



**EDGARLEY ASSISTED LIVING**

Specialising in complete quality aged care and independent living.

# NEWSLETTER

## March 2024



73—85 Jackson Street , Casterton Vic 3311

Phone: 03 55 811211, Fax: 03 55 812050

### LADIES AUXILIARY

We are a very small band of volunteers that work towards supplying equipment to Edgarley or help with assistance to the residents in many forms. We would really like to get some new members to help us in this endeavour.

**We hold monthly meetings on the first Monday of the month** in the Alma Vickery function room Edgarley at 2 pm. If you feel you cant commit to this maybe you could help us out on an adhoc basis with some of our fundraisers. You don't have to have a connection to Edgarley to join our group. We look forward to any enquiries you may have. Please contact our Secretary Leanne Richardson for a membership form on 0418 813 870 or [toot21@iinet.net.au](mailto:toot21@iinet.net.au). Membership is \$5 for the 12 months.

### FOOD REGISTER BOOK

Any fresh food brought into our facility for the residents will need to be entered into the register accordingly. The books can be found to the right of the Glenelg door

Thank you for your co-operation

### Residents meeting

**GLENELG Thursday 7th March 1.30pm**

We wish to invite family members to these meetings which will be held on the first Thursday of each month.

### **Judy Smith is the resident/family representative on the Medication Advisory Committee.**

If any resident or family member has any questions or issues regarding their medication management at Edgarley (this does not include pharmacy accounts, they are to be taken up directly with the Pharmacy) Please contact Judy on 0429 192 841 and she will bring those question/issues to the meeting.



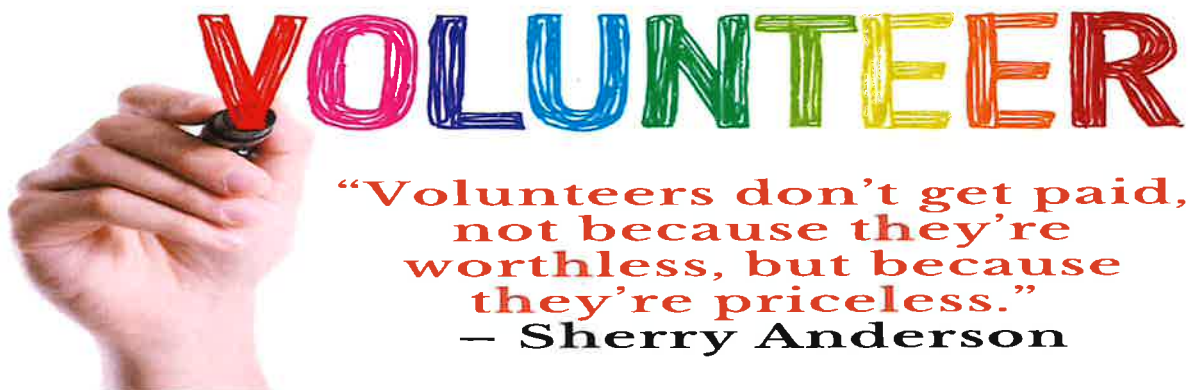
## CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems, or jokes are most welcome.

Please email your contribution to [office@edgarley.com.au](mailto:office@edgarley.com.au)

Thank you!



## LEISURE AND LIFESTYLE VOLUNTEERS WANTED

Being a volunteer in Edgarley can offer companionship, and help with recreational activities. Volunteers can also provide emotional support, social engagement, and help to enhance the overall quality of life for residents. By offering their time and skills, volunteers can make a significant difference in the lives of the elderly and contribute to a positive community.

For further information, please phone Edgarley on 55811211, to speak to our Leisure and Lifestyle team.



# March Birthdays

In March, we celebrate birthdays with:

**1st Patrick B**  
**21st Ron J**  
**22nd Beth K**  
**26th Dennis H**  
**30th Andy W**



Catherine O'Hara, Actress, 4th March 1954

Shaquille O'Neal, Basketball Player, 6th March 1972

Liza Minelli, Actress & Singer, 12th March 1946

Albert Einstein, Physicist, 14th March 1879

Michael Caine, Actor, 14th March 1933

Bruce Willis, Actor, 19th March 1955

Steven McQueen, Actor, 24th March 1930

Elton John, Singer, 25th March 1947

Vincent van Gogh, Painter, 30th March 1853

## **Pisces (Feb 19 – Mar 20)**

Pisces are friendly and selfless. They are always willing to help others

## **Aries (Mar 21 – Apr 20)**

Aries are passionate, motivated and confident leaders. They are bundles of energy & enthusiasm.



**WOW!**

## **Product Birthday Spotlight: The Rubber Band**

On March 17, 1845, Stephen Perry (a British inventor and businessman) received a patent for the first rubber band. Rubber band has been holding things together for the past 170 years. Cheap, reliable, and strong, the rubber band is one of the world's most ubiquitous products.

EDGARLEY HOME INC.  
**RESIDENT'S MEETING**  
**February 1st 2024**

**Present:** J. Humphries, T. Baugh, E. May, A. Bull, A. Peden, L. Mackie, V. Madex, J. Zippel, F. Morrow, G. Brook, D. Fletcher, R. Hamilton, R. Williams, J. Rhook, B. Knight, M. Gunther, W. Burt G. Smith, J. Smith.

