

Meeting my wonderful husband 45 years ago.

Who is your hero or the person you most admire?

My parents and husband

What is or has been your greatest achievement?

Being the singer and guitarist in the Tarragal Band for the past 36 years.

Recording 5 different CD's that have sold all over Australia, NZ and Wales. And the band is still going.

What do you think is the most important thing in life?

Family and true friends

What words of wisdom can you share with other readers?

My mother (Marge Owens) told me once.... "Cows and woman should never run", and I have never forgotten these words of wisdom.





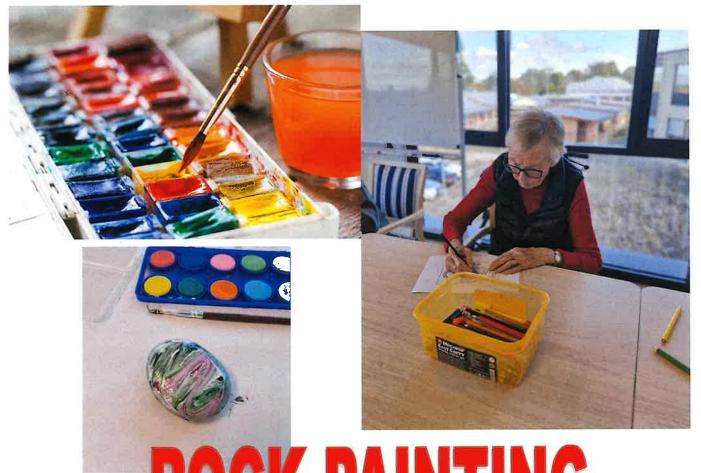












ROCK PAINTING











Look who's walking already

We cannot believe Dannielle's little boy Brodhi is already walking. You can see by his face how much he is loving it too.

The Residents and staff all love watching Brodhi grow up.









Pamper Day















Sinsalong With Judy











Pyjama & Onesie Day













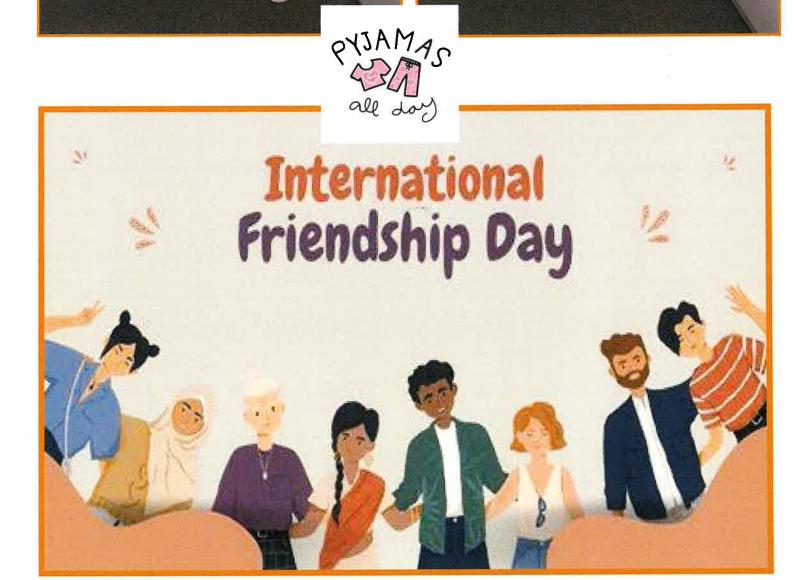


On the 31st July Edgarley had a PJ/ Onesie day to celebrate "international friendship Day" Our Staff looked great and put smiles on the Residents faces.









It's a Wonderful World

" Every day may not be good.....

but there's something good in every day."

Husband and Wife Residents Ian & Lorna enjoying cherished moments together at Edgarley.



TALES OF CASTERTON



THE WAINES MURDER AND OTHER STORIES

BY JACK GORMAN

OUR BOER WAR VETERANS



THE DEPARTURE OF A VICTORIAN CONTINGENT

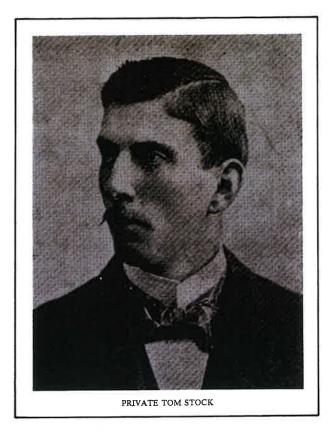
The Boer War which took place during Queen Victoria's reign, and which probably hastened the end of her long and fruitful rule was a bloody, bitter struggle. It was fought between Great Britain and her Colonial Troops as Allies opposed to the Boers, descendants of the Dutch early settlers in South Africa, and they were cunning, brave and ruthless foes.