**Staff:** P. McKenzie, T. Crick, R. McCrae and Sam Hooper

**Apologies:** DON Amanda Lee, S. McCurry

**Meeting begins at 1.30 PM**

**Previous meeting read and passed, seconded by A. Bull**

**Business arising from previous meeting:**

- Continuous improvements Officer Trish McKenzie states that there is no set policy and laundry is up to residents' personal discretion if they do not want their clothes washed on a daily basis.
- Take-away pizza will be ordered as a treat 4 times a year for resident's dinner. First date is set to be the 4<sup>th</sup> of February.
- Vegetables still not always being properly drained. This feedback has been passed on to Head Chef Samuel Hooper.
- Salt and Pepper: Update: The ladies Auxiliary are currently waiting for the final figures before going ahead and purchasing the shakers.
- Residents feel that the front door to facility closes too quickly, making entrances and exits both dangerous and awkward. This issue will be looked into once handyman Malcolm Hill returns from his time-off.
- The Gazebo for the front yard rose garden has been ordered, Residents will be updated when it is on its way for delivery.

**General Business:**

**01: Serving Methods:** A resident has made suggestions on alternate food serving methods. He was thanked for his feedback and message was passed on to Continuous Improvements Officer Trish McKenzie.

**02: Meal Suggestions:** Several residents have suggested that meal presentation is unappealing and could be improved. A resident also mentioned they would like to see apple pie on the menu.

This feedback has been passed onto the kitchen.

**03: Hurried Mealtimes:** Several Residents have passed on their concerns mentioning that they feel rushed during meal times, unable to always relax and fully enjoy their meals. Care staff to try to be mindful of this in the future, though the balance between efficiency and leisure is a difficult one to strike.

**04: Family representative of Medication:** Judy Smith has been elected as Family Representative at medication meetings.

**05. Doctor's Appointment:** A resident requested a meeting with the doctor at earliest convenience. Head Nurse Sue Richardson to organise.

Meeting closed 2.10 PM

Next meeting March 7th 2024

## A LOVELY VISIT

Swozi giving cuddles to  
Bodhi, we cannot believe he is 6 months  
old already.





**FRIENDSHIP**



**THANKS FOR BEING  
THERE!**



# Beautiful Smiles







Can you spot the 15  
Leprechaun's in this  
Newsletter?



For the Month of March  
there are  
48 Leprechauns  
around the Edgarley Home  
How many can you spot?





# Spot The Leprechaun



## At Edgarley Home

A prize will be awarded to the person who spots the most Leprechauns

Name: -

Location Spotted:-



# HAPPY BIRTHDAY



Happy Birthday to Joan, Tom & Elva





# Celebrate

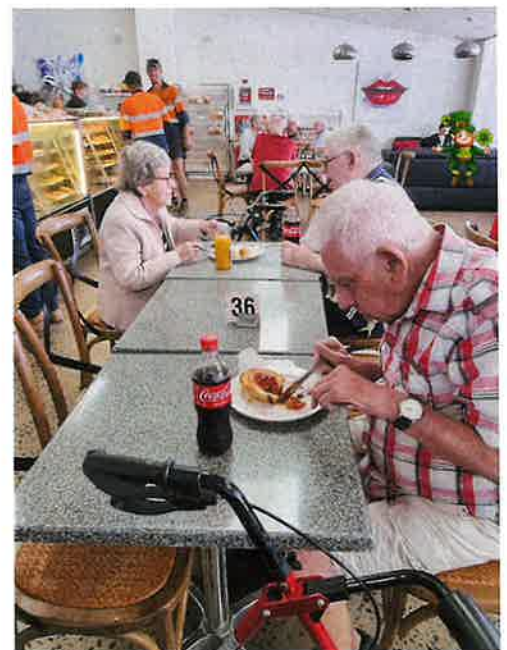




# Bus Trips



**Chat and  
Chew**





# Out and About



Our Residents loved  
their recent outing to  
the Glenelg Fine  
Confectionery Shop in  
Coleraine





# All Aboard



*Ready to  
board the bus  
for another  
mystery tour*

# EAT

chat



and

# LAUGH



# Baby Visitor



A baby Blue -tongued Lizard was spotted here  
in the home.

We think he wants to reside here.

# Zzzzzz



# So Cosy

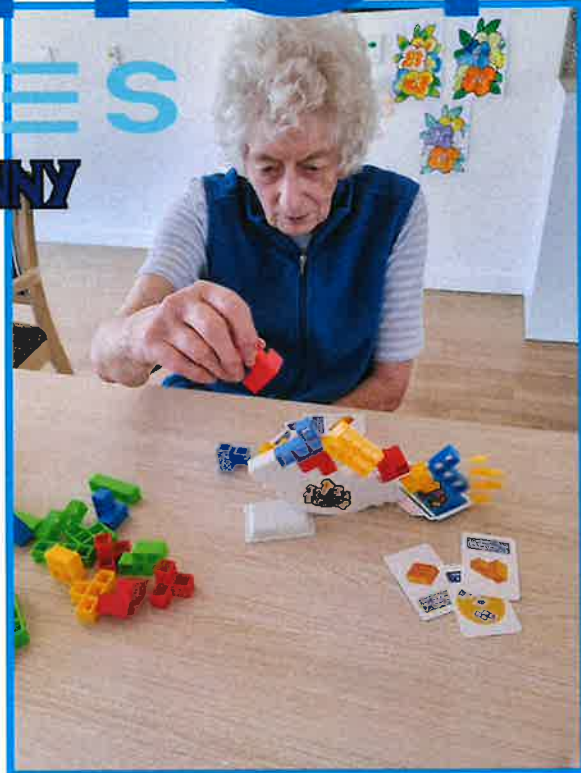




# TABLETOP

## GAMES

### TOWER OF FUNNY THOUGHTS







# GAME TIME!







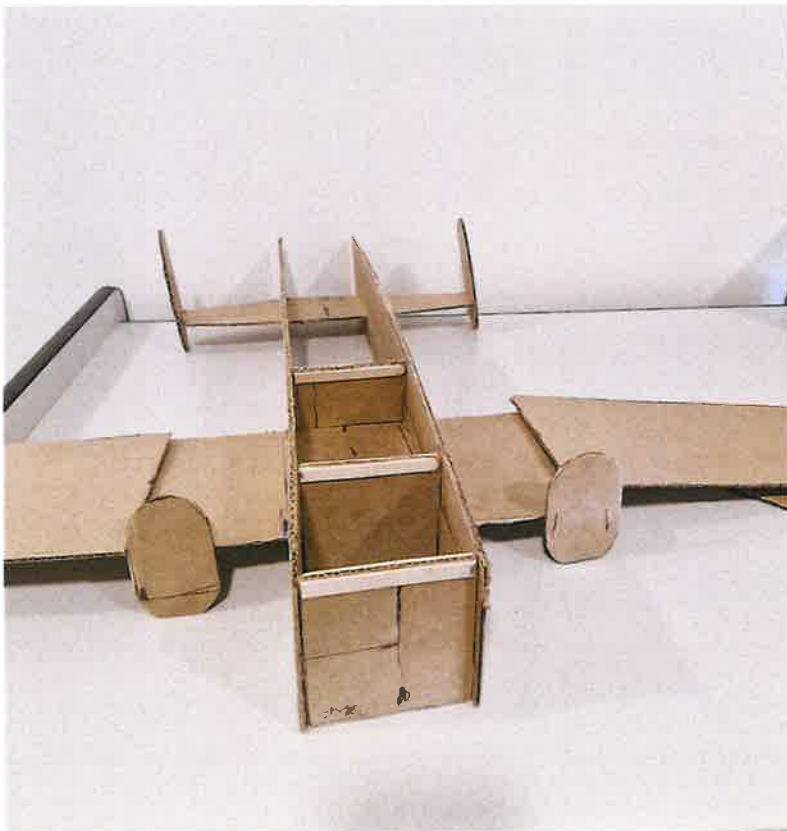
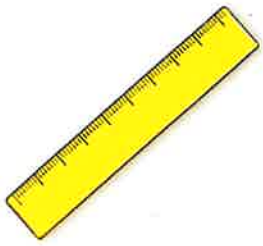
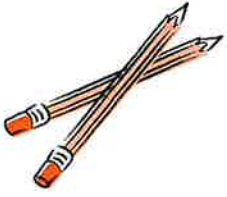
Thank you Lorna, for showing the staff you way of folding towels.

This is an excellent way of folding Towels that's for sure!





# Ron's Latest Building Project







“

A good friend is like a  
four-leaf clover: hard to  
find and lucky to have.



Our residents thoroughly  
enjoy the new balcony,  
with beautiful views over  
looking the rolling hills.







# Happy Hour



## Get to know your Neighbour

### Daphney



**In what town did you live in?** I was born in Casterton but have lived in Sandford most of my life.

**What did you do when you left school?** I worked as a cook and waitress at the Railway Hotel in Casterton.

**What was your main occupation?** Working as a cook at the Railway Hotel in Casterton, and then I became a mother and house keeper.

**What are or have been your favourite past times?** I was a busy mother who enjoyed spending time with my family and caring for my children.

**What is the most exciting thing that happened in your life?** The birth of my children.

**Who is your hero or the person you most admire?** I never really had a hero but I had many friends and family members that I admire.

**What is or has been your greatest achievement?** I have always been a hard worker which makes me very proud.

**What do you think is the most important thing in life?** My family is what I love and cherish the most.

**What words of wisdom can you share with other readers?** Just do what makes you happy.



## Get to know Edgarley Staff

### Maria



**In what town were you born in?** I was born in Tamworth New South Wales and lived there until I was approximately 20.

**What did you do when you left school?** My first job was working in administration of B.A.L marketing who organised the Tamworth Country Music Festival.

**In which place did you live most of your life?** I lived in the Philippines, Vietnam and Canada for 13 years working in animation (cartoons).

**What is your job role at Edgarley?** I am a personal carer.

**What do you like best about your job?** I like interacting with the residents.

**What are or have been your favourite past times?** Photography, yoga, trying to stay fit and healthy and spending time with my dog Molly (and Floyd the cat).

**What is the most exciting thing that happened in your life?** Sailing around the Philippine Islands in a native outrigger sailboat, getting stranded on desolate islands, being followed by pirates and surviving typhoons (what more could one ask for).