The Boer War was not the first war in which volunteers from Casterton and district had served. Robert Grant of Sandford served in the Crimean War between 1855 to 1858, and there is a medal amongst his relatives today commemorating the Battle of Lucknow, which he took part in, during that campaign in India. In the church of England there is also a marble wall plaque in memory of Pte. Charles Peachey who was attached to her Majesty's 19th Foot Regiment, and died as a young man of only twenty eight on 28th January, 1863. George Upton was also a veteran of the Crimean War.

With the cities of Ladysmith, Natal, Kimberley, and the Transvaal being hotly pressed by the Boers, the call went forth for more volunteers.

After the Crimean and Sudan Campaigns, there existed in most country towns throughout Victoria, a body of well disciplined troops, all volunteers and great horsemen, they were known as the Victorian Mounted Rifles. They continued to function until World War 1, when they were absorbed into one of the Commonwealth's most famous fighting units, the Australian Light Horse. Expert riders, crack rifle shots, and fine bushmen, one of their members, Charles Koch the younger, was chosen as one of the bodyguards to Queen Victoria at her Diamond Jubilee in 1897. Twelve volunteers from this area heard the Call to Arms. Two of these brave men never came back. Another Pte. Archie McLean, who was born at Sandford at "Bowtell's Creek", was holidaying with his sisters in New Zealand when war broke out, and enlisted from there. At Sandford on the 2nd February, 1902, his mother heard the sad news that her son had been killed in action whilst fighting a gallant rear guard action at the Battle of Langrewacht.

Ptes. Duncan and Tom Stock from the V.M.R. at Sandford were two of the first to enlist. Another brother Jim, also enlisted but was rejected with varicose veins. From "Cammais" at Sandford had come the first three volunteers. The V.M.R., particularly those trained and born in country areas like Casterton, was one of the elite corps of the contingent. The Colony of Victoria had three contingents, known as The Bushmen's Corps, and one of their first engagements was on The Southern Frontier in the Orange Free State.





Pte. Tom Stock after a gallant war record whilst on duty as a sentry, was killed at the battle of Rensberg on February 9th, 1900. "Bugler" Frank Hortle, a gifted musician who could play any instrument, volunteered. So too did Herbert Sealey. He never came back and died of Enterric Fever, the scourge of the colonial troops at Bloomfontein on April 30th, 1900. Roy Grinham, well known as Casterton's pound keeper volunteered. He was left with a stiff leg, a grim legacy of his days in South Africa. Sgt. Major H. McDonald of Strathdownie, a volunteer, came back. Trooper Bob Edwards, a brother of Dick Edwards, received a silver fruit bowl from the grateful citizens of Henty and Merino when he returned. Young Harry Blair, who lived on until a big age at "Stewarts Lane" Casterton, also volunteered. Fred Meldrum of Merino whose people have been in the garage business for over a hundred years, sailed off to South Africa with the Bushmen's contingent in 1899. He was at the Seige of Mafeking. A bosom pal of Bob Edwards, they both joined up again and served in the 4th Lighthorse in 1914. He afterwards became a painter and upholsterer with the Victorian Railways, and died at Ballarat in 1944.

Although thinly populated in 1899, from Strathdownie there came as volunteers Hector McKinnon from "The Ridge", Charlie Green who lived at Lindsay, Jack Collie from Mumbanar, and Lloyd Watson. George Condy, an adopted boy of the Widdicombe's from Wando Vale, volunteered, so too did the Sprigg Bros. whose father, Clarkson Sprigg owned stores at Sandford and Casterton.

With the fortunes of war fluctuating, and great battles in the Orange Free State, the Seiges of Kimberly and Mafeking, the citizens of Casterton and district became very patriotic minded.

Local committees were formed throughout the shire to assist the troops at the front far across the sea. At Merino Miss Meldrum opened her home for sewing bees. Miss McKay cut materials, helped by Mrs. Kraatz, and the Misses Tait, McIntyre and Mrs. McCallum.

Pte. Duncan Stock returned to Casterton for some well earned leave before returning to the front in South Africa. During this period Fred Bridgeland the local Singer Sewing machine agent, who regularly serviced the area with a horse and buggy from his shop in Henty Street joined up. He returned from South Africa, and volunteering again in the Great War of 1914 was killed at the Peninsula in August, 1915.

Although no military organization existed before the Boer War for the provision of Nursing Sisters, a number of devoted women volunteered their services for the South African conflict.