**Who is your hero or the person you most admire?** My late mother and father who did not have an easy life but always maintained dignity and grace.

**What is or has been your greatest achievement?** To be the mother of a son who has grown into a wonderful human being.

**What do you think is the most important thing in life?** To see the beauty in everything, be kind and don't get stuck in the irrelevant.

**What words of wisdom can you share with other readers?** Life is short- enjoy it.



# Valentines Day Cupcakes





# Valentines Day Cupcakes





# Ensemble







Our Knitting Group has  
been very  
Productive. We are  
half way through knitting  
squares for our  
Blanket.



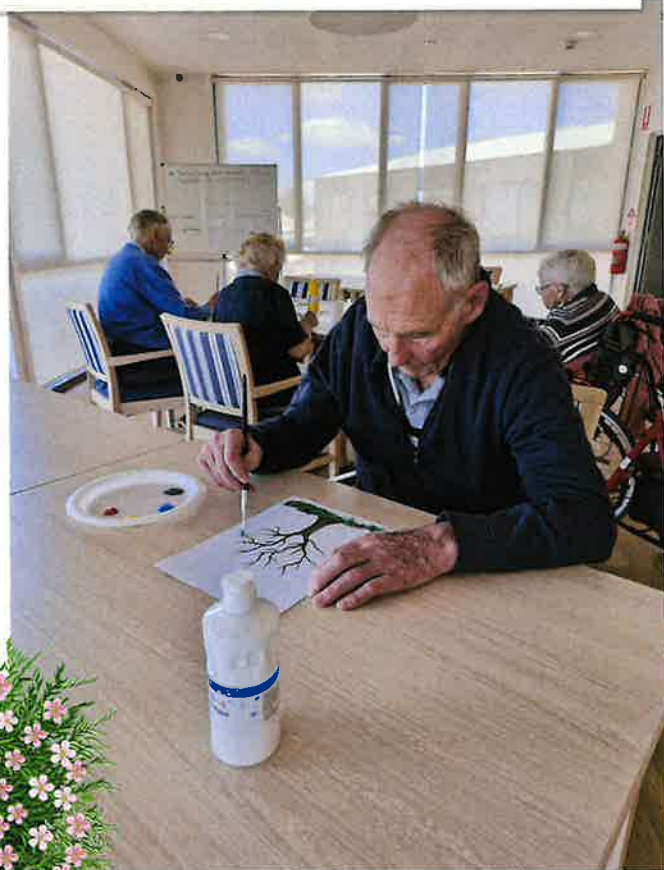


# Colour Art





## Residents enjoying painting trees in our Colour Art Activity















# LABOUR DAY

*Labour Day is an annual public holiday that celebrates the eight-hour working day, a victory for workers in the mid-late 19th century. The argument for the eight-hour day was based on the need for each person to have eight hours labour, eight hours recreation and eight hours rest.*

*In the early 19th century, most labourers worked 10- or 12-hour days for six days each week. The 1850s brought a strong push for better conditions. A significant part of the push began in 1855 in Sydney. On 21 April 1856, in Melbourne, the stonemason's workers staged a well-organised protest. They downed tools and walked to Parliament House with other members of the building trade. Their fight was for an eight-hour day, effectively a 48-hour week to replace the 60-hour week. The government agreed to an eight-hour day for workers employed on public works, with no loss of pay.*

*The win was a world first but did not end all labour problems. Many working conditions were harsh and demanding, and women were paid a lot less than men. But the victory for the eight-hour day was significant and several hundred building workers marched in a parade in May 1856 to celebrate their win.*

*Tinsmiths, bootmakers, tailors, metal workers and stonemasons were amongst many of workers' groups that protested and fought for better working conditions across the country. Over the next two decades, one by one, the states brought in the eight-hour-day although the working week was still officially six days until 1948 when it was changed to five days.*

*Labour Day (Labor Day in the US) is also often referred to as May Day around the world. Internationally it is celebrated on 1 May and is known as International Workers' Day in more than 80 countries. International Workers' Day traces its international routes back to the 1886 Haymarket affair in Chicago, USA. The universal significance is that, across the world, the eight-hour day is considered the fairest working hours in a day for people in any industry.*

*Today, Labour Day in Australia is known as Eight-Hour Day in Tasmania and May Day in the Northern Territory. It is always on a Monday, creating a long weekend. Marches or parades only usually occur in Queensland now, and not always there depending on the state government at the time.*

*Labour Day is celebrated in March in Western Australia, Tasmania and Victoria, in May in the Northern Territory, and in October in Queensland, New South Wales, South Australia and the Australian Capital Territory.*



# Newsletter Articles

## Laughter - The Best Medicine

Sister Mary, who worked for a home health agency, was out making her rounds visiting home-bound patients when she ran out of petrol. As luck would have it a petrol station was just a block away. She walked to the station to borrow a petrol can and buy some petrol. The attendant told her the only petrol can he owned had been loaned out but she could wait until it was returned. Since the nun was on the way to see a patient, she decided not to wait and walked back to her car.

She looked for something in her car that she could fill with petrol and spotted the bedpan she was taking to the patient. Always resourceful she carried the bedpan to the station, filled it with petrol, and carried the full bedpan back to her car. As she was pouring the petrol into her tank two men watched from across the street.