Ten Victorian Nurses sailed in The Euralyus on March 10th, 1900. A Sister Mariane Rawson was awarded the Royal Red Cross, and a Sister Isabel was mentioned in dispatches. A brave Sister Frances Emma Hines died whilst on Active Service.

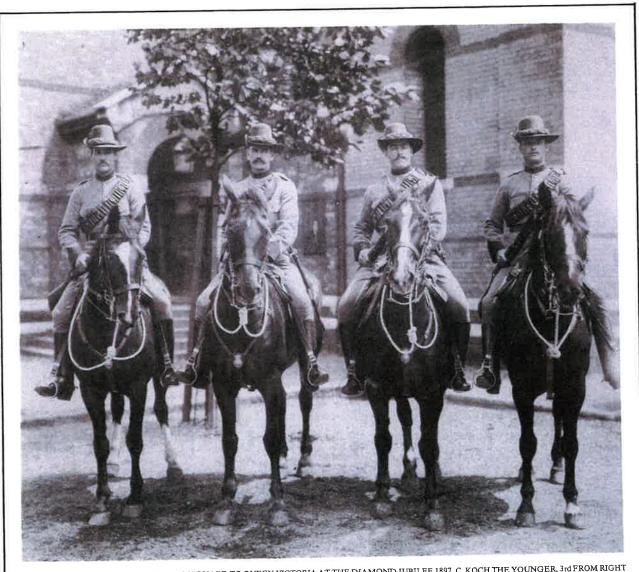
Major J. McDonald, a brother of the Major's from Bella Vista, and Dr. Newman, afterwards a famous eye specialist in Collins Street, both in uniform, held patriotic meetings in Henty Street calling for more recruits.

The British Army who had fought well at Waterloo and the Crimea found it vastly different to the hit and run guerilla type of warfare carried out by the Boers. They were fighting in a country of vast bushlands and high veldts. The Boers were at home, they knew every inch of the country which the Colonial troops did not.

Some of the British Commanders had distinguished themselves with valour in previous campaigns. They had taken part in The Saudan Campaign 1884-85. They had fought in the Kaffir War of 1877-78. They had been to The Khartoum Expedition, The Afghan War of 1878-79, The Zulu War of 1879, The Ashanti War of 1873, The Bechuanaland and Nile Expeditions of 1884, and 1889.

They had fought against the terrible and mighty King of The Zulus, Cetewayo, at Rorke's Drift bordering Zululand and Natal near The Buffalo River.

The Commander In Chief, General Sir Redvers H. Buller, had served in The China War 1860, and The Red River Expedition ten years later. In The Kaffir and Zulu Wars of 1878-79, he had won his V.C. and C.M.G.



THE VICTORIAN MOUNTED RIFLES BODY GUARD TO QUEEN VICTORIA AT THE DIAMOND JUBILEE 1897, C. KOCH THE YOUNGER, 3rd FROM RIGHT

Colonel R.S.S. Baden-Powell, the gallant defender of The Seige of Mafeking, B.P. as he was affectionately called, was a source of great inspiration to the beleagured garrison.

In The Ashanti Campaign of 1895-96, and in The Matablele Campaign, he lead a troop of irregulars, and was unrivalled as a scout, earning from the enemy the name of Impeesi, or "He that creeps by Night".

After a series of reverses in which the British and Colonial troops suffered heavy losses, Field Marshall Roberts and Lord Kitchener, the hero of the Khartoum and Omdurman, were called in, and they turned the tide.

THE RELIEF OF MAFEKING

When the tidings of the relief of Mafeking were signalled by telegraph to Casterton, it was a day of jubilation and thanksgiving in the town. The Shire President, Cr. McIntyre, proclaimed it a public holiday. The Casterton horsedrawn voluntary fire brigade headed the procession down Henty Street, church bells rang out peals of joy. The Vice Regal Band played patriotic tunes. Heavy rain did not dampen the ardour of the enthusiasts. They sheltered under umbrellas in front of L. Nowacki and D. West's shops. A lone soldier, resplendent in full battle dress on a dapple grey mount, represented the Colonial troops.

Celebrations extolling the valour of the boys at the front continued into the night. It was open house at Dancock's Casterton Hotel, the Glenelg, the Albion, the Railway Hotel and Bridge Inn.

At Commaun in the Dergholm area, Trooper J.P. Buchan was warmly greeted by sixty residents of the district at his parents home at a welcome home, the evening chaired by Mr. D. McPhee. At "The Ridge" Mumbanar, Lachlan McKinnon prepared a sumptuous repast as the family and friends gathered to welcome Hector home from The Front.

The war officially ended on the 31st May, 1902 with the signing of the Peace of Vereeibing. A grateful town and district prepared to welcome home its troops. The Railway station at Merino was decked with flowers and bunting, for the safe return of Trooper Edwards, who was accompanied by Trooper Hickey. At Casterton, a torchlight procession was held in honour of Duncan Stock, Bugler Hortle, and Sgt. Major H. McDonald. At Christ Church Casterton, the Rev. J.A. Ball welcomed Bugler Hortle who was wearing his medal for valour presented to him by the Duke of Cornwall and York.



CELEBRATIONS, HENTY STREET, RELIEF OF MAFEKING 1899 BOER WAR

During Duncan Stock's lifetime, a Mr. J. Bolding visited him at Casterton and thanked him for saving his life at the battle of Rensberg. Bolding's horse was shot and killed under him. Duncan Stock returned to the engagement, and piggy backed Bolding to safety although right under the fire of the Boers' heavy artillery. In 1903 a public meeting was held to finalise a suitable monument to the fallen Boer War Soldiers. Two Cypress trees were planted in honour of Tom Stock and Herbert Sealey at the Casterton Hospital gates.

A gas lamp of the finest quality was purchased from John Danks and Son. The Monument, itself an ornate structure consisting of stone and casting was imported from Brussells. George Pentland, Casterton's leading sign writer of the day, was commissioned to do the lettering on the monument. To mark the occasion, a Military tattoo was held at the showgrounds. Forty five riflemen paraded through Henty Street by torchlight.

A thousand people gathered in front of the Mechanics' Institute for the unveiling of the monument. The memorial lamp was unveiled by Mrs. George Sealey, mother of Pte. H. Sealey, and a Miss Stock, a sister of Tom Stock turned on the gas. A magnificent wreath, white with embossed violet letters "To H Company, V.M.R." was placed on the monument by Miss Little of Sandford.

The Last Post was sounded to the fallen. At the conclusion of the ceremony a grand military ball was held in the Mechanics' Institute, a most enjoyable evening being had by all to the music of Mrs. Crow, pianist, Mr. Ronchette, cornet, and a Mr. Wyatt on the piccolo.