One of them turned to the other and said, "If it starts, I'm turning Catholic."

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Excuse me, Waiter!" shouted an irate customer: "I can't tell whether this is coffee or tea! It tastes like petrol!" "If it tastes like petrol, it's coffee," the waiter said. "Our tea tastes like turpentine!"

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**Son:** "Dad, will you help me find the least common denominator in this math problem?"

**Dad:** "Don't tell me that hasn't been found, they've been looking for it since I was in school!"

---

There was a strong earthquake that frightened the people of a village so much they decided to send their son little Andrew to stay with relatives in another district.

A day later the parents received this message: "We are returning little Andrew. Send us the earthquake!"

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An Irish drunk holding a newspaper boards a bus and sits next to a priest.

He starts to read the newspaper occasionally swaying towards the priest who was getting very irritated.

Then he turns and asks the priest: "Ah... Da..you know what is arthritis?"

The priest replied impatiently in a loud voice: "It is an illness that affects those who thinks that life is all about drinking, feasting and womanizing. No shame or responsibility."

After a while he felt sorry for the drunk and asked him "Have you had arthritis for a long time?"

The drunk replied: 'I don't have it. According to the newspaper it is the Pope who has it.'



## Interesting facts about Ireland

### 7. The first St. Patrick's Day Parade

The first St. Patrick's Day parade was held in the United States, not in Ireland. In 1762 (technically, it was called the colonies at this point), Irish soldiers serving in the English army celebrated the day by marching through New York City streets. Today, the parade is an official city event.

### 8. Muckanagherdauhaulia

That is the name of a small village in Connemara in Co. Galway. It is the longest place name in English with 22 letters. Try saying that 5 times fast...or really just once is hard enough.

### 9. Eurovision Champs

Ireland has won the Eurovision Song Contest seven times, more than any other country.

### 10. Halloween

Not to confuse you with too many holidays, but you can thank Ireland for Halloween. Over the centuries the ancient Celtic festival of Samhain, a harvest festival that celebrated the end of the summer, and All Saint's Day merged to later become the Halloween as Americans know it.

### 11. Famous Cliffs

The stunning Cliffs of Moher can be seen in the movie *Harry Potter and the Half Blood Prince*, *Princess Bride*, and *The Mackintosh Man*.

### 12. Oldest Pub in Ireland

There is a debate over the which pub is the oldest, but according to the Guinness Book of World Records, Sean's Bar in Athlone is the oldest, dating back 900 years. The Brazen Head in Dublin also claims to be the oldest pub in Ireland established in 1178 and has been frequented by historical figures like Michael Collins, James Joyce, and Jonathan Swift.



# Interesting facts about Ireland

## 1. St. Patrick Wasn't Irish

He was born in Great Britain (historians are unsure if he was born in Wales, Scotland or England) and at the age of 16 was kidnapped by Irish raiders. He was a slave in Ireland for six years working as a shepherd. After six years, he went home and studied religion to become an ordained priest. He later returned to Ireland as a missionary. We celebrate St. Patrick's Day on the day of his death: March 17<sup>th</sup>.

## 2. The Harp

Ireland is the only country in the world to have a musical instrument as its national symbol. You can visit some of the oldest harps in the world at Trinity College in Dublin.

## 3. Newgrange

Newgrange, which is classified as passage tomb or possibly an ancient temple, is 5,000 years old making it older than the ancient pyramid of Giza and Stonehenge

## 4. Postal Codes

Ireland is one of the few countries in the world, and the only country in the EU, that does not have postal codes (with the exception of Dublin city). However, the country is in the process of designing and implementing a nation-wide postcode system for 2015.

## 5. Wearing Green

Green wasn't always associated with St. Patrick. In fact, historians say that St. Patrick's color was light blue. According to this Time post, wearing green came about after during the 1798 Irish Rebellion when the clover became a symbol of Irish nationalism.

## 6. Snakes

St. Patrick didn't *really* chase all the snakes out of Ireland as legend suggests. Scientists say Ireland has never had any snakes on its green shores. So, what did he chase out? Pagans.



## TALES OF CASTERTON



## THE WAINES MURDER AND OTHER STORIES

BY JACK GORMAN



# THOMAS CAWKER, COBB & CO. COACHMAN

1838 - 1926

Thomas Cawker, who enjoyed a life span of eighty one years, first saw the light of day at Exbourne, Devonshire, England on the 14th day of February, 1838. One of Casterton's outstanding personalities, he was a man of great personal charm, and during Man's ordinary life-span of three score and ten years was widely known throughout the Colony as one of Cobb & Co's most famous drivers.

In the year 1854 as a callow youth of only sixteen years, he commenced his career as a mail carrier, first with a pack horse, and then as a coach driver conveying the Mails from Geelong to Hamilton (or The Grange as it was widely known), in a spring dray for a Mr. J. Gibson, then the contractor for that line which traversed Shelford, Rokewood, and Woody Yalloack, then on to Streatham crossing the river at Mailman's Ford below Skipton through Lake Bolac, Wickcliffe and Dunkeld to Hamilton.