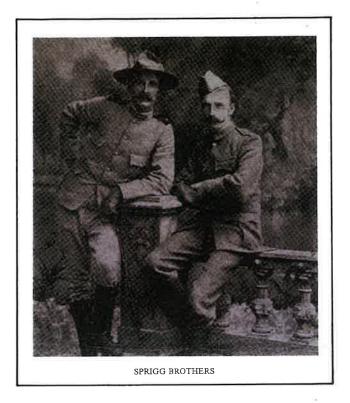


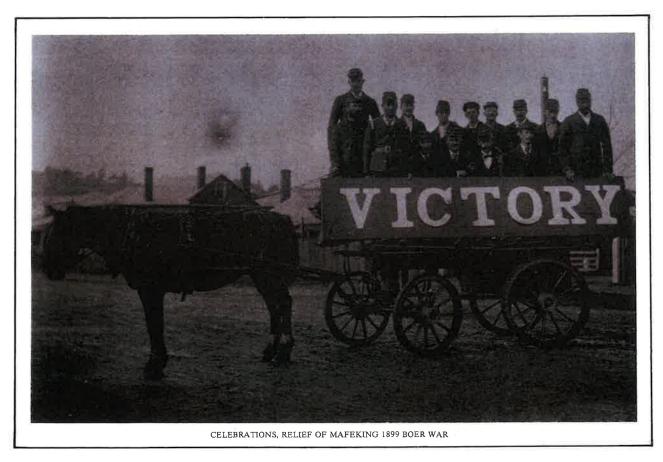




HER MAJESTY VISITING THE GORDON HIGHLANDERS







August 2024

	Date	Activity
1.	Thursday	Lower Floor: Liar's Dice 10.30 AM
		Upper Floor: Hangman 1.30 PM
2.	Friday	Lower Floor: Dominoes 10:30 AM
		Upper Floor: Gillian's Play 1.00 PM
3.	Saturday	Lower Floor: Dice 1.30 PM
		All Areas: Country Bus Run 3.00 PM
4.	Sunday	Movie Day
5.,	Monday	Lower Floor: Bingo 10.30 AM
		All Areas: Afternoon Tea Bus Run 2.00 PM
		L&L Meeting 10.00 AM
6.	Tuesday	Lower Floor: RCL
		Upper Floor: Board Games
7.	Wednesday	Lower Floor: Jenga 10.30 AM
		Lower Floor: Residents meeting 1.30 followed by Hoy
8.	Thursday	Lower Floor: Church Service 11.00 AM
		Upper Floor: Battleships 2.00 PM
9.	Friday	Lower Floor: Find-10s 10.30 AM
		Alma Vickery Room: Guest Singer Kevin Sporer 1.30 PM
10.	Saturday	Lower Floor: Golf 1.30 PM
	,	Upper Floor: RCL 10.30 AM
11.	Sunday	Lower Floor: Anagrams 2.00 PM
11.	Januay	Upper Floor: Cards 3.00 PM
12.	Monday	Lower Floor: Dice 10.30 AM
2	Worlday	Upper Floor: Quoits 1.30 PM
13.	Tuesday	Lower Floor: Letter Writing
13.	lacsady	Upper Floor: Colour Art
14.	Wednesday	Lower Floor: RCL 10.30 AM
2	, rearresday	Upper Floor: Word Bingo 1.30 PM
15.	Thursday	Lower Floor: Recall/Recount 10.30 AM
13,	Indisday	All Areas: Country Bus Run 2.00 PM
16.	Friday	Lower Floor: Hangman 10.30 AM
10.	Triday	All Areas: Happy Hour 3PM
17.	Saturday	Lower Floor: UNO Shuffle 1.30 PM
17.	Jacurday	Upper Floor: Country Bus Run 3.00 PM
18.	Sunday	Movie Day
19.	Monday	Lower Floor: Bingo 10.30 AM
, 15.	ivioliday	Upper Floor: Church 1.30 PM
20.	Tuesday	Lower Floor: UNO
20.	luesudy	
		Upper Floor: Puzzles

August 2024

21.	Wednesday	All Areas: Morning Tea Bus Run 10.30 AM
		Upper Floor: Dominoes 1.30 PM
22.	Thursday	Lower Floor: Battleships 10.30 AM
		Alma Vickery Room: Choir 2.00 PM
23.	Friday	Lower Floor: Liar's Dice 10.30 AM
		Upper Floor: Shooting Hoops 1.30 PM
24.	Saturday	Lower Floor: UNO 2.00 PM
		Upper Floor: Jenga 3.00 PM
25.	Sunday	All Areas: Dergholm Pizza Luncheon 1.00 PM
26.	Monday	Lower Floor: RCL 10.30 AM
		Upper Floor: History Group 1.30 pm
27.	Tuesday	Lower Floor: Cards
		All Areas: Knitting Group 1.30 PM
28.	Wednesday	Lower Floor: Dice 10.30 AM
		Upper Floor: Hoy 1.30 PM
29.	Thursday	Lower Floor: Dominoes 10.30 AM
	Yas	Upper Floor: Greed 1.30 PM
30.	Friday	Alma Vickery Room: Bowels 2.00 PM
31.	Saturday	Lower Floor: Find-10s 2.00 PM
		Upper Floor: UNO Flip 3.00 PM



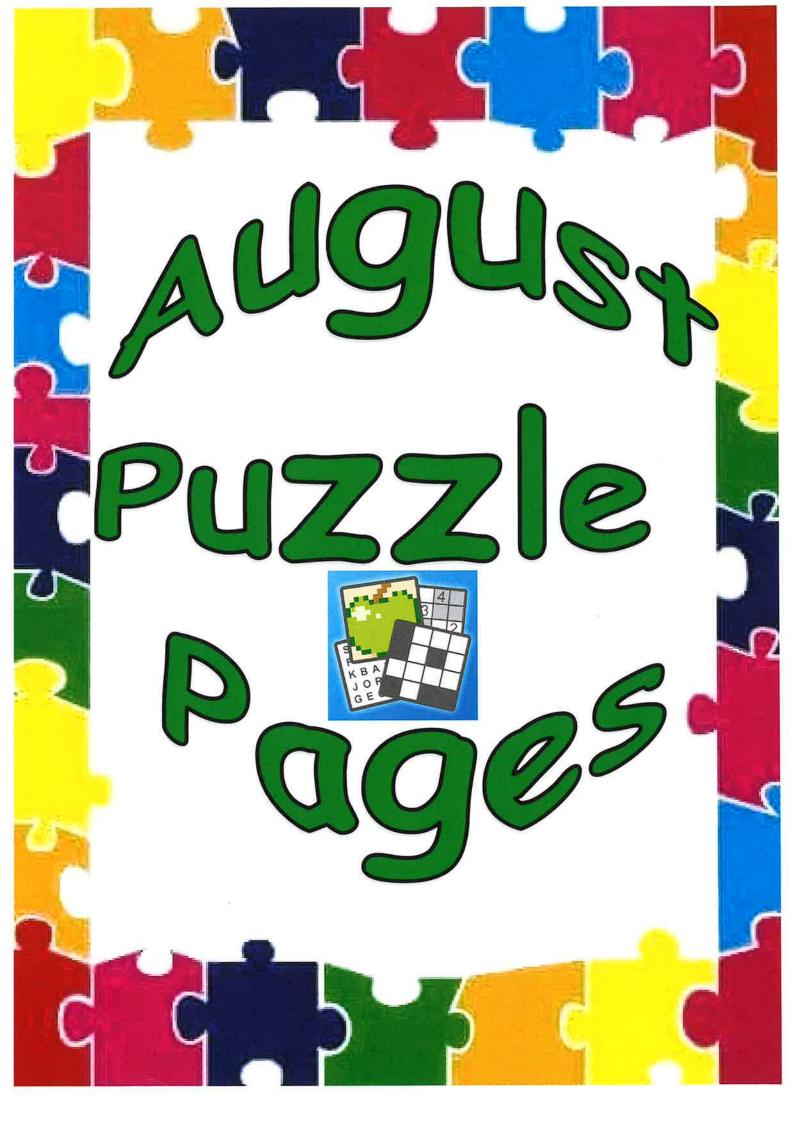
Kerri from Hairwize will be here 9.15 AM 5th August

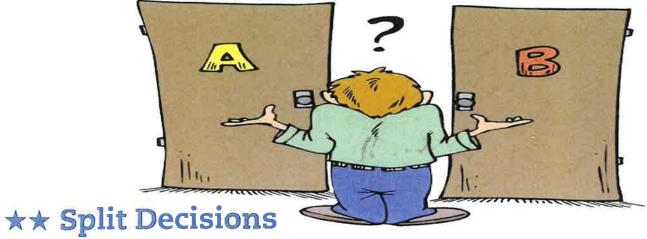
Father George will be holding a Church Service Thursday 19th August at 1.30 pm

All welcome

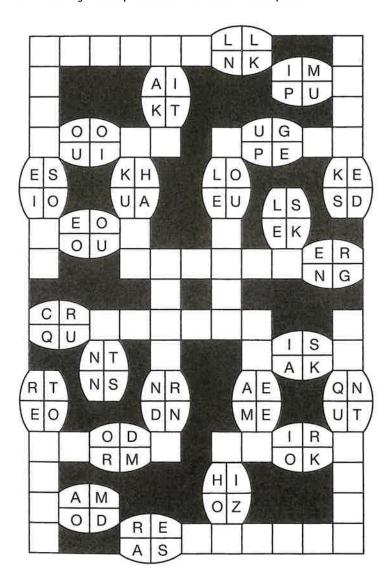
Father Wayne will be holding a Church Service on Thursday 8th August at 11.00 am

All welcome





In this clueless crossword puzzle, each answer consists of two words whose spellings are the same, except for the consecutive letters given. All answers are common words; no phrases or hyphenated or capitalised words are used. Some of the clues may have more than one solution, but there is only one word pair that will correctly link up with all the other word pairs.



TRANSDELETION

Delete one letter from the word GOBLINS and rearrange the rest, to get a world capital.



* Star Search

Find the stars that are hidden in some of the blank squares. The numbered squares indicate how many stars are hidden in the squares adjacent to them (including diagonally). There is never more than one star in any square.

				3				
						2		
2	2		3		-		•	
		2			4			1
			2				1	1
	3				2			
						a		
		2						

TELEPHONE TRIOS

1	ABC 2	DEF 3
GHI 4	JKL 5	MNO 6
PRS 7	TUV-	WXY 9
*	0	#

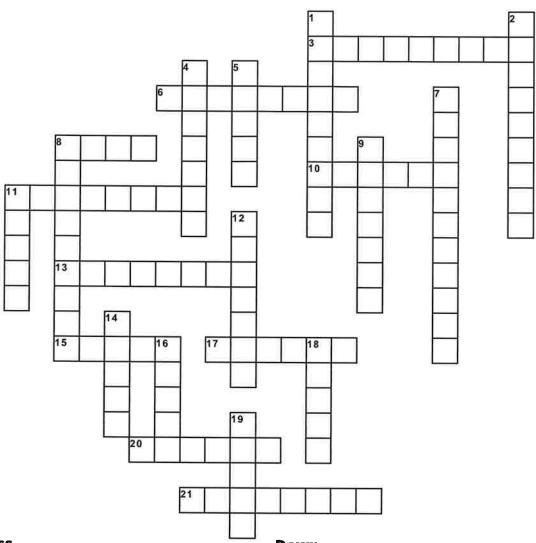
Using the numbers and letters on a standard telephone, what three seven-letter words or phrases from the same category can be formed from these telephone numbers?