The roads were unformed tracks, rough and difficult to negotiate, over flooded creeks and swollen rivers, with constant threat of bushrangers and unknown dangers for the unwary, but despite the tedious journeys, Thomas Cawker continued on this route for some time.

Later he entered the employment of Messrs. J. Currie and Thos. Shaw, driving the Mail Coach from Geelong to Port Fairy through Yangery, Woodford and Framlingham to Geelong. The road from Woodford was the worst on the route, being rough and muddy, and it took three and a half hours to cover the distance between the two townships with four good horses.

In the fifties Cobb & Co. took over the contract, the route being altered, the Coach going from Port Fairy to Warrnambool on to Woodford, Framlingham, Mortlake and Darlington.

The Glenelg Inn, the first building erected in Casterton (or the Lower Glenelg as it was known then), in 1846 by Alex McKinlay, became the established stables for Cobb & Co., and their coaches ran in many directions to Hamilton, North West to Penola, West to Mount Gambier, and South East to Portland. These routes are still marked on a map in existence at Warrock today.

It was in the year 1861 that Thomas Cawker first became intimately connected with Casterton. To the townspeople of Casterton, still stunned by the impact of the callous dual murders of Robert and Mary Hunt whose mutilated bodies were thrown into the Glenelg by the monster, George Waines, who met his retribution on the gallows at the Melbourne Jail in 1860, the arrival of Thomas Cawker in the fast growing settlement was like a breath of spring.

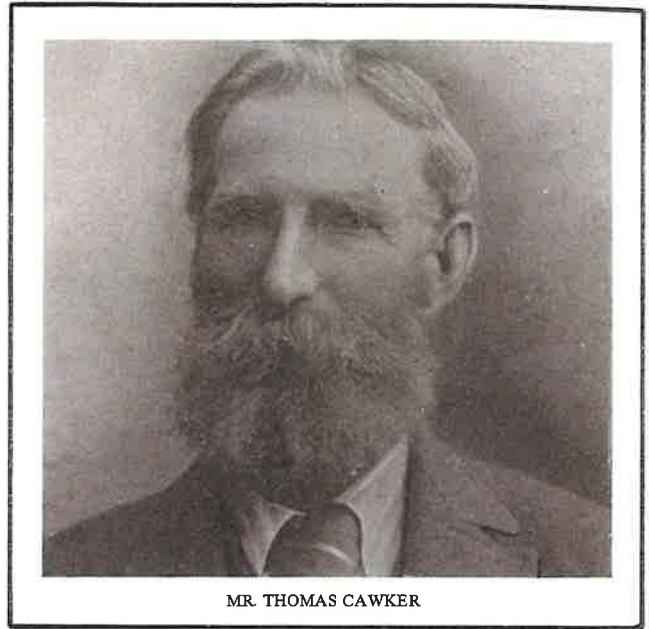
In 1867 His Royal Highness the Duke of Edinburgh with his nephew, and their Piper in a gleaming coach and four sparkling greys, were driven from "Struan House" via Narracoorte to Hamilton by Thomas Cawker.

Joshua Vines was the last proprietor-Manager of the Casterton branch of Cobb & Co. The run was then bought by the Western Stage Coach. However it was still known as Cobb & Co.

Casterton, "The Crossing Place" as it was known, was growing. So too was the need for transport growing. It took fourteen days on the outward and return journey to transport the wool to Portland by bullock waggons. "Jack The Shingler", David Blair and James White had put many a mile and left many a camp-fire between Casterton and Portland.

With the opening of the Casterton Livery and Letting Stables in Henty Street, his motto "Horses and Buggies always obtained, first class accommodation and attentive grooms", Thomas Cawker's name became a byword amongst the travelling public of the Colony.

George Robertson became his patron and friend, an everlasting bond that was carried on in later life by George Robertson's nephew, Mr. G.R. Patterson.



MR. THOMAS CAWKER



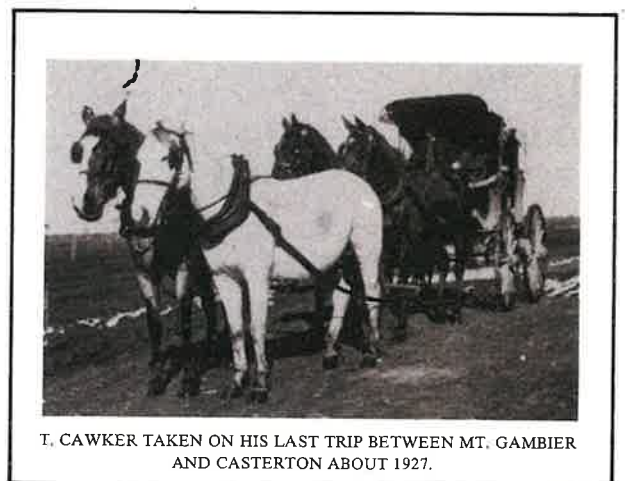
The four decades preceding the turn of the century were happy and contented years for Thomas Cawker and his wife. Five daughters and two sons were born to the marriage. James Stewart, Ted McMullen, Colin Lawrence and Bill Cook as drivers for Thomas Cawker came to enjoy the esteem and affection of the travelling public as well as their employer.