 224-9493

 878-6738

 944-7853

Fun Crossword #7



Across

- 3 A long shape with 4 sides (9)
- 6 A shape with 3 sides (8)
- 8 Midday (4)
- 10 The most northern state of the USA (6)
- 11 Hair that grows on the face of a cat (8)
- 13 The capital of Brazil (8)
- 15 Circular (5)
- 17 A jungle animal that lives in trees (6)
- 20 A protective hat worn by cyclists (6)
- 21 A large steep hill (8)

Down

- 1 Very bright and radiant (9)
- 2 Investigates and solves crimes (9)
- 4 A pledge to do something (7)
- 5 A narrow boat with pointed ends (5)
- 7 Vanished (11)
- 8 Someone who lives nextdoor (9)
- 9 Root vegetable that contains cyanide (7)
- 11 Largest animal in the world (5)
- 12 Liquid soap for washing hair (7)
- 14 The rhythmical throbbing of arteries (5)
- 16 Move in time to music (5)
- 18 The opposite of full (5)
- 19 The second closest planet to our sun (5)

WORD SEARCH

ALTERNATIVE TREATMENTS

Α	N	T	Н	R	0	P	0	S	0	P	Н	Y	D	S
Ε	N	ı	C	I	D	E	M	Ε	S	Ε	N	I	Н	С
P	Υ	Y	P	Α	R	E	Н	T	0	L	0	R	P	Η
T	Н	Α	L	A	S	S	0	T	Н	E	R	A	P	Y
Н	T	N	I	M	W	C	Α	Н	G	X	R	H	E	P
E	Α	G	0	٧	Υ	0	P	٧	Y	0	W	R	L	N
L	P	N	T	I	Υ	0	M	Н	M	U	U	Y	Н	0
L	0	I	E	I	T	В	T	Α	A	S	E	A	C	В
E	E	T	N	X	P	A	T	Н	S	N	٧	J	R	I
R	T	S	X	D	P	Н	T	E	E	S	I	L	G	R
W	S	Α	R	0	E	S	R	1	I	R	A	U	T	T
0	0	F	E	R	Α	P	W	K	D	X	Α	G	T	H
R	M	М	A	Z	U	R	I	В	L	E	J	P	Ε	1
K	0	P	Н	C	Z	Ε	F	C	D	Z	M	N	Υ	N
Н	Y	В	Α	S	R	Z	Y	R	N	L	Н	G	X	G

ACUPRESSURE ANTHROPOSOPHY AROMATHERAPY CHINESE MEDICINE FASTING HELLERWORK HOMEOPATHY
HYPNOBIRTHING
MASSAGE
MEDITATION
MYOTHERAPY
OSTEOPATHY

PROLOTHERAPY
REIKI
TAO YIN
THALASSOTHERAPY
TUI NA

Australia

Can you find the hidden words?
They may be horizontal,
vertical, diagonal, forwards or backwards

RRAB Ν OBLE ΜЕ S С EWSOUTHWA V U Ε 0 AMBAC 0 H G S Ν MERT IWP Р IDE HOEP E RVE В LAB YΑ Τ ΒΙ D N O SENABS IRB О REGD D DLR Ν RTSU

ABORIGINE, ADELAIDE, AUSTRALIA, AYERS ROCK,
BLUE MOUNTAINS, BONDI BEACH, BOOMERANG, BRISBANE,
CAIRNS, CANBERRA, DARLING, DARWIN, DIDGERIDOO,
GREAT BARRIER REEF, HOBART, KANGAROO, KOALA BEAR,
MELBOURNE, MURRAY, NEW SOUTH WALES,
NORTHERN TERRITORY, PERTH, PLATYPUS, QUEENSLAND,
SOUTH AUSTRALIA, SYDNEY, TASMANIA, ULURU, VICTORIA,
WALLABY, YARRA, WESTERN AUSTRALIA.

PUZZLE PAGE

Did You Know?

The average person falls asleep in 7 minutes

SITTING WORLD

What is this secret saying trying to say?

Who Owns These Number Plates?

SK11NT

NOT2B



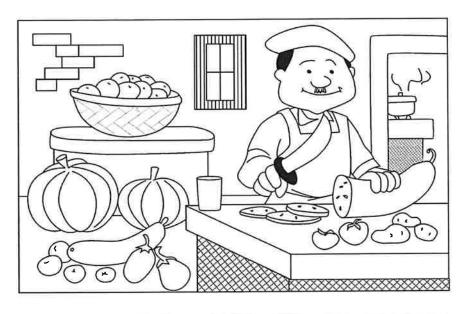
Four Fit

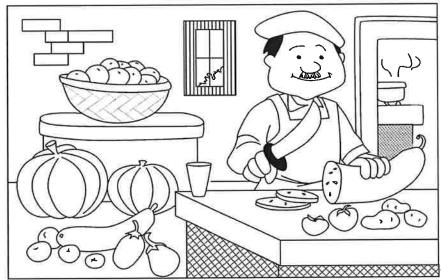
Four out of the five words listed can be put into the table so that the same 4 words can be read across and down.