The year 1881 was a momentous one for the Glenelg Inn, its proprietor Mr. Gray, and Thomas Cawker. It marked the historic visit to this district of the Royal Princes, the Duke of York afterwards our beloved sovereign King George V, and his brother the Duke of Clarence.

On June 24th, 1881, the Royal Party left Adelaide for Penola and stayed the night at Yallum Park. A brand new Cobb & Co. Coach with the redoubtable Tom Cawker at the reins was sent from Hamilton to entertain the Royal Personages. Leaving Yallum Park after breakfast they drove the first stage to Penola, from there to Half-Way House, Lake Mundi where they changed troopers as well as horses. As they drove down the hill to lunch at The Glenelg Inn with Tom Cawker proudly at the helm, Casterton bedecked with flags and bunting, and the residents all agog, for the Royal Visit gave the two Royal brothers a welcome they had not experienced anywhere else on their historic visit. They left The Glenelg Inn with regret at 2.15 p.m. stopping at The Wannon, and arrived at Hamilton in the dark, but their route was well illuminated by five lamps from Tom Cawker's coach. The Princes gave Tom Cawker a sovereign for the baby girl born to Mrs. Cawker that day, and in 1901 "The Prince of Whips", received a Royal Command to visit Parliament House when the Duke of York visited Melbourne and presented his old friend with a whip in memory of their former visit. This compliment was later repeated when Tom Cawker was invited to Melbourne in 1921 on the occasion of the Prince of Wales' visit.



MR. MCKELLAR and MR. A. STEWART



T. CAWKER TAKEN ON HIS LAST TRIP BETWEEN MT. GAMBIER AND CASTERTON ABOUT 1927.

Other celebrities driven by Thomas Cawker during his career were Sir Henry Brougham Loch and the Earl of Hoptoun both Governors of Victoria, and on the occasion of the Earl of Hopetoun's visit to Casterton for The Casterton Cup in 1892 he was the Governor's driver for a week's tour throughout the Western District.

Cobb & Co ceased running to Hamilton and Portland when the Railways were opened in 1884, but the Northern, North West, and Western lines were still carried on under freelance management. Tom Cawker secured the Mount Gambier Run and had his own changing places for the horses at Nine Mile Creek (now known as Cawker's Creek), Strathdownie and Ardno. Jack McDonald, himself no mean horseman and a drover of wide repute, said the horses on the coach run were used for fifteen years without a paddock spell, always looked in the pink of condition, were greatly attached to their driver, and did their regular runs each day.

Thomas Cawker, before he left the road, drove a motor car on the mail run between Casterton and Mount Gambier. Apparently the coach was not entirely finished with when the machine age of the car dawned, for when the roads were too wet and boggy for his T Model Ford, about 1915, he drove his faithful four in hand along the tracks he knew so well once again.

Like most men who spend a lifetime amongst horses, Tom Cawker loved a thoroughbred horse. Earl King won him many races at Flemington, and he numbered the Adelaide Grand National, The Casterton Cup and Hamilton Cup amongst his wins. During the latter portion of the 19th century, some of the finest horsemen the Turf in Victoria and South Australia had ever known were associated with the Tom Cawker stables, Ned Gorry and his son Ted, Fred Lambourne, "Tiny" Dacey, Jacky Wallace, Jimmy McLean, Jack Lavery, Fred Hutchins, Billy Lyall and his son Jack, Harry McCalman, and many others whose names are now long since forgotten.



Frank Musgrave (Ajax's trainer) at one time had charge of Thomas Cawker's racehorses, and won a Hurdle race for him on Banker at Warrnambool in 1884.

Tom Cawker's stables were situated to the left off the former Laneway beside the Glenelg Hotel in Henty Street. He was of slight build but as straight as a "gun barrel", a noble countenance, and had the deep penetrating eyes of a man's man accustomed to distant horizons and wide open spaces. In later life he had a long white beard, and his bearing reflected right up till the end some of the past glory of Cobb & Co.

On his retirement from his mail contract, a Public Testimonial was organised by Messrs. G.R. Patterson and R.W. Gardiner and a large sum of money was quickly subscribed by the public to this grand old man.

In 1926 as The Motor Car service was definitely established to Mount Gambier, Thomas Cawker, then in his eighty-ninth year, decided to handle the reins for his final run. With his faithful four in hand, and the old time Coach laden with things that had been left distributed at several stations for the up-keep of the service, he drove through Henty Street, Casterton, to the Post Office to the accord of spontaneous cheering from a large crowd that had lined Henty Street to watch Thomas Cawker on his last drive. As a memento of this trip he received a heavily mounted whip presented to him in his honour by Mr. Stapleton Bree.

On December 21st, when only a few weeks off his eighty ninth birthday, he passed on. Although he had during his long and colourful career been feted by Royalty, and his coaches had carried many famous people and personages in opening up an era that unfortunately perhaps now has been too soon forgotten, perhaps the greatest tribute paid at his graveside was "that He had been a loving husband, a kind father, and a loyal citizen".