There is 1 word that won't fit. Can you work out which it is?

- 1. NONE
- 2. LEAN
- 3. ERGO
- 4. AGES
- 5. AGON

How many faces and animals can you see in this picture?





CAN YOU FIND THE 7 DIFFERENCES IN THE PICTURES?

True or False

- 1. Cyclones spin in a clockwise direction in the southern hemisphere?
- 2. Dolly Parton is the godmother of Miley Cyrus
- 3. Roger Federer has won the most Wimbledon titles of any player
- 4. An octopus has five hearts?
- 5. Brazil is the only country in the Americas to have the official language of Portuguese?
- 6. Olivia Newton-John represented the UK in the Eurovision Song Contest in 1974, the year ABBA won with "Waterloo"?

Answers:

Secret Saying – Sitting on top of the world

Number Plates –

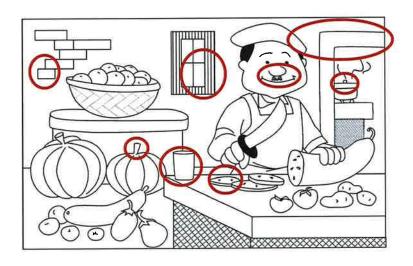
Skint and a Not to be

Four Fit - Left over word - BOAT

L	E	Α	N
E	R	G	0
Α	G	0	N
N	0	N	Е

True or False

- 1. True
- 2. True Dolly is good friends with Miley's father Billy Ray Cyrus
- 3. False he has won 8 and Martina Navratilova has won 9
- 4. False- they have 3 hearts
- 5. True
- 6. True





4				2				
8					7	1		4
		1	9	8				3
	7		2					1
		3				2		
2					9		8	
6				7	1	4		
1		5	3					2
				5				9
sudoku.co	om					n° 214	4921 - Lev	el Medium

	5			1	4		3	
					7	5		
4		6		3	9	8		
						7	4	
	4		3	7	6		8	
	7	3						
		1	9	4		3		2
		4	2					
	3		7	8			5	

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4		1	7					
	3	8						
2				4	2	1		
	8	3		9	5	7		
6	7		4		3		9	1
		2	6	1		3	8	
		7	1	2				
						5	2	
					4	6		8

5				8			4	
2				3	5			6
		8	6			9		
	5	2			9			8
	1		3		6		5	
9			4			1	7	
		9			7	2		
1			2	6				4
	2			9				7

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n° 223176 - Level Medium



Solutions:

4	3	6	1	2	5	7	9	8
8	5	9	6	3	7	1	2	4
7	2	1	9	8	4	5	6	3
5	7	8	2	6	3	9	4	1
9	1	3	7	4	8	2	5	6
2	6	4	5	1	9	3	8	7
6	9	2	8	7	1	4	3	5
1	4	5	3	9	6	8	7	2
3	8	7	4	5	2	6	1	9

9	5	7	8	1	4	2	3	6
3	1	8	6	2	7	5	9	4
4	2	6	5	3	9	8	1	7
8	6	9	1	5	2	7	4	3
2	4	5	3	7	6	9	8	1
1	7	3	4	9	8	6	2	5
7	8	1	9	4	5	3	6	2
5	9	4	2	6	3	1	7	8
6	3	2	7	8	1	4	5	9
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4	9	1	7	3	6	8	5	2
2	3	8	9	5	1	4	7	6
7	5	6	8	4	2	1	3	9
1	8	3	2	9	5	7	6	4
6	7	5	4	8	3	2	9	1
9	4	2	6	1	7	3	8	5
5	6	7	1	2	8	9	4	3
8	1	4	3	6	9	5	2	7
3	2	9	5	7	4	6	1	8

2	4	1	9	3	5	7	8	6
7	3	8	6	1	4	9	2	5
4	5	2	1	7	9	6	3	8
8	1	7	3	2	6	4	5	9
9	6	3	4	5	8	1	7	2
6	8	9	5	4	7	2	1	3
1	7	5	2	6	3	8	9	4
3	2	1	Ω	Q	1	5	6	7

6

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8

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A small gesture for the environment: save paper by finding solutions online or on your mobile.