GLENELG INN







Three dominos  
Two giraffes  
Three red dice  
One blue dice  
One pawn  
One knight  
One joker  
Eight jacks  
One queen  
One king  
One clown  
One yo-yo  
One fish bowl  
One dog  
Four flies  
One thimble  
One solitaire game  
Fourteen marbles  
One tic-tac-toe game  
Two darts  
One pig

Three dominos  
Two giraffes  
Three red dice  
One blue dice  
One pawn  
One knight  
One joker  
Eight jacks  
One queen  
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Fourteen marbles  
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Two darts  
One pig



# March 2024

	Date	Activity
1.	Friday	Lower Floor: RCL 10.30 AM Upper Floor: Battleships 1.30 PM
2.	Saturday	Upper Floor: Anagrams 2.00 PM Lower Floor: Pairs 3.00 PM
3.	Sunday	Lower Floor: Dominoes 2.00 PM Upper Floor: Cognitive Puzzles 3.00 PM
4.	Monday	Lower Floor: Dice 10.30 AM Upper Floor: UNO Flip 1.30 PM L+L Meeting 10.30 am
5.	Tuesday	Upper Floor: Bingo 10:30 am Lower Floor: Board Games 1:30 pm
6.	Wednesday	Lower Floor: Morning Tea Bus Run 10.30 AM Upper Floor: Residents meeting 1.30 followed by Hoy
7.	Thursday	Lower Floor: Dominoes 10.30 AM Anglican Church Glenelg Loung 11 am Alma Vickery Room: Armchair Travel 1.30 PM
8.	Friday	Lower Floor: Bingo 10.30 AM All Areas Happy Hour from 3pm
9.	Saturday	Lower Floor: Golf 2.00 PM Upper Floor: Jacks 3.00 PM
10.	Sunday	Lower Floor: UNO Flip 2.00 PM Upper Floor: Hangman 3.00 PM
11.	Monday	Lower Floor: Morning Tea Bus Run 10.30 AM Upper Floor: Dice 1.30 PM
12.	Tuesday	Lower Floor: Snakes & Ladders 10:30 am Upper Floor: St Patrick's Day Cooking 1:30 pm
13.	Wednesday	Lower Floor: UNO Shuffle 10.30 AM Upper Floor: Country Bus Run 1.30 PM
14.	Thursday	Lower Floor: Liar's Dice 10.30 AM Alma Vickery Room: Choir 1.30 PM
15.	Friday	Lower Floor: Pairs 10.30 AM Upper Floor Quoits 1.30
16.	Saturday	Lower Floor: Find-10s 2.00 PM Upper Floor: Bean-Bah Toss 3.00 PM
17.	Sunday	Lower Floor: Cards 2.00 PM Upper Floor: Table Games 3.00 PM
18.	Monday	Upper Floor: Golf 10.30 AM Hairwize hair appointments with Kerri Lower Floor: RCL 1.30 PM



# March 2024

19.	Tuesday	Lower Floor: Board Games 10:30 am <b>Catholic Church Glenelg Loung 10.30am</b> Upper Floor: Knitting Group 1:30 pm
20.	Wednesday	Lower Floor: Cognitive Puzzles 10.30 AM All Areas: Sing-a-Long with Judy
21.	Thursday	Lower Floor: Hangman 10.30 AM <b>Hair on Mane hair appointments with Nikki</b> Upper Floor: Gardening 1.30 PM
22.	Friday	Lower Floor: UNO 10.30 AM <b>Alma Vickery Room: BBQ Day 12:00</b>
23.	Saturday	Lower Floor: Dice 2.00 PM Upper Floor: Magneto 3.00 PM
24.	Sunday	Lower Floor: Dominoes 3.00 PM Upper Floor: Snakes and Ladders 3.00 PM
25.	Monday	Lower Floor: Twister 10.30 AM <b>Upper Floor: History Group 1.30 pm</b>
26.	Tuesday	Lower Floor: RCL Upper Floor: UNO
27.	Wednesday	Lower Floor: Anagrams 10.30 AM Upper Floor: <b>Lunch Bus Run 12.00 PM</b>
28.	Thursday	Lower Floor: Easter Craft 10.30 AM Alma Vickery Room: Bowls 1.30 PM
29.	Friday	<b>PUBLIC HOLIDAY</b>
30.	Saturday	Lower Floor: Easter Bingo 2.00 PM Upper Floor: Easter Bingo 3.00 PM
31.	Sunday	<b>PUBLIC HOLIDAY</b>





# March 2024

## Movies

This month is Green Movie month.

On your TV, tune in to channel 100 at 1.30 every Friday, to watch the movie of the week.

If you require assistance, please ask staff.

## EXERCISE WITH THE PHYSIO

Mitchell - Wednesday 9.50 am

Glenelg - Monday and Wednesday 9.30 am

Wannon - Tuesday and Thursday 9.30 am



**GOOD HAIR  
ISN'T BY  
ACCIDENT,  
IT'S BY  
APPOINTMENT**

*Keep an eye out for the  
shopping trolley in your  
area every Friday*



*Kerri from Hairwize  
will be here at 9.15am  
18<sup>th</sup> March*

*Nicki from Hair on Mane will  
be here at 1pm 21<sup>st</sup> March*

**Father Wayne will be holding a  
Church Service in the Glenelg lounge  
on 7<sup>th</sup> March at 11:00 am**

**All welcome**

**Father George will be holding a  
Church Service in the Glenelg lounge  
on 19<sup>th</sup> March at 10:30 am**

**All welcome**